

# October Breakfast Menu

**BREAKFAST PRICE (includes milk and juice): Full price=\$1.50; Reduced price=\$0.30**

**A la carte drink (without meal purchase) .50¢**

USDA Breakfast requires students to take 3 of 4 food items, one being a fruit or fruit juice.

*Breakfast includes:*  
One entrée, fruit, milk, and fruit juice.  
Cold cereal offered daily.

Seasonal fresh fruit when available.

**Visit us on the web at:**

[ESDchildnutrition.com](http://ESDchildnutrition.com)

**How to pay:** Students may bring cash or check. Students may also fund their account via cash or check at anytime. Or, visit [www.ezschoollpay.com](http://www.ezschoollpay.com) to use our on-line service. View your student's balance and/or make payments. Student's ID# is available from the kitchen manager or school office.

**Menu subject to change without notice**

**\*\* Contains or may contain pork**

**\*\*This institution is an equal opportunity provider.\*\***

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <ul style="list-style-type: none"> <li>* Bacon, Egg &amp; Cheese Croissant</li> <li>* Chocolate Chip Muffin</li> <li>* Cereal</li> </ul> <p>Fruit and 100% Fruit Juice 1% White Milk, NF Choc. Milk</p>	<p>2</p> <p><b>NEW</b> Apple Farmer's Market Bar</p> <ul style="list-style-type: none"> <li>* French Toast Sticks</li> <li>* Cereal</li> </ul> <p>Fruit and 100% Fruit Juice 1% White Milk, NF Choc. Milk</p>	<p>3</p> <ul style="list-style-type: none"> <li>* Sausage and Cheese on a Biscuit</li> <li>* Mini Breakfast Bun Bites</li> <li>* Cereal</li> </ul> <p>Fruit and 100% Fruit Juice 1% White Milk, NF Choc. Milk</p>	<p>4</p> <ul style="list-style-type: none"> <li>* Crumb Cake</li> <li>* Brown Sugar Cinnamon Pop-Tart w/<i>String Cheese!</i></li> <li>* Cereal</li> </ul> <p>Fruit and 100% Fruit Juice 1% White Milk, NF Choc. Milk</p>	<p>5</p> <ul style="list-style-type: none"> <li>* Chorizo &amp; Egg Breakfast Wrap</li> <li>* Mini Cinnis</li> <li>* Cereal</li> </ul> <p><b>Hash Brown Available Today!</b></p> <p>Fruit and 100% Fruit Juice 1% White Milk, NF Choc. Milk</p>
<p><b>No School - NON-STUDENT DAY</b></p>  <p>Etiwanda Child Nutrition</p>	<p>9</p> <ul style="list-style-type: none"> <li>* Breakfast Pizza</li> <li>* Blueberry Muffin</li> <li>* Cereal</li> </ul> <p>Fruit and 100% Fruit Juice 1% White Milk, NF Choc. Milk</p>	<p>10</p> <p><b>**</b> Breakfast Burrito <i>(Egg, bacon, cheese, and tots wrapped in a warm tortilla!)</i></p> <ul style="list-style-type: none"> <li>* Pan Dulce</li> <li>* Cereal</li> </ul> <p>Fruit and 100% Fruit Juice 1% White Milk, NF Choc. Milk</p>	<p>11</p> <ul style="list-style-type: none"> <li>* French Toast Sticks</li> <li>* Crumb Cake</li> <li>* Cereal</li> </ul> <p>Fruit and 100% Fruit Juice 1% White Milk, NF Choc. Milk</p>	<p>12</p> <ul style="list-style-type: none"> <li>* Breakfast Sandwich <i>(Ham, egg, and cheese on an English muffin!)</i></li> <li>* Mini Powdered Donuts</li> <li>* Cereal</li> </ul> <p>Fruit and 100% Fruit Juice 1% White Milk, NF Choc. Milk</p>
<p>15</p> <ul style="list-style-type: none"> <li>* Chorizo &amp; Egg Breakfast Wrap</li> <li>* Orange Blossom Muffin Top</li> <li>* Cereal</li> </ul> <p>Fruit and 100% Fruit Juice 1% White Milk, NF Choc. Milk</p>	<p>16</p> <ul style="list-style-type: none"> <li>* Chicken on a Biscuit</li> <li>* Mini Cinnis</li> <li>* Cereal</li> </ul> <p>Fruit and 100% Fruit Juice 1% White Milk, NF Choc. Milk</p>	<p>17</p> <ul style="list-style-type: none"> <li>* Oatmeal w/ Cinnamon Roll</li> <li>* Old Fashioned Bar</li> <li>* Cereal</li> </ul> <p>Fruit and 100% Fruit Juice 1% White Milk, NF Choc. Milk</p>	<p>18</p> <ul style="list-style-type: none"> <li>* Sausage and Cheese on a Biscuit</li> <li>* Chocolate Chip Muffin</li> <li>* Cereal</li> </ul> <p>Fruit and 100% Fruit Juice 1% White Milk, NF Choc. Milk</p>	<p>19</p> <ul style="list-style-type: none"> <li>* Mini Blueberry Pancakes</li> <li>* Frosted Strawberry Pop-Tart with <i>String Cheese!</i></li> <li>* Cereal</li> </ul> <p>Fruit and 100% Fruit Juice 1% White Milk, NF Choc. Milk</p>
<p>22</p> <ul style="list-style-type: none"> <li>* Breakfast Pizza</li> <li><b>NEW</b> Apple Farmer's Market Bar</li> <li>* Cereal</li> </ul> <p>Fruit and 100% Fruit Juice 1% White Milk, NF Choc. Milk</p>	<p>23</p> <ul style="list-style-type: none"> <li>* Bacon, Egg &amp; Cheese Croissant</li> <li>* Honey Bun</li> <li>* Cereal</li> </ul> <p><b>Hash Brown Available Today!</b></p> <p>Fruit and 100% Fruit Juice 1% White Milk, NF Choc. Milk</p>	<p>24</p> <ul style="list-style-type: none"> <li>* French Toast Sticks</li> <li>* Banana Bread</li> <li>* Cereal</li> </ul> <p>Fruit and 100% Fruit Juice 1% White Milk, NF Choc. Milk</p>	<p>25</p> <ul style="list-style-type: none"> <li>* Breakfast Sandwich <i>(Ham, egg and cheese on an English muffin!)</i></li> <li>* Mini Breakfast Bun Bites</li> <li>* Cereal</li> </ul> <p>Fruit and 100% Fruit Juice 1% White Milk, NF Choc. Milk</p>	<p>26</p> <ul style="list-style-type: none"> <li>* Crumb Cake</li> <li>* Pan Dulce</li> <li>* Cereal</li> </ul> <p>Fruit and 100% Fruit Juice 1% White Milk, NF Choc. Milk</p>
<p>29</p> <ul style="list-style-type: none"> <li>* Oatmeal w/ Cinnamon Roll</li> <li>* Mini Chocolate Donuts</li> <li>* Cereal</li> </ul> <p>Fruit and 100% Fruit Juice 1% White Milk, NF Choc. Milk</p>	<p>30</p> <p><b>**</b> Breakfast Burrito <i>(Egg, bacon, cheese, and tots wrapped in a warm tortilla!)</i></p> <ul style="list-style-type: none"> <li>* Chocolate Chip Muffin</li> <li>* Cereal</li> </ul> <p>Fruit and 100% Fruit Juice 1% White Milk, NF Choc. Milk</p>	<p>31</p> <p><b>**</b> Pig in a Blanket <i>(Pancake wrapped pork sausage on a stick!)</i></p> <ul style="list-style-type: none"> <li>* Mini Cinnis</li> <li>* Cereal</li> </ul> <p>Fruit and 100% Fruit Juice 1% White Milk, NF Choc. Milk</p>		