



Whittier Union High School District

Food & Nutrition Services

OCTOBER 2020

SUPPER MENU

SERVED AT THE FOLLOWING HIGH SCHOOLS

WHITTIER-CALIFORNIA-SANTA FE-PIONEER-LA SERNA

MONDAYS

Chicken Sandwich
Corn Cup
Fresh Apple and Milk

TUESDAYS

Chicken Fajita and Rice
Cucumber Slices
Seasonal Fresh Fruit and Milk

WEDNESDAYS

Cheeseburger
Garden Salad
Blueberry Cup and Milk

THURSDAYS

Spaghetti
Baby Carrots
Peach Cup and Milk

FRIDAYS

Chicken Teriyaki and Rice
Broccoli
100% Fruit and Milk

SATURDAYS and SUNDAYS

Bean & Cheese Burrito and Corndog
Celery Sticks and Carrot Sticks
Frozen Orange Juice and Banana

All entrees are distributed frozen

MENU IS SUBJECT TO CHANGE WITHOUT NOTICE.

USDA is an equal opportunity provider.

