

2021/2022



## *Pulaski School Breakfast Menu*



Northport-East Northport. UFSD **BrainFood**

**Breakfast includes**

- \*1 oz. Whole Grain
- \*1 oz. Meat/Meat Alternative or 1 oz. grain
- \*1 cup fruit or ½ cup juice
- \*8 oz. Milk choice.

**Daily options are choice of:**

Cereal w/ cheese stick

Bagel with cream cheese or butter

Muffin w/ cheese stick

Yogurt w/ crackers

**All come with:**

Milk and fruit

Energize Your Day!  
Breakfast...it's The Most Important  
Meal of The Day!

**Breakfast Price- free**

Please register at MySchoolBucks.com to make prepayments, check balances and transaction history. Look on our District website under "Lunch Menus" for more details and updates. We offer 4 food items and students must select at least 3.

**\*All breakfast items can be purchased ala carte**

We are committed to serving healthy, nutritious meal choices. Our meals emphasize whole grains, fresh fruits and vegetables and *nothing is ever fried*. Full student breakfast includes choice of entrée and grain, fruit and milk. Milk choices include fat free regular, white, chocolate, or 1% white. **Menu is subject to change.** Questions? Director of Food Services (631) 262-6647