

March Intermediate Lunch Menu

LUNCH PRICE (includes milk): Full price=\$3.00; Reduced price=\$0.40

A la carte drink (without lunch purchase) .50¢

Monday

Tuesday

Wednesday

Thursday

Friday



Estimote Child Nutrition

**** Breakfast For Lunch**
(Eggs with bacon and cheese, pancakes, and a hash brown!)
* Pepperoni & Cheese Calzone
* Bean & Cheese Burrito
* Taco Salad w/ Chips
* Deep Dish Cheese Pizza
Baby Carrots, Side Salad, Fruit

USDA Lunch requires students to take 3 of 5 food items, one being a fruit or vegetable. Lunch: \$3.00, includes your choice of milk.

Visit us on the web at:

ESDchildnutrition.com

How to pay: Students may bring cash or check. Students may also fund their account via cash or check at anytime. Or, visit www.ezschoollpay.com to use our on-line service: View your students balance and/or make payments. Student's ID# is available from the kitchen manager or school office.

Menu subject to change without notice

Fresh Fruit Offered Daily!

****** Contains or may contain pork

This institution is an equal opportunity provider.

4
* Popcorn Chicken Bowl
* Corn Dog
* WOWButter & Grape Jelly Sandwich (Nut-Free!)
* Chicken Caesar Salad
* Deep Dish Cheese Pizza
Green Beans, Side Salad, Fruit

5
* Creamy Chicken & Vegetable Soup w/ Hawaiian Roll!
* Teriyaki Beef Bowl
* Chicken Egg Roll w/ Noodles!
* Ham and Cheese Sub
****** Pepperoni Pizza Slice
Dessert: Chocolate Chip Cookie!
Baby Carrots, Side Salad, Fruit

6
* Beef Chili with Corn Muffin!
* Fruit and Yogurt Parfait Cup with Cinnamon Granola!
* Spicy Chicken Patty Sandwich
* Chef Salad
* Cheese Bites w/ Marinara
Spinach Side Salad, Fruit

7
* Cheese Ravioli with Garlic Knot!
* Orange Chicken Bowl
* Chicken & Cheese Quesadilla
* Spicy Ranch Chicken Wrap
****** Pepperoni Pizza Slice
Fiesta Pinto Beans, Side Salad, Fruit

8
* Chili Cheese Dog with French Fries!
* Mesquite BBQ Drumsticks with Corn Star!
* Cheeseburger w/ French Fries!
* Taco Salad w/ Chips
* Deep Dish Cheese Pizza
Corn, Side Salad, Fruit

11
* Hamburger Gravy over Mashed Potatoes w/ Corn Star!
* Fruit and Yogurt Parfait Cup with Strawberry Chex!
* Spicy Chicken Patty Sandwich
* Chicken Caesar Salad
* Deep Dish Cheese Pizza
Corn, Side Salad, Fruit

12
* Stuffed Mozzarella Sticks
* Cheeseburger
* Taco Nada with Spanish Rice!
* Turkey and Cheese Sub
****** Pepperoni Pizza Slice
Dessert: Chocolate Brownie!
BBQ Baked Beans, Side Salad, Fruit

13
**** Breakfast For Lunch**
(Eggs with bacon and cheese, pancakes, and a hash brown!)
* Cheese Bites w/ Marinara
* Asian Chicken Salad
* Bean & Cheese Burrito
* Chicken Patty Sandwich
Mixed Veggies, Side Salad, Fruit

14
* Macaroni and Cheese with Texas Toast!
* Teriyaki Chicken Bowl
* All-Beef Hot Dog w/ BBQ Chips!
* Spicy Ranch Chicken Wrap
****** Pepperoni Pizza Slice
Broccoli, Side Salad, Fruit

15
* Chili Cheese Nachos
* Chicken Strips w/ Tater Tots!
* WOWButter & Grape Jelly Sandwich (Nut-Free!)
* Taco Salad w/ Chips
* Deep Dish Cheese Pizza

Baby Carrots, Side Salad, Fruit

18
* Popcorn Chicken Bowl
* Corn Dog
* Chicken & Cheese Quesadilla
* Chicken Caesar Salad
* Deep Dish Cheese Pizza

Snack: Cheddar Goldfish Crackers!
Corn, Side Salad, Fruit

19
* Chicken Pasta Alfredo with Hawaiian Roll!
* Beef Soft Tacos
* Chicken Egg Roll with Crispy Chow Mein Noodles!
* Ham and Cheese Sub
****** Pepperoni Pizza Slice
Fiesta Pinto Beans, Side Salad, Fruit

20
* Orange Chicken Bowl
* Popcorn Chicken Caesar Salad
* Fruit and Yogurt Parfait Cup with Cinnamon Granola!
* Cheeseburger
* Cheese Bites w/ Marinara
Spinach Side Salad, Fruit

21
* Mesquite BBQ Drumsticks with Corn Star!
* Beef Nachos
* Grilled Chicken Sandwich (with Cheese, Lettuce, Tomato!)
****** Pepperoni Pizza Slice
* Spicy Ranch Chicken Wrap
Baby Carrots, Side Salad, Fruit

22
* Spaghetti w/ Meatballs with Garlic Knot!
* All-Beef Pretzel Dog
* Baja Fish Sticks with French Fries!
* Taco Salad w/ Chips
* Deep Dish Cheese Pizza
Edamame, Side Salad, Fruit

