

**Free & Reduce Priced Meals**

2020-2021 forms are online!

New forms are due each year to confirm eligibility for discounts for district programs.

Apply online at  
WRSDschoolnutrition.com

**WRSD-Grades K-5 & K-8**

**Sterling, Paxton, Thomas Prince, Naquag, Mayo, Davis, Dawson, Glenwood**



**20-21 Lunch Prices!**

All full meals are currently FREE to all students!

Milk (without a meal) - .60

All meals include choice of sides (vegetable, fruit/juice, milk)  
Students MUST take at least one fruit or vegetable with each meal.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>29 <b>Hamburger Sandwich</b> <b>Oven Baked Fries</b> <b>Baked Beans</b> Chilled or Fresh Fruit Milk-Chocolate/White Meatball Sub Brunch Bag: Cereal &amp; yogurt lunch</p>	<p>30 <b>Chicken Parmesan w/ Pasta</b> <b>Green Beans</b> <b>Dinner Roll</b> Chilled or Fresh Fruit Milk-Chocolate/White Meatball Sub Brunch Bag: Bagel Yogurt Meal</p>	<p>31 <b>LAST HYBRID MEAL PICK UP !!</b>  Any remaining Remote Only students must reconfirm continued participation.</p>	<p>1 <b>RED SOX OPENING DAY!</b> <b>Hamburger Sandwich</b> <b>Oven Baked Fries</b> <b>Baked Beans</b> Chilled or Fresh Fruit Milk-Chocolate/White Meatball Sub Brunch Bag: Cereal &amp; yogurt lunch</p>	<p>2 <b>Chicken Parmesan w/ Pasta</b> <b>Green Beans</b> <b>Dinner Roll</b> Chilled or Fresh Fruit Milk-Chocolate/White Tuna Salad Sandwich Brunch Bag: Bagel Yogurt Meal</p>
<p>5 <b>Chicken Nuggets</b> <b>Vegetable Rice Pilaf</b> <b>Corn</b> Chilled or Fresh Fruit Milk-Chocolate/White Pizza</p>	<p>6 <b>Pancakes</b> <b>Breakfast Sausage</b> <b>Potato Puffs</b> Chilled or Fresh Fruit Milk-Chocolate/White Bagel Yogurt Meal</p>	<p>7 <b>EARLY RELEASE</b> Brown bag lunch: Turkey &amp; Cheese Sandwich Pretzels Fruit  Pre-order required in school</p>	<p>8 <b>Italian Combo (Mozz. Sticks &amp; Brd. Ravioli)</b> <b>Marinara Sauce</b> <b>Steamed Broccoli</b> Chilled or Fresh Fruit Milk-Chocolate/White Pizza</p>	<p>9 <b>Sal's Cheese Pizza</b> <b>Caesar Salad</b> Chilled or Fresh Fruit Milk-Chocolate/White Cereal &amp; yogurt lunch</p>
<p>12 <b>Chicken Patty on Roll</b> <b>Smile Fries</b> <b>Carrots</b> <b>w/ ranch dressing</b> Chilled or Fresh Fruit Milk-Chocolate/White Pizza</p>	<p>13 <b>Macaroni &amp; Cheese</b> <b>Green Beans</b> <b>Dinner Roll</b> Chilled or Fresh Fruit Milk-Chocolate/White Bagel Yogurt Meal</p>	<p>14 <b>EARLY RELEASE</b> Brown bag lunch: Ham &amp; Cheese Sandwich Goldfish Crackers Fruit Pre-order required in school</p>	<p>15 <b>Cheeseburger</b> <b>Oven Baked Fries</b> <b>Hummus w/ vegetables</b> Chilled or Fresh Fruit Milk-Chocolate/White Pizza</p>	<p>16 <b>Big Daddy Cheese Pizza</b> <b>Fresh Garden Salad</b> Chilled or Fresh Fruit Milk-Chocolate/White Cereal &amp; yogurt lunch</p>
<p>19 VACATION  <b>Have you checked your lunch balance?</b> <b>All IOUs must be paid in full !</b></p>	<p>20 VACATION</p>	<p>21 VACATION</p>	<p>22 VACATION  <b>Menu is subject to change.</b> <b>Please let us know if you have any allergies to food.</b></p>	<p>23 VACATION</p>
<p>26 <b>Chicken Tenders n' Waffles</b> <b>Sweet Potato Fries</b> Chilled or Fresh Fruit Milk-Chocolate/White Pizza</p>	<p>27 <b>BBQ Chicken Breast on a Roll</b> <b>Oven Baked Fries</b> <b>Cucumber Slices</b> Chilled or Fresh Fruit Milk-Chocolate/White Bagel Yogurt Meal</p>	<p>28 <b>EARLY RELEASE</b> Brown bag lunch: Turkey &amp; Cheese Sandwich Pretzels Fruit Pre-order required in school</p>	<p>29 <b>Hot Dog on Roll</b> <b>Potato Puffs</b> <b>Baked Beans</b> Chilled or Fresh Fruit Milk-Chocolate/White Pizza</p>	<p>30 <b>Sal's Cheese Pizza</b> <b>Caesar Salad</b> Chilled or Fresh Fruit Milk-Chocolate/White Cereal &amp; yogurt lunch</p>