

Free & Reduce Priced Meals  
2020-2021 forms are online!

New forms are due by October 1st  
each year to confirm eligibility.

Apply online at  
[wrsd.net/foodservices](http://wrsd.net/foodservices)

# Wachusett Regional School District

## November 2020

### NEW Lunch Prices!

All full meals are currently FREE to all  
students!

Milk (without a meal) - .60

All meals include choice of sides  
(vegetable, fruit/juice, milk)  
Students **MUST** take at least one fruit  
or vegetable with each meal.

Monday	Tuesday	Wednesday	Thursday	Friday
2 Chicken Patty on Roll Carrot & Celery Sticks w/ ranch dressing Chilled or Fresh Fruit Milk-Chocolate/White	3 <b>NO SCHOOL</b> 	4 Hamburger on a roll Oven Baked Fries Chilled or Fresh Fruit Milk-Chocolate/White	5 <b>SUPER NACHO BENTO BOX</b> Taco meat, cheese sauce, black bean salsa, corn & tortilla chips Chilled or Fresh Fruit Milk-Chocolate/White	6 Big Daddy Cheese Pizza Fresh Broccoli w/ranch Chilled or Fresh Fruit Milk-Chocolate/White
9 Chicken Fajita Seasoned Rice Corn Chilled or Fresh Fruit Milk-Chocolate/White	10 BBQ Rib b Que on Roll Sweet Potato Crinkle Fries Chilled or Fresh Fruit Milk-Chocolate/White	11 <b>VETERANS' DAY</b> 	12 Hot Dog on Roll Baked Beans Oven Baked Fries Chilled or Fresh Fruit Milk-Chocolate/White	13 Sal's Cheese Pizza Cucumber slices Chilled or Fresh Fruit Milk-Chocolate/White
16 BBQ Chicken Breast on a roll Oven Baked Fries Corn Chilled or Fresh Fruit Milk-Chocolate/White	17 <b>BENTO BOX</b> Chicken salad, cheese cubes, raisins, celery sticks Tortilla wrap Chilled or Fresh Fruit Milk-Chocolate/White	18 Meatball Sub Heartzel Pretzels Cucumber Slices Chilled or Fresh Fruit Milk-Chocolate/White	19 <b>Hamburger on a roll</b> <b>Baby Carrots w/ ranch</b> or Brunch Bag Chilled or Fresh Fruit Milk-Chocolate/White	20 <b>Wild Mike's Personal Pizza</b> <b>Broccoli w/ ranch cup</b> or Brunch Bag Chilled or Fresh Fruit Milk-Chocolate/White
23 <b>Chicken Tenders</b> <b>Oven Baked Fries</b> <b>Cucumber Slices</b> or Brunch Bag Chilled or Fresh Fruit Milk-Chocolate/White	24 <b>Stuffed Crust Pizza</b> <b>Broccoli w/ ranch cup</b> or Brunch Bag Chilled or Fresh Fruit Milk-Chocolate/White	25 <b>HOLIDAY</b>	26 <b>HAPPY THANKSGIVING</b> 	27 <b>HOLIDAY</b>
30 <b>Chicken Patty on a roll</b> <b>Carrot Sticks w/ ranch cup</b> or Brunch Bag Chilled or Fresh Fruit Milk-Chocolate/White	1 <b>Brunch Bag includes:</b> A grain (bagel w/ cream cheese or a muffin or cereal), yogurt, fruit and milk.	2	3 <b>Menu is subject to change. Please let us know if you have any allergies to food.</b>	4