

JANUARY INTERMEDIATE LUNCH MENU

LUNCH PRICE (includes milk): Full price=\$3.00; Reduced price=\$0.40

A la carte drink (without lunch purchase) .50¢

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



8
* Taco Salad w/ Chips
* Cheese Pizza
* WOWButter & Grape Jelly Sandwich (Nut-Free!)
* Popcorn Chicken Bowl
* Corn Dog
Dessert: Apple Fruit Pocket!
Pinto Beans, Side Salad, Fruit

9
* Ham and Cheese Sub
** Pepperoni Pizza Slice
* Meatball Sub
* Broccoli & Cheese Soup with Texas Toast!
* Orange Chicken Bowl
Broccoli, Side Salad, Fruit

10
* Breaded Chicken Salad
* Wild Mike's Cheese Bites
* Mesquite BBQ Drumsticks with Corn Star!
* Chicken Egg Roll with Crispy Noodles!
* Chicken Alfredo w/ Dinner Roll
Green Beans, Side Salad, Fruit

11
* Spicy Ranch Chicken Wrap
** Pepperoni Pizza Slice
* Cheeseburger
* Cheese Ravioli with Garlic Knot!
* Chicken & Cheese Quesadilla
Capri Sun 100% Fruit Juice!
Baby Carrots, Side Salad, Fruit

12
* Chicken Caesar Salad
* Cheese Pizza
* Baja Fish Sticks with Cole Slaw!
* Teriyaki Beef Bowl
* Chicken Bites
French Fries, Side Salad, Fruit

Martin Luther King Day

16
* Turkey and Cheese Sub
** Pepperoni Pizza Slice
* Cheeseburger
* Taco Nada with Spanish Rice!
* Stuffed Mozzarella Sticks
Sweet Beans, Side Salad, Fruit

17
* Chef Salad
* Wild Mike's Cheese Bites
** Breakfast For Lunch (Eggs with bacon and cheese, pancakes, and a hash brown!)
* Chicken Patty Sandwich
* Beef & Cheese Tamale
Green Beans, Side Salad, Fruit

18
* Spicy Ranch Chicken Wrap
** Pepperoni Pizza Slice
* Teriyaki Chicken Bowl
* Bean & Cheese Burrito
* All-Beef Hot Dog with BBQ Baked Chips!
Broccoli, Side Salad, Fruit

19
* Taco Salad w/ Chips
* Cheese Pizza
* Chili Cheese Nachos
* WOWButter & Grape Jelly Sandwich (Nut-Free!)
* Chicken Strips w/ Tater Tots
Baby Carrots, Side Salad, Fruit

22
* Taco Salad w/ Chips
* Cheese Pizza
* Popcorn Chicken Bowl
* Chicken & Cheese Quesadilla
* Corn Dog
Dessert: Apple Fruit Pocket!
Corn, Side Salad, Fruit

23
* Ham and Cheese Sub
** Pepperoni Pizza Slice
* Chicken Alfredo with Dinner Roll!
* Beef Soft Tacos
* Chicken Egg Roll with Crispy Noodles!
Pinto Beans, Side Salad, Fruit

24
* Breaded Chicken Salad
* Orange Chicken Bowl
* Cheeseburger
* Chicken Tortilla Soup with Tortilla Chips!
* Wild Mike's Cheese Bites
Capri Sun 100% Fruit Juice!
Broccoli, Side Salad, Fruit

25
* Spicy Ranch Chicken Wrap
** Pepperoni Pizza Slice
* Mesquite BBQ Drumsticks with Corn Star!
* Meatball Sub
* Beef Nachos
Baby Carrots, Side Salad, Fruit

26
* Chicken Caesar Salad
* Cheese Pizza
* Baja Fishsticks with Oven Fries!
* Spaghetti w/ Meat Sauce with Garlic Knot!
* Beef Pretzel Dog
Dessert: Chocolate Brownie!
Edamame, Side Salad, Fruit

Etwanda Child Nutrition

30
* Turkey and Cheese Sub
** Pepperoni Pizza Slice
* Spicy Chicken Bowl
* Popcorn Chicken with Onion Rings!
* Creamy Chicken Vegetable Soup with Garlic Knot!
Broccoli, Side Salad, Fruit

31
* Asian Chicken Salad
* Wild Mike's Cheese Bites
** Breakfast For Lunch (Eggs with bacon and cheese, pancakes, and a hash brown!)
* Bean & Cheese Burrito
* Pepperoni Mini Calzones
Green Beans, Side Salad, Fruit



USDA Lunch requires students to take 3 of 5 food items, one being a fruit or vegetable. Lunch: \$3.00, includes your choice of milk.

VISIT US ON THE WEB AT:

esdchildnutrition.com

How to pay: Students may bring cash or check. Students may also fund their account via cash or check at anytime. Or, visit www.eszschoolpay.com to use our on-line service. View your students balance and/or make payments. Student's ID# is available from the kitchen manager or school office.

Menu subject to change without notice

Fresh Fruit Offered Daily

** Contains or may contain pork

This institution is an equal opportunity provider.