

MENUS FOR SEPTEMBER 2020



Stokes
County
Schools

This institution is
an equal
opportunity
provider.

**ALL BREAKFAST BAGS HAVE JUICE
AND MILK WITH THE ENTRÉE**



Food Allergy Disclaimer:

Please be aware that School Nutrition Services prepares our food in commercial kitchens, where cross-contact with food allergens is possible and where ingredient substitutions and recipe revisions are sometimes made. Additionally, manufacturers of commercial food products we order may change their product formulation or ingredient consistency at any time without notification. Actual ingredients and nutritional content may vary and we are not able to guarantee that any food item will be completely free of food allergens. If you have questions or any concerns regarding ingredients of a specific food or recipe, please reach out to Stokes County Schools Nutrition Director, Lisa Dillon at 336-593-1100 or email lisa.dillon@stokes.k12.nc.us

Menus are Subject to Change

MONDAY, 14TH

Breakfast
Breakfast Pizza

Lunch
Cheeseburger
Baked Beans
Fruit Cocktail
Milk

TUESDAY, 15TH

Breakfast
Muffin

Lunch
Chicken Pie
Mashed Potatoes
Apples
Milk

WEDNESDAY, 16TH

Breakfast
Egg and Cheese Biscuit

Lunch
Pizza
Tomato Cucumber with
ranch
Watermelon
Milk

THURSDAY, 17TH

Breakfast
Breakfast Pizza

Lunch
Cheeseburger
Baked Beans
Fruit Cocktail
Milk

FRIDAY, 18TH

Breakfast
Muffin

Lunch
Chicken Pie
Mashed Potatoes
Apples
Milk

MONDAY, 21ST

Breakfast

Breakfast Pizza

Lunch
Barbecue tray /
hushpuppies
Homemade Slaw
Baked Beans
Watermelon
Milk

TUESDAY, 22ND

Breakfast

Egg and Cheese Biscuit

Lunch
Hot Dog
Slaw & chili
Fries
Pineapple
Milk

WED., 23RD

Breakfast

Pancakes

Lunch
Macaroni and Cheese
Ham Bowl
Fresh Garden Salad
Mandarin Oranges
Milk

THURSDAY, 24TH

Breakfast

Breakfast Pizza

Lunch
Barbecue tray /
hushpuppies
Homemade Slaw
Baked Beans
Watermelon
Milk

FRIDAY, 25TH

Breakfast

Egg and Cheese Biscuit

Lunch
Hot Dog
Slaw & chili
Fries
Pineapple
Milk

MONDAY, 28TH

Breakfast
Cereal/ cheese stick

Lunch
Beef & Cheese Nachos
Black Beans
Salsa
Apples
Milk

TUESDAY, 29TH

Breakfast
Super Donut

Lunch
Garlic Cheesy French Bread
Marinara
Corn
Peaches
Milk

WED., 30TH

Breakfast
Egg and Cheese Biscuit

Lunch
Homemade Lasagna
Fresh Garden Salad
Diced Pears
Milk

THURSDAY, OCTOBER 1

Breakfast
Cereal /cheese stick

Lunch
Beef & Cheese Nachos
Black Beans
Salsa
Apples
Milk

FRIDAY, OCTOBER 2

Breakfast
Super donut

Lunch
Garlic Cheesy French Bread
Marinara
Corn
Peaches
Milk

