

SPRING LAKE HEIGHTS SCHOOL

February 2018

Student Lunch \$3.00 Adult Lunch \$3.50

*** 4 COMPLETE LUNCH CHOICES DAILY ***

Hot Entrees, Deli Du Jour, Bagel Lunch or PBJ

All Lunches come with Fruit, Veggies & Milk Daily. Fresh Soup on Tuesdays & Thursday



Gourmet Sandwiches & Salads of the Week \$4.50

Fresh Fruit and Yogurt Parfaits \$2.50

Burgers, Sandwiches, Pizza, Pasta, and Wraps Available GF Upon Request

Deli Du Jour Selection

Monday

Turkey & Cheese

Tuesday

Chicken Salad

Wednesday




Turkey & Cheese

Thursday

Chicken Salad

Friday

Turkey & Cheese

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		3 Pasta w/ Meat Sauce Bread, Fresh Veggies Assorted Fruit	1 Cheese Burger French Fries Assorted Fruit Potato Cheddar Soup	2 Boardwalk Pizza Fresh Veggies Assorted Fruit
5 Chicken Fingers French Fries Assorted Fruit	6 Pasta w/ Meat Sauce Bread, Salad Assorted Fruit Chicken Noodle Soup	7 French Toast Sticks Sausage, Hash Brown Assorted Fruit	8 POT LUCK Assorted Entrees Fresh Veggies Assorted Fruit Chef's Special Soup	9 Assorted Pizza Caesar Salad Assorted Fruit
	SCHOOL CLOSED	14 WINTER	15 BREAK	
19 Chicken Nuggets French Fries Assorted Fruit	20 Italian Grilled Cheese Caesar Salad Assorted Fruit Chicken Noodle Soup	21 Pasta with Marinara Sauce, Bread Tossed Salad Assorted Fruit	22 Hot Dogs Smiley Fries Assorted Fruit Potato Ham Soup	23 Personal Pan Pizza Fresh Veggies Assorted Fruit
26 Chicken Fingers French Fries Assorted Fruit	27 Nachos - Beef & Cheese, All The Fixings, Assorted Fruit Italian Chicken Noodle	28 Waffle Sticks Sausage Tater Tots Fresh Berries		