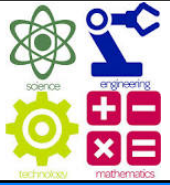




January 2018

BIG BEAR MIDDLE SCHOOL LUNCH



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		
1	* WINTER BREAK	2	WINTER BREAK *	3	* WINTER BREAK	4	* WINTER BREAK	5	* WINTER BREAK	
8	* WINTER BREAK	9	* WINTER BREAK	10	* WINTER BREAK	11	* WINTER BREAK	12	* WINTER BREAK	
15*	HOLIDAY- MARTIN LUTHER KING	16	Mozzarella Sticks & Fruit, Fresh Variety Baby Carrots& Ranch Milk, 1% White Milk, FF Chocolate Milk, Strawberry	17	Taco Salad Fresh Veggies Fruit Cup Milk, FF Chocolate Milk, 1% White Milk, Strawberry	18	Spaghetti Garlic Texas Toast Fresh Veggies Fruit Cup Milk, FF Chocolate Milk, 1% White Milk, Strawberry	19	BBQ Rib Sandwich/w S Potato Wedges Fruit Cup Milk, FF Chocolate Milk, 1% White Milk, Strawberry	
22	Build your Burger Lettuce, Tomato, Pickl Fruit, Apple Milk, 1% White Milk, FF Chocolate Milk, Strawberry	23	Chicken Fajita Taco Fresh Veggies Fruit Cup Milk, FF Chocolate Milk, 1% White Milk, Strawberry	24	Nachos & Salad Bar Fresh Veggies Fruit Cup Milk, FF Chocolate Milk, 1% White Milk, Strawberry	25	Turkey & Gravy-Salad Fresh Veggies Fruit Cup Milk, FF Chocolate Milk, 1% White Milk, Strawberry	26	Teriyaki Chicken w/S Fresh Veggies Fruit Cup Milk, FF Chocolate Milk, 1% White Milk, Strawberry	
29	Popcorn Chicken & Rice, Spanish Style Fresh Veggies Fruit Cup Milk, FF Chocolate Milk, 1% White Milk, Strawberry	30	Spaghetti Garlic Texas Toast Fresh Veggies Fruit Cup Milk, FF Chocolate Milk, 1% White Milk, Strawberry	31	Orange Chicken w/Sal Baby Carrots& Ranch Fruit Cup Milk, 1% White Milk, FF Chocolate Milk, Strawberry					

School News

Lunch Prices:
Reduced NO COST
Full pay \$3.00

Payments can be made at: bearvalleyfs.com or send a check payable to Child Nutrition to your child's school cafeteria. Contact us at 909.866.4406 for assistance

Please complete a new meal application for the 2017-18 school year. Applications are available at your child's school office or you may apply on line- please visit www.lunchapplication.com.



Serving Date	Recipe	Allergens
01/16/2018	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-0281 - Cheeseburger	Eggs, Wheat, Soybeans
	R-1733 - Spicy Chicken Sandwich EL	Wheat, Soybeans
	R-1748 - Garden Salad	Milk, Eggs
	R-1787 - Hamburger, HS	Wheat, Soybeans
	R-2180 - Turkey Wrap	Milk, Eggs
01/17/2018	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-0281 - Cheeseburger	Eggs, Wheat, Soybeans
	R-1733 - Spicy Chicken Sandwich EL	Wheat, Soybeans
	R-1748 - Garden Salad	Milk, Eggs
	R-1787 - Hamburger, HS	Wheat, Soybeans
	R-2180 - Turkey Wrap	Milk, Eggs
01/18/2018	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-0281 - Cheeseburger	Eggs, Wheat, Soybeans
	R-1071 - Spaghetti w/meat sauce	Eggs, Wheat
	R-1165 - Garlic Texas Toast	Milk, Wheat, Soybeans
	R-1733 - Spicy Chicken Sandwich EL	Wheat, Soybeans
	R-1748 - Garden Salad	Milk, Eggs
	R-1787 - Hamburger, HS	Wheat, Soybeans
R-2180 - Turkey Wrap	Milk, Eggs	
01/19/2018	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-0281 - Cheeseburger	Eggs, Wheat, Soybeans
	R-1733 - Spicy Chicken Sandwich EL	Wheat, Soybeans
	R-1748 - Garden Salad	Milk, Eggs
	R-1787 - Hamburger, HS	Wheat, Soybeans
	R-1968 - BBQ Rib Sandwich/w Salad Bar	Wheat
	R-2180 - Turkey Wrap	Milk, Eggs
01/22/2018	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-0281 - Cheeseburger	Eggs, Wheat, Soybeans
	R-1733 - Spicy Chicken Sandwich EL	Wheat, Soybeans
	R-1748 - Garden Salad	Milk, Eggs
	R-1787 - Hamburger, HS	Wheat, Soybeans
	R-2180 - Turkey Wrap	Milk, Eggs
R-2241 - Build your Burger- HS	Eggs, Wheat, Soybeans	

01/23/2018	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-0281 - Cheeseburger	Eggs, Wheat, Soybeans
	R-1733 - Spicy Chicken Sandwich EL	Wheat, Soybeans
	R-1748 - Garden Salad	Milk, Eggs
	R-1787 - Hamburger, HS	Wheat, Soybeans
	R-1815 - Fajitas & Salad Bar	Wheat
	R-2180 - Turkey Wrap	Milk, Eggs
01/24/2018	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-0281 - Cheeseburger	Eggs, Wheat, Soybeans
	R-1733 - Spicy Chicken Sandwich EL	Wheat, Soybeans
	R-1748 - Garden Salad	Milk, Eggs
	R-1787 - Hamburger, HS	Wheat, Soybeans
	R-2180 - Turkey Wrap	Milk, Eggs
	01/25/2018	R-0205 - Milk, 1% White
R-0206 - Milk, FF Chocolate		Milk
R-0281 - Cheeseburger		Eggs, Wheat, Soybeans
R-1733 - Spicy Chicken Sandwich EL		Wheat, Soybeans
R-1748 - Garden Salad		Milk, Eggs
R-1787 - Hamburger, HS		Wheat, Soybeans
R-2180 - Turkey Wrap		Milk, Eggs
01/26/2018		R-0205 - Milk, 1% White
	R-0206 - Milk, FF Chocolate	Milk
	R-0281 - Cheeseburger	Eggs, Wheat, Soybeans
	R-1733 - Spicy Chicken Sandwich EL	Wheat, Soybeans
	R-1748 - Garden Salad	Milk, Eggs
	R-1787 - Hamburger, HS	Wheat, Soybeans
	R-2180 - Turkey Wrap	Milk, Eggs
	01/29/2018	R-0205 - Milk, 1% White
R-0206 - Milk, FF Chocolate		Milk
R-0281 - Cheeseburger		Eggs, Wheat, Soybeans
R-1733 - Spicy Chicken Sandwich EL		Wheat, Soybeans
R-1748 - Garden Salad		Milk, Eggs
R-1787 - Hamburger, HS		Wheat, Soybeans
R-2180 - Turkey Wrap		Milk, Eggs
01/30/2018		R-0205 - Milk, 1% White
	R-0206 - Milk, FF Chocolate	Milk
	R-0281 - Cheeseburger	Eggs, Wheat, Soybeans
	R-1071 - Spaghetti w/meat sauce	Eggs, Wheat
	R-1165 - Garlic Texas Toast	Milk, Wheat, Soybeans
	R-1733 - Spicy Chicken Sandwich EL	Wheat, Soybeans
	R-1748 - Garden Salad	Milk, Eggs
	R-1787 - Hamburger, HS	Wheat, Soybeans
R-2180 - Turkey Wrap	Milk, Eggs	

01/31/2018

R-0205 - Milk, 1% White

R-0206 - Milk, FF Chocolate

R-0281 - Cheeseburger

R-1733 - Spicy Chicken Sandwich EL

R-1748 - Garden Salad

R-1787 - Hamburger, HS

R-1995 - Orange Chicken w/Salad Bar

R-2180 - Turkey Wrap

Milk

Milk

Eggs, Wheat, Soybeans

Wheat, Soybeans

Milk, Eggs

Wheat, Soybeans

Eggs, Wheat, Soybeans

Milk, Eggs