

HENRY HUDSON REGIONAL SCHOOL

JANUARY 2019

Student Lunch \$3.00 Adult Lunch \$3.50

*** CHOOSE FROM DAILY SPECIALS ***

Hot Entrees, Deli Du Jour, or PBJ

All Lunches come with Homemade Soup, Fresh Fruit, Veggies & Your Choice of Milk.



DELI LUNCH SANDWICHES

(Free with Purchase of Lunch)

Ham & Cheese, Turkey & Cheese, Triple Decker PBJ.

Weekly Specials: Tuna Salad, Chicken Salad and Egg Salad.

*** Fresh Deli Sandwiches with Choice of Lettuce, Tomato, Onion & Pickles

Gluten Free Options Now Available Upon Request

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Simplified Culinary Services Sources NAE Chicken and Turkey Products;	1 HAPPY NEW YEAR	2 Homestyle Chicken Fingers, French Fries Fresh Fruit Vegetarian Soup	3 Meatball Parmesan Caesar Salad Fresh Fruit Chicken Noodle Soup	4 Fiesta Friday Assorted Hot Entrée's Fresh Veggies Fresh Fruit Chef's Special Soup
7 NAE Chicken Sandwich French Fries Fresh Fruit Spicy Chicken Rice	8 Meat Loaf & Gravy Mashed Potatoes Fresh Fruit Potato Ham Soup	9 Beef Burrito Bar Rice & Beans Fresh Fruit Vegetarian Soup	10 Pasta Bar Bread, Roasted Veggies Fresh Fruit Chipotle Chicken Rice	11 Fiesta Friday Assorted Hot Entrée's Fresh Veggies Fresh Fruit Chef's Special Soup
14 Homestyle Chicken Fingers, French Fries Fresh Fruit Chicken Noodle Soup	15 Hot Dog Bar Chili, Cheese & Kraut Broccoli, Fresh Fruit Tomato Bacon Bisque	16 Chicken Quesadilla Rice & Beans Fresh Fruit Vegetarian Soup	17 Pasta Bar Bread, Roasted Veggies Fresh Fruit Loaded Baked Potato	18 Fiesta Friday Assorted Hot Entrée's Fresh Veggies Fresh Fruit Chef's Special Soup
21 Martin Luther King Day	22 Mexican Mac & Cheese Caesar Salad Fresh Fruit Tortellini Primavera	23 Italian Grilled Cheese w/ Marinara, Broccoli Fresh Fruit Vegetarian Soup	24 Chicken Parm W/ Pasta Bread, Fresh Veggies Fresh Fruit Cauliflower Bacon Au Gratin	25 Fiesta Friday Assorted Hot Entrée's Fresh Veggies Fresh Fruit Chef's Special Soup
28 NAE Chicken Sandwich Sweet Potato Wedges Fresh Fruit Chicken Noodle Soup	29 Hand Tossed Pizza Caesar Salad Fresh Fruit Santa Fe Corn Chowder	30 Griddle Burger French Fries Fresh Fruit Vegetarian Soup	31 Blackened Chicken Pasta Primavera, Bread Fresh Fruit Beef Vegetable Barley	NAE Means: No Antibiotics Ever. A Cleaner and Healthier Source of Protein