



# CHICKAMAUGA ELEMENTARY MENU\*

## SEPTEMBER 2021



**!!! REMEMBER ALL STUDENTS EAT BREAKFAST AND LUNCH FREE EVERYDAY!!!**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
		Chicken Sandwich French fries Tossed Salad Choice of Fruit & Milk	Corndog Steamed Broccoli Veggie Cup Choice of Fruit & Milk	Wow Butter Sandwich Carrots & Dip Chips Choice of Fruit & Milk
	Choice of Fruit & Milk	Choice of Fruit & Milk	Choice of Fruit & Milk	Choice of Fruit & Milk
	CYCLE 2 BREAKFAST	CYCLE 2 BREAKFAST	CYCLE 2 BREAKFAST	CYCLE 2 BREAKFAST
6	7	8	9	10
LABOR DAY HOLIDAY	Pretzel w/ cheese or Hamburger Sweet Potato Fries Tossed Salad Choice of Fruit & Milk	Chicken Tenders or BBQ Sandwich Mashed Potatoes Baked Beans Choice of Fruit & Milk	Lasagna or Pizza Corn Tossed Salad Choice of Fruit & Milk	<b><u>National Hot Dog Day</u></b> Hot Dog or Grilled Cheese Sandwich Smiley Fries Coleslaw Carrots & Dip Choice of Fruit & Milk
	Choice of Fruit & Milk	Choice of Fruit & Milk	Choice of Fruit & Milk	Choice of Fruit & Milk
	CYCLE 1 BREAKFAST	CYCLE 1 BREAKFAST	CYCLE 1 BREAKFAST	CYCLE 1 BREAKFAST
13	14	15	16	17
Cheesesticks w/ marinara or Philly Steak Sandwich Glazed Carrots Veggie Cup Choice of Fruit & Milk	Taco or Quesadilla Lettuce & Tomato Refried Beans Salsa Choice of Fruit & Milk	<b><u>Brunch</u></b> French Toast or Pancakes Sausage Link Tater Stars Veggie Cup Choice of Fruit & Milk	Teriyaki Chicken & Rice or Chicken Sandwich Steamed Broccoli Tossed Salad Choice of Fruit & Milk	Wow Butter Sandwich or Ham Deli Sandwich Carrots & Dip Chips Choice of Fruit & Milk
Choice of Fruit & Milk	Choice of Fruit & Milk	Choice of Fruit & Milk	Choice of Fruit & Milk	Choice of Fruit & Milk
CYCLE 2 BREAKFAST	CYCLE 2 BREAKFAST	CYCLE 2 BREAKFAST	CYCLE 2 BREAKFAST	CYCLE 2 BREAKFAST
20	21	22	23	24
Grilled Cheese Sandwich or Mini Corndogs French Fries Carrots & Dip Choice of Fruit and Milk	Cowboy Nachos or Burrito Chili Beans Tossed Salad Choice of Fruit & Milk	Popcorn Chicken w/ roll or Fish Sandwich Mashed Potatoes Green Peas Veggie Cup Choice of Fruit & Milk	Spaghetti w/ garlic toast or Pizza Corn Tossed Salad Choice of Fruit & Milk	Burger Bar Lettuce, Tomato, Pickle French Fries Veggie Cup Choice of Fruit & Milk
Choice of Fruit and Milk	Choice of Fruit & Milk	Choice of Fruit & Milk	Choice of Fruit & Milk	Choice of Fruit & Milk
CYCLE 1 BREAKFAST	CYCLE 1 BREAKFAST	CYCLE 1 BREAKFAST	CYCLE 1 BREAKFAST	CYCLE 1 BREAKFAST
27	28	29	30	
Cheesesticks w/ marinara or Hot Ham & Cheese Glazed Carrots Veggie Cup Choice of Fruit & Milk	Chicken Nuggets w/ roll or BBQ Sandwich Mashed Potatoes Tossed Salad Choice of Fruit & Milk	Pasta Alfredo or Hot Dog Steamed Broccoli Tossed Salad Choice of Fruit & Milk	<b><u>Brunch</u></b> Sausage Biscuit or Chicken Biscuit Tater Stars Veggie Cup Choice of Fruit & Milk	
Choice of Fruit & Milk	Choice of Fruit & Milk	Choice of Fruit & Milk	Choice of Fruit & Milk	
CYCLE 2 BREAKFAST	CYCLE 2 BREAKFAST	CYCLE 2 BREAKFAST		

\*Menu subject to change according to food availability.

CYCLE 1 BREAKFAST				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Yogurt Parfait or Poptart w/ cheese stick or Cereal w/ Toast Choice of Fruit & Milk	Sausage Biscuit or Poptart w/ cheese stick or Cereal w/ Toast Choice of Fruit & Milk	Bagel w/ cream cheese or Poptart w/ cheese stick or Cereal w/ Toast Choice of Fruit & Milk	French Toast w/ sausage or Poptart w/ cheese stick or Cereal w/ Toast Choice of Fruit & Milk	Chicken Biscuit or Poptart w/ cheese stick or Cereal w/ Toast Choice of Fruit & Milk
Choice of Fruit & Milk	Choice of Fruit & Milk	Choice of Fruit & Milk	Choice of Fruit & Milk	Choice of Fruit & Milk
CYCLE 2 BREAKFAST				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Snack 'n Waffles or Poptart w/ cheese stick or Cereal w/ Toast Choice of Fruit & Milk	Sausage Biscuit or Poptart w/ cheese stick or Cereal w/ Toast Choice of Fruit & Milk	Donut Holes or Poptart w/ cheese stick or Cereal w/ Toast Choice of Fruit & Milk	Pancakes w/ sausage or Poptart w/ cheese stick or Cereal w/ Toast Choice of Fruit & Milk	Muffin w/ cheese stick or Poptart w/ cheese stick or Cereal w/ Toast Choice of Fruit & Milk
Choice of Fruit & Milk	Choice of Fruit & Milk	Choice of Fruit & Milk	Choice of Fruit & Milk	Choice of Fruit & Milk



???? DOES YOUR CHILD BRING A LUNCH BOX FROM HOME ????

### INTRODUCING THE LUNCH BOX BUDDY

Beginning September 20th, your child can grab a "Lunch Box Buddy" for FREE!  
Each Lunch Box Buddy is a supplement to your student's lunch box and will include:  
**Milk, Fruit and Whole Grain Crackers, Chips or Pretzels**



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