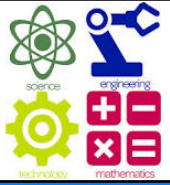




January 2018

MIDDLE SCHOOL BREAKFAST MENU



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1	* WINTER BREAK	2	WINTER BREAK *	3	* WINTER BREAK	4	* WINTER BREAK	5	* WINTER BREAK
8	* WINTER BREAK	9	* WINTER BREAK	10	* WINTER BREAK	11	* WINTER BREAK	12	* WINTER BREAK
15*	HOLIDAY- MARTIN LUTHER KING	16	Pancakes & Sausage Fruit, Fresh Juice, 100% Fruit Milk, 1% White Milk, FF Chocolate Milk, Strawberry	17	Mini Apple Bites Fruit, Fresh Juice, 100% Fruit Milk, FF Chocolate Milk, 1% White Milk, Strawberry	18	Muffin Squares Tater Tots Fruit, Fresh Juice, 100% Fruit Milk, 1% White Milk, FF Chocolate Milk, Strawberry	19	Pan Dulce Fruit Cup Juice, 100% Fruit Milk, 1% White Milk, FF Chocolate Milk, Strawberry
22	Pancake Stick Juice, 100% Fruit Fruit Cup Milk, 1% White Milk, FF Chocolate Milk, Strawberry	23	Sausage Sandwich Fruit, Apple Juice, 100% Fruit Milk, 1% White Milk, FF Chocolate Milk, Strawberry	24	Mini Cinni Tater Tots Fruit Cup Juice, 100% Fruit Milk, 1% White Milk, FF Chocolate Milk, Strawberry	25	Pancakes & Sausage Fruit, Fresh Juice, 100% Fruit Milk, 1% White Milk, FF Chocolate Milk, Strawberry	26	Mini Apple Bites Fruit, Fresh Juice, 100% Fruit Milk, FF Chocolate Milk, 1% White Milk, Strawberry
29	Muffin Squares Tater Tots Fruit, Fresh Juice, 100% Fruit Milk, 1% White Milk, FF Chocolate Milk, Strawberry	30	Pancakes & Sausage Fruit, Fresh Juice, 100% Fruit Milk, 1% White Milk, FF Chocolate Milk, Strawberry	31	French Toast Juice, 100% Fruit Milk, 1% White Milk, FF Chocolate Milk, Strawberry				

School News

Breakfast Prices:
Reduced NO COST
Full pay \$1.50

Payments can be made at: bearvalleyfs.com or send a check payable to Child Nutrition to your child's school cafeteria. Contact us at 909.866.4406 for assistance

Please complete a new meal application for the 2017-18 school year. Applications are available at your child's school office or you may apply on line- please visit www.lunchapplication.com.



Serving Date	Recipe	Allergens
01/16/2018	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-1179 - Benefit Bar, Breakfast	Milk, Eggs, Wheat, Soybeans
	R-1225 - Muffin, Double Chocolate	Eggs, Wheat
	R-1227 - Breakfast Poptart	Wheat, Soybeans
	R-1926 - Yogurt, Trix	Milk
01/17/2018	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-1132 - Cereal & Crackers	Wheat, Soybeans
	R-1179 - Benefit Bar, Breakfast	Milk, Eggs, Wheat, Soybeans
	R-1225 - Muffin, Double Chocolate	Eggs, Wheat
	R-1227 - Breakfast Poptart	Wheat, Soybeans
01/18/2018	R-1926 - Yogurt, Trix	Milk
	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-1132 - Cereal & Crackers	Wheat, Soybeans
	R-1179 - Benefit Bar, Breakfast	Milk, Eggs, Wheat, Soybeans
	R-1225 - Muffin, Double Chocolate	Eggs, Wheat
01/19/2018	R-1227 - Breakfast Poptart	Wheat, Soybeans
	R-1926 - Yogurt, Trix	Milk
	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-1132 - Cereal & Crackers	Wheat, Soybeans
	R-1179 - Benefit Bar, Breakfast	Milk, Eggs, Wheat, Soybeans
01/22/2018	R-1225 - Muffin, Double Chocolate	Eggs, Wheat
	R-1227 - Breakfast Poptart	Wheat, Soybeans
	R-1926 - Yogurt, Trix	Milk
	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-1132 - Cereal & Crackers	Wheat, Soybeans
01/23/2018	R-1179 - Benefit Bar, Breakfast	Milk, Eggs, Wheat, Soybeans
	R-1225 - Muffin, Double Chocolate	Eggs, Wheat
	R-1227 - Breakfast Poptart	Wheat, Soybeans
	R-1926 - Yogurt, Trix	Milk
	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
01/23/2018	R-1132 - Cereal & Crackers	Wheat, Soybeans
	R-1179 - Benefit Bar, Breakfast	Milk, Eggs, Wheat, Soybeans
	R-1225 - Muffin, Double Chocolate	Eggs, Wheat
	R-1227 - Breakfast Poptart	Wheat, Soybeans
	R-1926 - Yogurt, Trix	Milk

01/23/2018	R-1227 - Breakfast Poptart	Wheat, Soybeans
	R-1926 - Yogurt, Trix	Milk
01/24/2018	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-1126 - Mini Cinni	Milk, Wheat
	R-1132 - Cereal & Crackers	Wheat, Soybeans
	R-1179 - Benefit Bar, Breakfast	Milk, Eggs, Wheat, Soybeans
	R-1225 - Muffin, Double Chocolate	Eggs, Wheat
	R-1227 - Breakfast Poptart	Wheat, Soybeans
	R-1926 - Yogurt, Trix	Milk
01/25/2018	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-1132 - Cereal & Crackers	Wheat, Soybeans
	R-1179 - Benefit Bar, Breakfast	Milk, Eggs, Wheat, Soybeans
	R-1225 - Muffin, Double Chocolate	Eggs, Wheat
	R-1227 - Breakfast Poptart	Wheat, Soybeans
	R-1926 - Yogurt, Trix	Milk
01/26/2018	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-0803 - Bagel & Cream	Wheat
	R-1132 - Cereal & Crackers	Wheat, Soybeans
	R-1179 - Benefit Bar, Breakfast	Milk, Eggs, Wheat, Soybeans
	R-1225 - Muffin, Double Chocolate	Eggs, Wheat
	R-1227 - Breakfast Poptart	Wheat, Soybeans
	R-1926 - Yogurt, Trix	Milk
01/29/2018	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-1132 - Cereal & Crackers	Wheat, Soybeans
	R-1179 - Benefit Bar, Breakfast	Milk, Eggs, Wheat, Soybeans
	R-1225 - Muffin, Double Chocolate	Eggs, Wheat
	R-1227 - Breakfast Poptart	Wheat, Soybeans
	R-1926 - Yogurt, Trix	Milk
01/30/2018	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-1132 - Cereal & Crackers	Wheat, Soybeans
	R-1179 - Benefit Bar, Breakfast	Milk, Eggs, Wheat, Soybeans
	R-1225 - Muffin, Double Chocolate	Eggs, Wheat
	R-1227 - Breakfast Poptart	Wheat, Soybeans
	R-1926 - Yogurt, Trix	Milk
01/31/2018	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-0803 - Bagel & Cream	Wheat
	R-1132 - Cereal & Crackers	Wheat, Soybeans
	R-1179 - Benefit Bar, Breakfast	Milk, Eggs, Wheat, Soybeans
	R-1225 - Muffin, Double Chocolate	Eggs, Wheat

01/31/2018

R-1227 - Breakfast Poptart

R-1926 - Yogurt, Trix

Wheat, Soybeans

Milk