

FRANKLIN COUNTY ELEMENTARY SCHOOLS MENU

JANUARY 2019

Choice of Milk Served Daily - 1% White, Fat Free Chocolate, or Strawberry

Bakery Products are Whole Grain

Menu Subject to Change Without Notice

LUNCH

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	January 1, 2019	January 2, 2019	January 3, 2019	January 4, 2019	January 5, 2019
M E N U 2		HAPPY NEW YEAR! NO SCHOOL	NO SCHOOL	Chicken Patty on Bun or Taco Burger Smiley Fries, Green Beans Lettuce/Tomato Slice/Pickles Fresh Apple, Fresh Orange Applesauce Cup Milk	Pepperoni or Cheese Stuffed Crust Pizza or Nacho chips Grabable Corn, Tossed Salad Fresh Apple, Fresh Orange Fruit Sorbet Chocolate Chip Cookie Milk
M E N U 3	January 7, 2019 Lasagna Rollup w/Meat Sauce or Cheese Sticks w/marinara WG Breadstick (w/ Lasagna) Green Beans Fresh Carrots w/ Ranch Fresh Apple, Fresh Orange Sliced Peaches Milk	January 8, 2019 BRUNCH FOR LUNCH Sausage Patty/ Eggstravaganza or Chicken Tender Basket Smiley Fries Spinach Salad w/ Mandarin Oranges Banana, Fresh Orange Baked Apples Biscuit/Gravy Milk	January 9, 2019 Hamburger w/ Cheese/ Bun or Coney Dog French Fries Baked Beans Lettuce/Tomato Slice/Pickles Fresh Apple, Fresh Orange Pineapple Tidbits Milk	January 10, 2019 Chicken Nuggets or Salisbury Steak/ Gravy Mashed Potatoes Sweet Peas Fresh Apple, Fresh Orange Applesauce Cup Biscuit Milk	January 11, 2019 Pepperoni or Cheese Pizza 4X6 or Fish Nuggets w/ Hushpuppies Cole Slaw Corn, Fresh Carrots w/ Ranch Fresh Apple, Fresh Orange Fruit Sorbet Milk
M E N U 4	January 14, 2019 Popcorn Chicken/Roll or Corn Dog Green Beans, Baked Beans Fresh Apple, Fresh Orange Diced Peaches Milk	January 15, 2019 Hamburger/Cheese/Bun or Frank and Beans w/ WG Pretzels(2) Macaroni and Cheese Sweet Peas Lettuce/Tomato slice/Pickles Fresh Apple, Fresh Orange, Pear Halves Milk	January 16, 2019 Frito Pie-Chili/Chips/Cheese Or Grilled Cheese Sandwich Baby Carrots with Ranch Diced Tomatoes/Lettuce Waffle Fries Banana Mandarin Oranges Milk	January 17, 2019 Chicken Drumstick or Turkey Pot Pie Mashed Potatoes Broccoli with cheese sauce Fresh Apple, Fresh Orange Applesauce Cup Biscuit Milk	January 18, 2019 Stuffed Crust Pepperoni or Cheese Pizza or Yogurt/Cheese Stick/Crackers Corn, Tossed Salad Fresh Apple, Fresh Orange Fruit Sorbet Sugar Cookie Milk
M E N U 1	January 21, 2019 NO SCHOOL MARTIN LUTHER KING JR. DAY	January 22, 2019 Pasta w/Beef Sauce& Breadstick or Yogurt, Cheese Stick and Crackers Steamed Broccoli w/Cheese Tossed Salad Fresh Apple, Fresh Orange Diced Pears Milk	January 23, 2019 Hot Dog on Bun or BBQ Rib on Bun Cole Slaw Baked Beans Fresh Carrots w/ Ranch Banana Pineapple Tidbits Milk	January 24, 2019 Chicken Tenders/Biscuit or Meatloaf Sandwich Baked Sweet Potato Green Beans Fresh Apple, Fresh Orange Applesauce Cup WG Roll Milk	January 25, 2019 S&F Cheese or Pepperoni Pizza Wedge or Fish Patty on Bun Cup of Grape Tomatoes w/Ranch Tossed Salad Corn Fresh Apple, Fresh Orange Fruit Sorbet Milk
M E N U 2	January 28, 2019 Chicken Rings/ Roll or Pizza Crunchers Steamed Broccoli Baby Carrots w/ Ranch Fresh Apple, Fresh Orange Diced Peaches Milk	January 29, 2019 Tacos/Soft Shell or Chicken Quesadilla Lettuce/Diced Tomatoes Mexican Rice, Refried Beans Corn Fresh Apple, Fresh Orange Diced Pears Milk	January 30, 2019 Hot Ham & Cheese Sandwich or Hot Dog Baked Chips Fresh Veggie Cups w/ Ranch Cooked Carrots Banana Mandarin Oranges Milk	January 31, 2019 Chicken Patty on Bun or Taco Burger Smiley Fries, Green Beans Lettuce/Tomato Slice/Pickles Fresh Apple, Fresh Orange Applesauce Cup Milk	

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Juice, & Canned or Whole Fresh Fruit Served Daily

Choice of Milk Served Daily- 1% White, Fat Free Chocolate, Strawberry

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Breakfast

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		January 1, 2019	January 2, 2019	January 3, 2019	January 4, 2019
M E N U 2		NO SCHOOL NEW YEARS DAY!	NO SCHOOL	Choice of Orange/Pineapple or Apple Juice, Fresh Apple Rich's Donut Holes or Yogurt Parfait with Graham Crackers Milk	Choice of Apple or Orange Juice Fresh Orange Mini Pancakes or Fruity Cheerios and Chocolate Chip Muffin Milk
	January 7, 2019	January 8, 2019	January 9, 2019	January 10, 2019	January 11, 2019
M E N U 3	Choice of Grape or Orange Juice Fresh Apple Breakfast Sausage Pizza or Banana Muffin & Animal Crackers Milk	Choice of Orange/Pineapple or Apple Juice, Fresh Orange Cinnamon Roll w/ Icing or Yogurt Parfait with Granola Milk	Choice of Apple or Grape Juice Banana Sausage Biscuit or Apple Jacks Breakfast Kit Milk	Choice of Orange/Pineapple or Apple Juice, Fresh Apple French Toast Sticks w/sausage or Cheerios and Yogurt (Trix) Milk	Choice of Apple or Orange Juice Fresh Orange Bacon, Egg & Cheese Biscuit or Pop Tart Breakfast Kit Milk
	January 14, 2019	January 15, 2019	January 16, 2019	January 17, 2019	January 18, 2019
M E N U 4	Choice of Grape or Orange Juice Fresh Apple Pancake Tacos or Cinnamon Toast Breakfast Kit Milk	Choice of Orange/Pineapple or Apple Juice, Fresh Orange Eggstravaganza/Toast/Ham or Cheerios and Trix Yogurt Milk	Choice of Apple or Grape Juice Banana Sausage Biscuit or Cocoa Puff Bar Breakfast Kit Milk	Choice of Orange/Pineapple or Apple Juice, Fresh Apple Donut with Icing or or Yogurt Parfait w/ Graham Crackers Milk	Choice of Apple or Orange Juice Fresh Orange Chicken Biscuit or Fruity Cheerios Cereal and Chocolate Chip Muffin Milk
	January 21, 2019	January 22, 2019	January 23, 2019	January 24, 2019	January 24, 2019
M E N U 1	NO SCHOOL MARTIN LUTHER KING JR. DAY	Choice of Orange/Pineapple or Apple Juice, Fresh Orange Apple Cinnamon Crunch Toast or Yogurt Parfait with Granola Milk	Choice of Apple or Grape Juice Applesauce Cup Sausage Biscuit or Apple Jacks Breakfast Kit Milk	Choice of Orange/Pineapple or Apple Juice, Fresh Apple Pancake and Sausage on a Stick or Golden Graham Cereal and Trix Yogurt Milk	Choice of Apple or Orange Juice Fresh Orange Bacon, Egg & Cheese Biscuit or Pop Tart Breakfast Kit Milk
	January 28, 2019	January 29, 2019	January 30, 2019	January 31, 2019	
M E N U 2	Choice of Grape or Orange Juice Fresh Apple Waffle and Sausage Links or Trix Cereal and Educational Cookie Milk	Choice of Orange Pineapple or Apple Juice Fresh Orange Breakfast Sausage Pizza or Cinnamon Toast Pouch and Trix Yogurt Milk	Choice of Apple or Grape Juice Banana Sausage Biscuit or Cocoa Puff Bar Breakfast Kit Milk	Choice of Orange/Pineapple or Apple Juice, Fresh Apple Rich's Donut Holes or Yogurt Parfait with Graham Crackers Milk	

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