

HENRY HUDSON REGIONAL SCHOOL

October 2017

Student Lunch \$2.90 Adult Lunch \$3.40

***** CHOOSE FROM DAILY SPECIALS *****

Hot Entrees, Deli Du Jour, Bagel Lunch, PBJ or Salad of the Week

All Lunches come with Homemade Soup, Fresh Fruit, Veggies & Your Choice of Milk.



DELI LUNCH SANDWICHES

(Free with Purchase of Lunch)

Ham & Cheese, Turkey & Cheese, Triple Decker PBJ.

Weekly Specials: Tuna Salad, Chicken Salad and Egg Salad.

***Fresh Deli Sandwiches with Choice of Lettuce, Tomato, Onion & Pickles

Gluten Free Options Now Available Upon Request

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2 Baked Potato Bar All The Fixings Assorted Fruit Chicken Noodle Soup</p>	<p>3 Grilled Chicken Chipotle Flatbread Melt, Tossed Salad Assorted Fruit Broccoli Cheddar Soup</p>	<p>4 Nacho Bar All The Fixings Assorted Fruit Vegetarian Soup</p>	<p>5 Pasta Bar Bread Fresh veggies Assorted Fruit Potato Ham Soup</p>	<p>6 Fiesta Friday Assorted Hot Entrée's Fresh Veggies Assorted Fruit Chef's Special Soup</p>
<p>9 Columbus Day School Closed</p>	<p>10 Chicken Nuggets French Fries Assorted Fruit Chicken Chipotle Rice Soup</p>	<p>11 Beef Burrito Bar All the Fixings Assorted Fruit Vegetarian Soup</p>	<p>12 Meatball Parm Sub Caesar Salad Assorted Fruit Tortellini Primavera Soup</p>	<p>13 Fiesta Friday Assorted Hot Entrée's Fresh Veggies, Fruit Chef's Special Soup</p>
<p>16 Mac & Cheese Bar All The Fixings Assorted Fruit Chicken Lentil Soup</p>	<p>17 Chicken Sandwich French Fries Assorted Fruit Loaded Baked Potato Soup</p>	<p>18 Carnitas Quesadilla Rice & Beans Assorted Fruit Vegetarian Soup</p>	<p>19 Chicken Parm w/ Pasta Fresh Veggies Assorted Fruit Roasted Red Pepper &</p>	<p>20 Fiesta Friday Assorted Hot Entrée's Fresh Veggies, Fruit Chef's Special Soup</p>
<p>23 Cheesesteak Bar All The Fixings Assorted Fruit Chicken Noodle Soup</p>	<p>24 Pancakes, Sausage Hashbrown Assorted Fruit Santa Fe Corn Chowder</p>	<p>25 Nacho Bar All The Fixings Assorted Fruit Vegetarian Soup</p>	<p>26 Pasta Bar Bread, Fresh Veggies Assorted Fruit Cauliflower Broccoli Au Gratin</p>	<p>27 Fiesta Friday Assorted Hot Entrée's Fresh Veggies, Fruit Chef's Special Soup</p>
<p>30 Chicken Nuggets French Fries Assorted Fruit Spicy Chicken Rice Soup</p>	<p>31 Buffalo Grilled Chicken Flatbread Melt Tossed Salad Assorted Fruit Potato Bacon Soup</p>			