

OCTOBER 2021

NATIONAL TRAIL K-12

LUNCH



School Information: All students are eligible for 1 free breakfast & 1 free lunch during the 2021-2022 school year.



October is National Apple Month. Did you know that there are about 7,500 varieties of apples? Can you find a new variety of apple to try this month?



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



National Trail is an Equal Opportunity Employer

#ItsBETTERtoBeaBLAZER

MENUS ARE SUBJECT TO CHANGE DUE TO FOOD AVAILABILITY!

Tenderloin Sandwich
Baked Fries
Fruit
Milk

1

French Toast Sticks
Hash Brown
Sausage Links
Fruit
Milk

4

Chicken Patty Sandwich
Tator Tots
Fruit
Milk

5

Pizza
Steamed Broccoli
Fruit
Milk

6

Soft Taco
Sweet Corn
Fruit
Milk

7

Hotdog
Vegetable Choice
Fruit
Milk

8

Waffles/ Syrup
Hash Brown
Sausage Links
Fruit
Milk

11

Chicken Tenders
Green Beans
Fruit
Milk

12

Pepperoni Pizza
California Blend
Fruit
Milk

13

Nacho Supreme
Sweet Corn
Fruit
Milk

14

NO SCHOOL

15

Pancakes/ Syrup
Sausage
Hash Brown
Fruit
Milk

18

Chicken Chunks
Green Beans
Fruit
Milk

19

Pizza
Broccoli
Fruit
Milk

20

Walking Taco
Sweet Corn
Fruit
Milk

21

COOK'S CHOICE

22

Biscuits & Gravy
Hash Brown
Sausage
Fruit
Milk

25

Chicken Patty Sandwich
Baked Fries
Fruit
Milk

26

Pepperoni Pizza
Steamed Broccoli
Fruit
Milk

27

Chicken Crispito
Sweet Corn
Fruit
Milk

28

Toasted Cheese Sandwich
Tomato Soup
Fruit
Milk

29