

# Wachusett Regional School District Lunch Menu

## October 2020

**Free & Reduce Priced Meals**

2020-2021 forms are online!

New forms are due by October 1st  
each year to confirm eligibility.

Apply online at  
[wrsd.net/foodservices](http://wrsd.net/foodservices)

**NEW Lunch Prices!**

All full meals are currently FREE to all  
students!

Milk (without a meal) - .60

All meals include choice of sides  
(vegetable, fruit/juice, milk)  
Students MUST take at least one fruit  
or vegetable with each meal.

Monday	Tuesday	Wednesday	Thursday	Friday
	<p><b>Menu is subject to change. Please let us know if you have any allergies to food.</b></p>		<p>1 <b>SUPER NACHO BENTO BOX</b> Taco meat, cheese sauce, black bean salsa, corn &amp; tortilla chips Chilled or Fresh Fruit Milk-Chocolate/White</p>	<p>2 Stuffed Crust Pizza Broccoli Chilled or Fresh Fruit Milk-Chocolate/White</p>
<p>5 Chicken Patty on Roll Carrot &amp; Celery Sticks w/ ranch dressing Chilled or Fresh Fruit Milk-Chocolate/White</p>	<p>6 Rib B Que on a roll Sweet Potato Fries Chilled or Fresh Fruit Milk-Chocolate/White</p>	<p>7 Cheese Ravioli w/Marinara Cheese Breadstick Peas Chilled or Fresh Fruit Milk-Chocolate/White</p>	<p>8 Hot Dog on Roll Baked Beans Oven Baked Fries Chilled or Fresh Fruit Milk-Chocolate/White</p>	<p>9 Big Daddy's Cheese Pizza Garden Salad Chilled or Fresh Fruit Milk-Chocolate/White</p>
<p>12 <b>NO SCHOOL</b></p>	<p>13 Bacon Cheeseburger Heartzel Pretzels Ranched-Up Hummus Chilled or Fresh Fruit Milk-Chocolate/White</p>	<p>14 Pasta &amp; Meatballs Dinner Roll Fresh Garden Salad Chilled or Fresh Fruit Milk-Chocolate/White</p>	<p>15 <b>BENTO BOX</b> Turkey, cheese cubes, craisins, baby carrots Fresh pretzel Chilled or Fresh Fruit Milk-Chocolate/White</p>	<p>16 Sal's Cheese Pizza Caesar Salad Chilled or Fresh Fruit Milk-Chocolate/White</p>
<p>19 Chicken Tenders Oven Baked Fries Carrots Chilled or Fresh Fruit Milk-Chocolate/White</p>	<p>20 Meatball Sub Potato Puffs Chilled or Fresh Fruit Milk-Chocolate/White</p>	<p>21 Macaroni &amp; Cheese Dinner Roll Mixed Vegetables Chilled or Fresh Fruit Milk-Chocolate/White</p>	<p>22 Turkey, Bacon &amp; Cheese Sub Cucumber Slices Chilled or Fresh Fruit Milk-Chocolate/White</p>	<p>23 Wild Mike's Pizza Garden Salad Chilled or Fresh Fruit Milk-Chocolate/White</p>
<p>26 <b>BENTO BOX</b> Ham, cheese cubes, craisins, baby carrots Fresh pretzel Chilled or Fresh Fruit Milk-Chocolate/White</p>	<p>27 Bacon CheeseBurger Sandwich Baked Beans Oven Baked Fries Chilled or Fresh Fruit Milk-Chocolate/White</p>	<p>28 Pasta &amp; Meatballs Cheese Breadstick Green Beans Chilled or Fresh Fruit Milk-Chocolate/White</p>	<p>29 <b>Fish Sticks</b> Oven Baked Fries Cole Slaw Chilled or Fresh Fruit Milk-Chocolate/White</p>	<p>30 Sal's Cheese Pizza Garden Salad Chilled or Fresh Fruit Milk-Chocolate/White</p>