

# January Breakfast Menu

**BREAKFAST PRICE (includes milk and juice): Full price=\$1.50; Reduced price=\$0.30**

**A la carte drink (without meal purchase) .50¢**

Monday

Tuesday

Wednesday

Thursday

Friday

**HAPPY NEW YEAR**

USDA Breakfast requires students to take 3 of 4 food items, one being a fruit or fruit juice.

*Breakfast includes:*  
One entrée, fruit, milk, and fruit juice. Cold cereal offered daily.

Seasonal fresh fruit when available.

Visit us on the web at:

[ESDchildnutrition.com](http://ESDchildnutrition.com)

**How to pay:** Students may bring cash or check. Students may also fund their account via cash or check at anytime. Or, visit [www.ezschoollpay.com](http://www.ezschoollpay.com) to use our on-line service. View your student's balance and/or make payments. Student's ID# is available from the kitchen manager or school office.

**Menu subject to change without notice**

**\*\* Contains or may contain pork**

**\*\*This institution is an equal opportunity provider.\*\***

7  
\* Mini Blueberry Pancakes  
\* Orange Blossom Muffin Top  
\* Cereal  
  
Fruit and 100% Fruit Juice  
1% White Milk, NF Choc. Milk

8  
\* Breakfast Pizza  
*(Turkey sausage and cheese)*  
\* Old Fashioned Bar  
\* Cereal  
  
Fruit and 100% Fruit Juice  
1% White Milk, NF Choc. Milk

9  
\* Breakfast Sandwich  
*(Ham, egg and cheese on an English muffin!)*  
\* Honey Bun  
\* Cereal  
  
Fruit and 100% Fruit Juice  
1% White Milk, NF Choc. Milk

10  
\* Chicken on a Biscuit  
\* Pan Dulce  
\* Cereal  
  
**Hash Brown Available Today!**  
Fruit and 100% Fruit Juice  
1% White Milk, NF Choc. Milk

11  
\* Banana Bread  
\* Trix Yogurt  
*with Strawberry Chex!*  
\* Cereal  
  
Fruit and 100% Fruit Juice  
1% White Milk, NF Choc. Milk

14  
\* Bacon, Egg & Cheese Croissant  
\* Chocolate Chip Muffin  
\* Cereal  
  
Fruit and 100% Fruit Juice  
1% White Milk, NF Choc. Milk

15  
\* Apple Farmer's Market Bar  
\* French Toast Sticks  
\* Cereal  
  
Fruit and 100% Fruit Juice  
1% White Milk, NF Choc. Milk

16  
\* Sausage and Cheese on a Biscuit  
\* Mini Breakfast Bun Bites  
\* Cereal  
  
Fruit and 100% Fruit Juice  
1% White Milk, NF Choc. Milk

17  
\* Crumb Cake  
\* Brown Sugar Cinnamon Pop-Tart w/*String Cheese!*  
\* Cereal  
  
Fruit and 100% Fruit Juice  
1% White Milk, NF Choc. Milk

18  
\* Chorizo & Egg Breakfast Wrap  
\* Mini Cinnis  
\* Cereal  
  
**Hash Brown Available Today!**  
Fruit and 100% Fruit Juice  
1% White Milk, NF Choc. Milk

**Martin Luther King Day**

22  
\* Breakfast Pizza  
\* Blueberry Muffin  
\* Cereal  
  
Fruit and 100% Fruit Juice  
1% White Milk, NF Choc. Milk

23  
**\*\* Breakfast Burrito**  
*(Egg, bacon, cheese, and tots wrapped in a warm tortilla!)*  
\* Pan Dulce  
\* Cereal  
  
Fruit and 100% Fruit Juice  
1% White Milk, NF Choc. Milk

24  
\* French Toast Sticks  
\* Crumb Cake  
\* Cereal  
  
Fruit and 100% Fruit Juice  
1% White Milk, NF Choc. Milk

25  
\* Breakfast Sandwich  
*(Ham, egg, and cheese on an English muffin!)*  
\* Mini Powdered Donuts  
\* Cereal  
  
Fruit and 100% Fruit Juice  
1% White Milk, NF Choc. Milk

29  
\* Chicken on a Biscuit  
\* Mini Cinnis  
\* Cereal  
  
Fruit and 100% Fruit Juice  
1% White Milk, NF Choc. Milk



30  
\* Oatmeal w/ Cinnamon Roll  
\* Old Fashioned Bar  
\* Cereal  
  
Fruit and 100% Fruit Juice  
1% White Milk, NF Choc. Milk

31  
\* Sausage and Cheese on a Biscuit  
\* Chocolate Chip Muffin  
\* Cereal  
  
Fruit and 100% Fruit Juice  
1% White Milk, NF Choc. Milk

31  
\* Sausage and Cheese on a Biscuit  
\* Chocolate Chip Muffin  
\* Cereal  
  
Fruit and 100% Fruit Juice  
1% White Milk, NF Choc. Milk

