

# Grades 1-5 September

## Lunch Menu

USDA Lunch requires students to take 3 of 5 food items, one being fruit or vegetable. Lunch includes your choice of Non-Fat Chocolate or 1% White milk.

Monday	Tuesday	Wednesday	Thursday	Friday	
					<p><i>School lunch is free this school year!</i></p> <p><i>A la carte water or milk = 50 cents</i></p> <p><i>Current Menu Options are Pork Free</i></p> <p><i>Menu subject to change without notice</i></p>
		1 Chicken Strips  Golden Corn Fruit Variety 1% White/NF Choc. Milk	2 Grilled Cheese Sandwich  Baby Carrots Fruit Variety 1% White/NF Choc. Milk	3 Bean & Cheese Burrito  Baby Carrots Fruit Variety 1% White/NF Choc. Milk	
6  LABOR DAY NO SCHOOL	7 Chicken Nuggets  Golden Corn Fruit Variety 1% White/NF Choc. Milk	8 Chicken Corn Dog  Baked Sweet Beans Fruit Variety 1% White/NF Choc. Milk	9 Beef Hamburger  Baby Carrots Fruit Variety 1% White/NF Choc. Milk	10 Cheese Pizza Sliders  Green Beans Fruit Variety 1% White/NF Choc. Milk	<p>Seasonal Fresh Fruit When Available</p> <div style="text-align: center;">  </div>
13  NON-STUDENT DAY	14 Chicken Strips  Mashed Potatoes Fruit Variety 1% White/NF Choc. Milk	15 Macaroni & Cheese  Baby Carrots Fruit Variety 1% White/NF Choc. Milk	16 Breaded Chicken Patty Sandwich  Side Salad Fruit Variety 1% White/NF Choc. Milk	17 Stuffed Mozzarella Sticks with Marinara Sauce  Broccoli Buds Fruit Variety 1% White/NF Choc. Milk	
20 Cheese Quesadilla  Baby Carrots Fruit Variety 1% White/NF Choc. Milk	21 Chicken Nuggets  Baked Sweet Beans Fruit Variety 1% White/NF Choc. Milk	22 Cheese Pizza  Baby Carrots Fruit Variety 1% White/NF Choc. Milk	23 Beef Cheeseburger Sliders  Side Salad Fruit Variety 1% White/NF Choc. Milk	24 Chicken Corn Dog  Golden Corn Fruit Variety 1% White/NF Choc. Milk	
27 Stuffed Mozzarella Sticks with Marinara Sauce  Broccoli Buds Fruit Variety 1% White/NF Choc. Milk	28 Beef Pepperoni Pizza  Side Salad Fruit Variety 1% White/NF Choc. Milk	29 Chicken Strips  Golden Corn Fruit Variety 1% White/NF Choc. Milk	30 Grilled Cheese Sandwich  Baby Carrots Fruit Variety 1% White/NF Choc. Milk		<p><a href="http://www.ESDChildNutrition.com">www.ESDChildNutrition.com</a></p> <p>**This institution is an equal opportunity provider**</p>