



# GORDON LEE MIDDLE/HIGH SCHOOL

## SEPTEMBER 2021



**!!! REMEMBER ALL STUDENTS EAT BREAKFAST AND LUNCH FREE EVERYDAY!!!**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>1</b>	<b>2</b>	<b>3</b>
		Pepperoni Pizza or Turkey Deli Sandwich Corn Tossed Salad  Choice of Fruit & Milk	Chicken Tenders or Steak Sandwich Mashed Potatoes Pinto Beans  Choice of Fruit & Milk	OUT
		CYCLE 1 BREAKFAST	CYCLE 1 BREAKFAST	CYCLE 1 BREAKFAST
<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
LABOR DAY HOLIDAY	Cheese Sticks w/ marinara or Chicken Sandwich Lettuce & Tomato Green Beans Baby Carrots Choice of Fruit & Milk	Hamburger or Hot Dog Lettuce, Tomato, Onion Coleslaw French Fries Choice of Fruit & Milk	Chicken Nuggets w/ roll or Fish Sandwich Sweet Potato Fries Broccoli and Cheese  Choice of Fruit & Milk	Chicken Tenders w/ roll or Pepperoni Pizza Corn Glazed Carrots Tossed Salad Choice of Fruit & Milk
	CYCLE 2 BREAKFAST	CYCLE 2 BREAKFAST	CYCLE 2 BREAKFAST	CYCLE 2 BREAKFAST
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>
Beefy Nachos or Burrito Lettuce & Tomato Roasted Black Beans & Corn Salsa Choice of Fruit & Milk	Chicken Nuggets w/ roll or Sloppy Joe Sandwich Baby Carrots Green Beans Broccoli & Cheese Choice of Fruit & Milk	Pepperoni Pizza or Spaghetti Corn Tossed Salad  Choice of Fruit & Milk	Chicken Tenders w/ roll or Turkey Sandwich Mashed Potatoes Pinto Beans  Choice of Fruit & Milk	Cheese Sandwich w/ chili or Corn dog French Fries Baby Carrots  Choice of Fruit & Milk
CYCLE 1 BREAKFAST	CYCLE 1 BREAKFAST	CYCLE 1 BREAKFAST	CYCLE 1 BREAKFAST	CYCLE 1 BREAKFAST
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>
Ham & Cheese Sandwich or BBQ Sandwich Lettuce & Tomato Baked Beans Green Peas Choice of Fruit and Milk	Chicken Tenders w/ roll or Pepperoni Pizza Corn Glazed Carrots Tossed Salad Choice of Fruit & Milk	Cheese Sticks w/ marinara or Chicken Sandwich Lettuce & Tomato Green Beans Baby Carrots Choice of Fruit & Milk	Chicken Nuggets w/ roll or Fish Sandwich Sweet Potato Fries Broccoli and Cheese  Choice of Fruit & Milk	Hamburger or Hot Dog Lettuce, Tomato, Onion Coleslaw French Fries Choice of Fruit & Milk
CYCLE 2 BREAKFAST	CYCLE 2 BREAKFAST	CYCLE 2 BREAKFAST	CYCLE 2 BREAKFAST	CYCLE 2 BREAKFAST
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	
Beefy Nachos or Burrito Lettuce & Tomato Roasted Black Beans & Corn Salsa Choice of Fruit & Milk	Chicken Nuggets w/ roll or Sloppy Joe Sandwich Baby Carrots Green Beans Broccoli & Cheese Choice of Fruit & Milk	Pepperoni Pizza or Spaghetti Corn Tossed Salad  Choice of Fruit & Milk	Chicken Tenders w/ roll or Turkey & Cheese Sandwich Mashed Potatoes Pinto Beans  Choice of Fruit & Milk	
CYCLE 1 BREAKFAST	CYCLE 1 BREAKFAST	CYCLE 1 BREAKFAST	CYCLE 1 BREAKFAST	

**\*Menu subject to change according to food availability.**

CYCLE 1 BREAKFAST				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Bagel & Cream Cheese or Poptart w/ cheese stick or Cereal w/ Toast Choice of Fruit & Milk	Mini Maple Pancakes or Poptart w/ cheese stick or Cereal w/ Toast Choice of Fruit & Milk	Sausage Biscuit or Poptart w/ cheese stick or Cereal w/ Toast Choice of Fruit & Milk	Mini Waffle & sausage link or Poptart w/ cheese stick or Cereal w/ Toast Choice of Fruit & Milk	Blueberry Yogurt Parfait or Poptart w/ cheese stick or Cereal w/ Toast Choice of Fruit & Milk
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Bagel & Cream Cheese or Poptart w/ cheese stick or Cereal w/ Toast Choice of Fruit & Milk	Pancake on a Stick or Poptart w/ cheese stick or Cereal w/ Toast Choice of Fruit & Milk	Breakfast Pizza or Poptart w/ cheese stick or Cereal w/ Toast Choice of Fruit & Milk	French Toast Sticks or Poptart w/ cheese stick or Cereal w/ Toast Choice of Fruit & Milk	Blueberry Yogurt Parfait or Poptart w/ cheese stick or Cereal w/ Toast Choice of Fruit & Milk

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