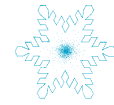




Rumson School District

Lunch Menu for January 2019

*** 3 LUNCH CHOICES DAILY ***



Hot Entrees, Deli du Jour or Bagel Lunch,
All Lunches come with Fruit, Veggies and Choice of Beverage

Fresh Homemade Soup on Tuesday, Wednesday and Thursday Free with the Purchase of a Student Lunch

Deane Porter \$4.25

Forrestdale \$4.75

Weekly Deli Du Jour

Monday

Tuesday

Wednesday

Thursday

Friday

Turkey

Ham & Cheese

Chicken Salad

Turkey & Cheese

Tuna Salad

NAE means NO ANTIBIOTICS EVER. A Cleaner Healthier Protein Source.

SIMPLIFIED CULINARY SERVICES Sources Only NAE Chicken and Turkey Products.

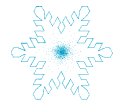
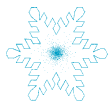
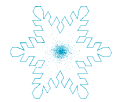
HOT ENTREES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 School Closed Happy New Year	2 Grass Fed Hot Dogs w/ Baked Beans, Fresh Fruit & Vegetarian Soup	3 NAE Chicken on a Waffle Bisquit Sandwich w/ Tater Tots, Fresh Fruit & Chicken Noodle Soup	4 Hand Tossed Pizza w/ Fresh Veggies, and Assorted Fruit
7 Waffle Sticks w/ a Hashbrown, Sausage & Fresh Fruit	8 NAE Buttermilk Chicken Fingers w/ Mashed Potatoes, Fresh Fruit & Chicken Tortilla Soup	9 Carnitas Soft Tacos w/ Rice & Beans, Fresh Fruit & Vegetarian Soup	10 Pasta w/ Grass Fed Meatsauce, Roasted Veggies, Fresh Fruit & Loaded Baked Potato Soup	11 Hand Tossed Pizza w/ Fresh Veggies, and Assorted Fruit
14 Italian Grilled Cheese w/ Marinara Sauce, Caesar Salad & Fresh Fruit	15 Grass Fed Cheeseburger w/ Oven Fries, Fresh Fruit & Spicy Chicken Rice Soup	16 NAE Chicken Quesadilla w/ Lettuce, Salsa, Sour Cream, Fresh Fruit & Vegetarian Soup	17 Mozzarella Sticks w/ Pasta, Organic Marinara Fresh Veggies Fresh Fruit & Chefs Special Soup	18 Hand Tossed Pizza w/ Fresh Veggies and Assorted Fruit
21 School Closed Martin Luther King Day	22 NAE Chicken Nuggets w/ Sweet Potato Fries, Fresh Fruit & Spicy Chicken Rice Soup	23 Nachos w/ Grass Fed Beef, Local Cheddar, All The Fixings, Fresh Fruit & Vegetarian Soup	24 Cheese Tortellini w/ Organic Marinara, Fresh Veggies, Fresh Fruit & SantaFe Corn Chowder	25 Hand Tossed Pizza w/ Fresh Veggies and Assorted Fruit
28 French Toast Sticks w/ a Hashbrown and Fresh Berries & Yogurt	29 NAE Chicken Fingers w/ Oven Fries, Fresh Fruit & Italian Chicken Noodle Soup	30 Pasta w/NAE Meatballs Fresh Veggies, Fresh Fruit and Vegetarian Soup	31 NAE Chicken Sandwich w/ Fresh Green Beans, Fresh Fruit & Chefs Special Soup	

Simplified Culinary Services is Proud to say we Can and Do accomodate Many dietary Needs and Requests. Just Ask!

Forrestdale School A la Carte Menu


January 2019



**Handcrafted Sandwiches
on Freshly Baked Artisan Bread \$4.75**

Simple Salad Box Available Daily \$2.50

Salad of the Week \$4.75 (selections changing every Monday)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 School Closed Happy  New Year	2 My Own Pizza	3 Pasta Marinara	4 Oven Baked Chicken Tenders
7 Chicken Tender Snack Wrap	8 <u>Toasted Tuesday</u> Gourmet Philly Cheesesteak	9 My Own Pizza	10 Crispy Oven Fries	11 Organic Vanilla Milkshake
14 U Pix We Mix Salad Station	15 U Pix We Mix Salad Station	16 U Pix We Mix Salad Station	17 U Pix We Mix Salad Station	18 U Pix We Mix Salad Station
21 School Closed Martin Luther King Day	22 <u>Toasted Tuesday</u> Gourmet Chicken Parm	23 My Own Pizza	24 Acai Bowls w/ Fresh Fruit & Granola	25 Crispy Oven Fries
28 Oven Baked Chicken Tenders	29 Chefs Special	30 My Own Chicken Bacon Ranch Pizza	31 Oven Baked Mozzarella Sticks	