



BELMAR ELEMENTARY SCHOOL



October Student Lunch \$2.85 Adult Lunch \$3.75

***** 5 COMPLETE LUNCH CHOICES DAILY *****

Hot Entrees, Deli Du Jour, Bagel Lunch, PBJ or Salad of the Week

All Lunches come with Fruit, Veggies, Milk & Garden Bar Daily. Fresh Soup on Tues. & Thurs.

DAILY LUNCH TREATS

(Free with Purchase Student Lunch)

MONDAY

Garden Bar

TUESDAY

Fresh Soup

WEDNESDAY

Garden Bar

THURSDAY

Fresh Soup

FRIDAY

Garden Bar

Deli Du Jour Selection

Monday

Ham & Cheese

Tuesday

Turkey

Wednesday

Bologna & Cheese

Thursday

Chicken Salad

Friday

Tuna Salad

MONDAY

2
Chicken Sandwich
Veggie of the Day
Assorted Fruit

TUESDAY

3
Cheesesteak Sandwich
Veggie of the Day
Assorted Fruit
Chicken Noodle Soup

WEDNESDAY

4
Italian Grilled Cheese
Veggie of the Day
Assorted Fruit

THURSDAY

5
Pot Stickers
w/ Fried Rice
Veggie of the day
Assorted Fruit
Faa Dron Soup

FRIDAY

6
Pizza by the Slice
Veggie of the Day
Assorted Fruit
Cookie or Pudding

9
Columbus Day
School Closed

10
Chicken Nuggets
Veggie of the Day
Assorted Fruit
Spicy Chicken Rice
Soup

11
Pasta Bar w/ Meat or
Cheese Sauce, Bread
Veggie of the Day
Assorted Fruit

12
Grilled Cheese
Veggie of the Day
Assorted Fruit
Homemade Tomato
Soup

13
Personal Pan Pizza
Veggie of the Day
Assorted Fruit
Cookie or Pudding

16
Ham & Cheese
Panini
Veggie of the Day
Assorted Fruit

17
Soft Beef Taco
Lettuce, Salsa, Sour
Cr.
Veggie of the Day
Assorted Fruit

18
Chicken & Waffles
Veggie of the Day
Assorted Fruit

19
Italian Grilled Cheese
Veggie of the Day
Assorted Fruit
Cream of Broccoli
Cheddar Soup

20
Boardwalk Pizza
Veggie of the Day
Assorted Fruit
Cookie or Pudding

23
Cheese Burger
French Fries
Assorted Fruit

24
Italian Sub
Veggie of the Day
Assorted Fruit
Chicken Noodle Soup

25
Grilled Chicken
Raman Bowl
With Stir Fried
Veggies Assorted Fruit

26
Pulled Pork on a Roll
Veggie of the Day
Assorted Fruit
Spicy Chicken Rice
Soup

27
Wood Fired Crust
Pizza
Veggie of the Day
Assorted Fruit
Cookie or Pudding

30
Pasta with Meatballs
Veggie of the Day
Assorted Fruit

31
Halloweenie on a Bun
Veggie of the Day
Assorted Fruit
Jack-o-Lantern Soup

