

Free & Reduce Priced Meals
 2020-2021 forms are online!
 New forms are due by October
 1st each year to confirm eligibility
 for all district programs.
 Apply online at
 WRSDschoolnutrition.com

WRHS Lunch Menu

January 2021

For students learning in school only

20-21 Lunch Prices!
 All full meals are currently FREE to all students!
 Milk (without a meal) - .60
 All meals include choice of sides (vegetable, fruit/juice, milk)
 Students MUST take at least one fruit or vegetable with each meal.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>During full remote & hybrid learning, free meals are available to all students. Please visit WRSDschoolnutrition.com for sign up information.</p>		<p>Menu is subject to change. Please let us know if you have any allergies to food.</p>		<p>HAPPY NEW YEAR!</p> 
4 Chicken Parmesan on roll Pasta Salad Chilled or Fresh Fruit Milk-Chocolate/White	5 Meatball Sub Potato Puffs Cucumber Spears Chilled or Fresh Fruit Milk-Chocolate/White	6 Ravioli w/Marinara Fresh Garden Salad Chilled or Fresh Fruit Milk-Chocolate/White	7 Ham & Cheese Croissant Hummus w/vegetables Chilled or Fresh Fruit Milk-Chocolate/White	8 Sal's Cheese Pizza Fresh Garden Salad Chilled or Fresh Fruit Milk-Chocolate/White
11 Chicken Tenders Oven Baked Fries Celery Sticks Chilled or Fresh Fruit Milk-Chocolate/White	12 BBQ Riblet on Roll Swt Potato Crinkle Fries Baked Beans Chilled or Fresh Fruit Milk-Chocolate/White	13 Cheese Lasagna Roll-Up Green Beans Dinner Roll Chilled or Fresh Fruit Milk-Chocolate/White	14 Buffalo Chicken Sub Cucumber Spears Pretzels Chilled or Fresh Fruit Milk-Chocolate/White	15 Sal's Cheese Pizza Fresh Garden Salad Chilled or Fresh Fruit Milk-Chocolate/White
18 Martin Luther King, Jr. Day	19 Bacon Burger Sandwich Baked Beans Oven Baked Fries Chilled or Fresh Fruit Milk-Chocolate/White ----- Brown Bag: Chicken Tenders & Fries	20 Macaroni & Cheese Fresh Garden Salad Dinner Roll Chilled or Fresh Fruit Milk-Chocolate/White ----- Remote & cohort meal pick up 3-4pm	21 BENTO BOX Ham, cheese, Craisins & celery w/ Pretzel Chilled or Fresh Fruit Milk-Chocolate/White ----- Brown Bag: Chicken Tenders & Fries	22 Sal's Cheese Pizza Fresh Garden Salad Chilled or Fresh Fruit Milk-Chocolate/White ----- Brown Bag: Pizza Crunchers
25 Buffalo Chicken Sub Oven Baked Fries Cucumber Spears Chilled or Fresh Fruit Milk-Chocolate/White ----- Brown Bag: Crispy Chicken on a Roll	26 Hot Dog on Roll Oven Baked Fries Baked Beans Chilled or Fresh Fruit Milk-Chocolate/White ----- Brown Bag: Pizza Crunchers	27 Pasta w/ meatsauce Green Beans Dinner Roll Chilled or Fresh Fruit Milk-Chocolate/White ----- Remote & cohort meal pick up 3-4pm	28 Turkey & Bacon Sub Carrot Sticks Pretzels Chilled or Fresh Fruit Milk-Chocolate/White ----- Brown Bag: Crispy Chicken on a Roll	29 Sal's Cheese Pizza Fresh Garden Salad Chilled or Fresh Fruit Milk-Chocolate/White ----- Brown Bag: Pizza Crunchers