

HENRY HUDSON REGIONAL SCHOOL

SEPTEMBER 2020

Student Lunch \$3.00 Adult Lunch \$3.40

***** CHOOSE FROM DAILY SPECIALS *****

Hot Entrees, Deli Du Jour, or PBJ

All Lunches come with Fresh Fruit, Veggies & Your Choice of Milk.



DELI LUNCH SANDWICHES

(Free with Purchase of Lunch)

Ham & Cheese, Turkey & Cheese, Triple Decker PBJ.

Weekly Specials: Tuna Salad, Chicken Salad and Egg Salad.

***Fresh Deli Sandwiches with Choice of Lettuce, Tomato, Onion & Pickles

Gluten Free Options Now Available Upon Request

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
7 LABOR DAY SCHOOL CLOSED	8 Early Dismissal Breakfast Served	9 Early Dismissal Breakfast Served	10 Cheeseburger French Fries Fresh Fruit Chicken Noodle Soup	11 Hand Tossed Pizza Fresh Veggies Fresh Fruit Chef's Special Soup
14 NAE Chicken Nuggets Mashed Potatoes Fresh Fruit Chef's Special Soup	15 Grilled Cheese Tater Tots Fresh Fruit Chef's Special Soup	16 Nacho Bar All The Fixings Fresh Fruit Chef's Special Soup	17 NAE Chicken Nuggets Mashed Potatoes Fresh Fruit Chef's Special Soup	18 Grilled Cheese Tater Tots Fresh Fruit Chef's Special Soup
21 Crispy NAE Chicken Sandwich Fresh Veggie Fresh Fruit Chef's Special Soup	22 Italian Grilled Cheese Marinara Sauce Caesar Salad Fresh Fruit Chef's Special Soup	23 Beef Burrito Bar All The Fixings Fresh Fruit Chef's Special Soup	24 Crispy NAE Chicken Sandwich Fresh Veggie Fresh Fruit Chef's Special Soup	25 Italian Grilled Cheese Marinara Sauce Caesar Salad Fresh Fruit Chef's Special Soup
28 Yom Kippur School Closed	29 NAE Chicken Nuggets Fresh Veggies Fresh Fruit Chef's Special Soup	30 Carnitas Quesadilla Rice & Beans Fresh Fruit Chef's Special Soup	Simplified Culinary Sources NAE Chicken and Turkey Products;	NAE Means: No Antibiotics Ever. A Cleaner and Healthier Source of Protein