

September Intermediate Lunch Menu

USDA Lunch requires students to take 3 of 5 food items, one being a fruit or vegetable. Every lunch includes choice of 1% white or non-fat chocolate milk.

School lunch is free this school year!

A la carte milk = 50 cents

Current Menu Options are Pork Free




Menu subject to change without notice

Seasonal Fresh Fruit When Available

Visit us on the web at:

ESDchildnutrition.com

This institution is an equal opportunity provider.

Monday	Tuesday	Wednesday	Thursday	Friday
				
		¹ Macaroni & Cheese w/ Aloha Roll Turkey & Cheese Sub Deep Dish Beef Pepperoni Pizza <i>Side Salad, Fruit Variety</i>	² Chicken Nuggets w/ Seasoned Potato Wedges Bean & Cheese Burrito Peaches & Yogurt Parfait Cup w/ Cinnamon Granola <i>Corn, Fruit Variety</i>	³ Beef Cheeseburger Chicken Corn Dog Cheese Bites w/ Marinara Sauce <i>Baked Sweet Beans, Fruit Variety</i>
 Happy Labor Day!	⁷ Chicken Strips Turkey Taco Nada Peaches & Yogurt Parfait Cup w/ Cinnamon Granola <i>Side Salad, Fruit Variety</i>	⁸ All-Beef Hot Dog w/ Baked BBQ Chips Beef Ravioli w/ Aloha Roll Stuffed Mozzarella Sticks w/ Marinara Sauce <i>Corn, Fruit Variety</i>	⁹ Chicken Caesar Salad Chicken Nuggets Cheese Quesadilla Dessert: <i>Chocolate Chip Cookie!</i> <i>Baby Carrots, Fruit Variety</i>	¹⁰ Beef Cheeseburger Bean & Cheese Burrito Cheese Pizza <i>Pinto Beans, Fruit Variety</i>
 Non Student Day!	¹⁴ Orange Chicken Bowl Chicken Strips Cheese Quesadilla <i>Broccoli, Fruit Variety</i>	¹⁵ Macaroni & Cheese w/ Aloha Roll Turkey & Cheese Sub Deep Dish Beef Pepperoni Pizza <i>Side Salad, Fruit Variety</i>	¹⁶ Chicken Nuggets w/ Seasoned Potato Wedges Bean & Cheese Burrito Peaches & Yogurt Parfait Cup w/ Cinnamon Granola <i>Corn, Fruit Variety</i>	¹⁷ Beef Cheeseburger Sliders Chicken Corn Dog Cheese Bites w/ Marinara Sauce <i>Baked Sweet Beans, Fruit Variety</i>
²⁰ Cool Ranch Beef Taco Salad w/ Chips Deep Dish Beef Pepperoni Pizza Macaroni & Cheese w/ Aloha Roll <i>Baby Carrots, Fruit Variety</i>	²¹ Chicken Strips Turkey Taco Nada Peaches & Yogurt Parfait Cup w/ Cinnamon Granola <i>Side Salad, Fruit Variety</i>	²² Grilled Cheese Sandwich w/ Baked BBQ Chips Chicken Corn Dog Stuffed Mozzarella Sticks w/ Marinara Sauce <i>Corn, Fruit Variety</i>	²³ Chicken Caesar Salad Chicken Nuggets Cheese Quesadilla Dessert: <i>Chocolate Chip Cookie!</i> <i>Baby Carrots, Fruit Variety</i>	²⁴ Beef Cheeseburger Sliders Bean & Cheese Burrito Cheese Pizza <i>Baby Carrots, Fruit Variety</i>
²⁷ Cheese Pizza Spicy Chicken Patty Sandwich Cool Ranch Beef Taco Salad w/ Chips <i>Baby Carrots, Fruit Variety</i>	²⁸ Orange Chicken Bowl Chicken Strips Cheese Quesadilla <i>Broccoli, Fruit Variety</i>	²⁹ Turkey & Cheese Sub Deep Dish Beef Pepperoni Pizza Macaroni & Cheese w/ Aloha Roll <i>Side Salad, Fruit Variety</i>	³⁰ Chicken Nuggets w/ Seasoned Potato Wedges Bean & Cheese Burrito Peaches & Yogurt Parfait Cup w/ Cinnamon Granola <i>Corn, Fruit Variety</i>	