

Free & Reduce Priced Meals
2020-2021 forms are online!

New forms are due by October 1st each year to confirm eligibility for all district programs.

Apply online at
WRSDschoolnutrition.com

WRSD-Grades K-5 & K-8

**Sterling, Paxton, Thomas Prince, Naquag,
Mayo, Davis, Dawson, Glenwood**

January 2021

For students learning in school only.

20-21 Lunch Prices!

All full meals are currently FREE to all students!

Milk (without a meal) - .60

All meals include choice of sides (vegetable, fruit/juice, milk)
Students **MUST** take at least one fruit or vegetable with each meal.

Monday

Tuesday

Wednesday

Thursday

Friday

During full remote & hybrid learning, free meals are available to all students. Please visit WRSDschoolnutrition.com for sign up information.

Menu is subject to change.
Please let us know if you have any allergies to food.

HAPPY NEW YEAR!



4
Hamburger
Oven Baked Fries
Baked Beans
Chilled or Fresh Fruit
Milk-Chocolate/White

5
Meatball Sub
Potato Puffs
Green Beans
Chilled or Fresh Fruit
Milk-Chocolate/White

6
Chicken Parmesan on a roll
Mixed Vegetables
Chilled or Fresh Fruit
Milk-Chocolate/White

7
Fish & Chips
Carrots
Chilled or Fresh Fruit
Milk-Chocolate/White

8
Pizza Dippers
w/ Marinara Sauce
Steamed Broccoli
Chilled or Fresh Fruit
Milk-Chocolate/White

11
Chicken Fajita
Peppers & onions
Black Beans and Rice
Corn
Chilled or Fresh Fruit
Milk-Chocolate/White

12
Hot Dog on Roll
Oven Baked Fries
Baked Beans
Chilled or Fresh Fruit
Milk-Chocolate/White

13
Cheese Lasagna
Roll-Up
Mixed Vegetables
Dinner Roll
Chilled or Fresh Fruit
Milk-Chocolate/White

14
Turkey & Cheese Sub
Celery Sticks
Chilled or Fresh Fruit
Milk-Chocolate/White

15
BENTO BOX
Tuna Salad, Baby Carrots, Craisins & Cheez It-WG
Chilled or Fresh Fruit
Milk-Chocolate/White

18
Martin Luther King, Jr. Day

19
**Chicken Tenders
Sweet Potato Fries
Corn**
Chilled or Fresh Fruit
Milk-Chocolate/White
Sal's Cheese Pizza
Brunch Bag: Cereal & yogurt lunch

20
**Macaroni & Cheese
Green Beans
Dinner Roll**
Chilled or Fresh Fruit
Milk-Chocolate/White
Sal's Cheese Pizza
Brunch Bag: Bagel
Cohort & Remote Students:
Meal pick up today 3-4pm

21
**Chicken Tenders
Sweet Potato Fries
Corn**
Chilled or Fresh Fruit
Milk-Chocolate/White
Sal's Cheese Pizza
Brunch Bag: Cereal & yogurt lunch

22
**Macaroni & Cheese
Green Beans
Dinner Roll**
Chilled or Fresh Fruit
Milk-Chocolate/White
Sal's Cheese Pizza
Brunch Bag:
Bagel-Yogurt Meal

25
**Chicken Patty on Roll
Oven Baked Fries
Cucumber Spears**
Chilled or Fresh Fruit
Milk-Chocolate/White
Cheese or hamburger
Brunch Bag: Cereal & yogurt lunch

26
**Stuffed Crust Pizza
Steamed Broccoli**
Chilled or Fresh Fruit
Milk-Chocolate/White
Cheese or hamburger
Brunch Bag:
Bagel-Yogurt Meal

27
MEAL PICK UP:
For participating
Cohort & Remote Only
Students 3-4pm

WRSDschoolnutrition.com for details

28
**Chicken Patty on Roll
Oven Baked Fries
Cucumber Spears**
Chilled or Fresh Fruit
Milk-Chocolate/White
Cheese or hamburger
Brunch Bag: Cereal & yogurt lunch

29
**Stuffed Crust Pizza
Steamed Broccoli**
Chilled or Fresh Fruit
Milk-Chocolate/White
Cheese or hamburger
Brunch Bag:
Bagel-Yogurt Meal