

# JANUARY BREAKFAST MENU

BREAKFAST PRICE (includes milk and juice): Full price=\$1.50; Reduced price=\$0.30

A la carte drink (without meal purchase) .50¢

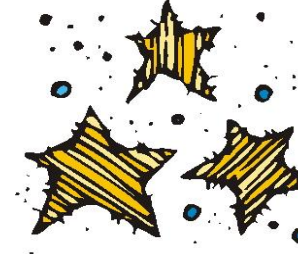
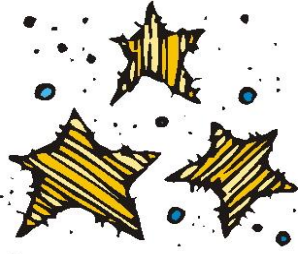
MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



USDA Breakfast requires students to take 3 of 4 food items, one being a fruit or fruit juice.

Breakfast includes: One entrée, fruit, milk, and fruit juice. Cold cereal offered daily.

Seasonal fresh fruit when available.

**VISIT US ON THE WEB AT:**

[esdchildnutrition.com](http://esdchildnutrition.com)

**How to pay:** Students may bring cash or check. Students may also fund their account via cash or check at anytime. Or, visit our online service at [www.eshoolpay.com](http://www.eshoolpay.com) to view your student's balance and make payments. Student's ID# is available from the kitchen manager or school office.

**Menu subject to change without notice**

\*\* Contains or may contain pork

\*\*This institution is an equal opportunity provider.\*\*

8

- \* Mini Blueberry Pancakes
- \* Orange Blossom Muffin Top
- \* Cereal

Fruit and 100% Fruit Juice  
Milk: 1% White, Non-Fat Choc.

9

- \* Breakfast Sandwich (Turkey ham, egg, and cheese on an English muffin!)
- \* Honey Bun
- \* Cereal

Fruit and 100% Fruit Juice  
Milk: 1% White, Non-Fat Choc.

10

- \* Breakfast Pizza (Turkey sausage and cheese)
- \* Old Fashioned Bar
- \* Cereal

Fruit and 100% Fruit Juice  
Milk: 1% White, Non-Fat Choc.

11

- \* Chicken on a Biscuit
- \* Pan Dulce (Sweet Bread)
- \* Cereal

**Hash Brown Available Today!**

Fruit and 100% Fruit Juice  
Milk: 1% White, Non-Fat Choc.

12

- \* Banana Bread
- \* Trix Yogurt with Strawberry Chex!
- \* Cereal

Fruit and 100% Fruit Juice  
Milk: 1% White, Non-Fat Choc.

*Martin Luther King Day*

16

- \* Oatmeal with Blueberry Bar!
- \* Cocoa Oat Chewie Bar
- \* Cereal

Fruit and 100% Fruit Juice  
Milk: 1% White, Non-Fat Choc.

17

- \* Sausage and Cheese on a Biscuit
- \* Chocolate Chip Muffin
- \* Cereal

**Hash Brown Available Today!**

Fruit and 100% Fruit Juice  
Milk: 1% White, Non-Fat Choc.

18

- \* French Toast Sticks
- \* Crumb Cake
- \* Cereal

Fruit and 100% Fruit Juice  
Milk: 1% White, Non-Fat Choc.

19

- \*\* Pig in a Blanket (Pancake wrapped pork sausage on a stick!)
- \* Strawberry Pop-Tart with String Cheese!
- \* Cereal

Fruit and 100% Fruit Juice  
Milk: 1% White, Non-Fat Choc.

22

- \* Pan Dulce (Sweet Bread)
- \* Mini Blueberry Pancakes
- \* Cereal

Fruit and 100% Fruit Juice  
Milk: 1% White, Non-Fat Choc.

23

- \* Breakfast Pizza (Turkey sausage and cheese)
- \* Honey Lemon Loaf
- \* Cereal

Fruit and 100% Fruit Juice  
Milk: 1% White, Non-Fat Choc.

24

- \* Mini French Toast
- \* Old Fashioned Bar
- \* Cereal

Fruit and 100% Fruit Juice  
Milk: 1% White, Non-Fat Choc.

25

- \* Breakfast Sandwich (Turkey ham, egg, and cheese on an English muffin!)
- \* Crumb Cake
- \* Cereal

Fruit and 100% Fruit Juice  
Milk: 1% White, Non-Fat Choc.

26

- \*\* Breakfast Burrito (Eggs, bacon, cheese and tots wrapped in a warm tortilla!)
- \* Chocolate Chip Muffin
- \* Cereal

Fruit and 100% Fruit Juice  
Milk: 1% White, Non-Fat Choc.

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30

- \* Mini Cinnis
- \* Trix Yogurt with Strawberry Chex!
- \* Cereal

Fruit and 100% Fruit Juice  
Milk: 1% White, Non-Fat Choc.

31

- \* Chicken on a Biscuit
- \* Cocoa Oat Chewie Bar
- \* Cereal

**Hash Brown Available Today!**

Fruit and 100% Fruit Juice  
Milk: 1% White, Non-Fat Choc.