



January 2018

HIGH SCHOOL LUNCH MENU



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1	* WINTER BREAK	2	WINTER BREAK *	3	* WINTER BREAK	4	* WINTER BREAK	5	* WINTER BREAK
8	* WINTER BREAK	9	* WINTER BREAK	10	* WINTER BREAK	11	* WINTER BREAK	12	* WINTER BREAK
15*	HOLIDAY- MARTIN LUTHER KING	16	Baked Potato Bar Cheeseburger Spicy Chicken Patty Pizza Pep Wedge Orange Chicken PBJ Combo Turkey & Cheese Sub Yogurt-Strwberry/Ban Bean & Cheese Chimi	17	Italian Meatball Sub Cheeseburger Spicy Chicken Patty Pizza Pep Wedge Orange Chicken PBJ Combo Turkey & Cheese Sub Yogurt-Strwberry/Ban Bean & Cheese Chimi	18	Roasted Chicken w/Sa Cheeseburger Spicy Chicken Patty Pizza Pep Wedge Orange Chicken PBJ Combo Turkey & Cheese Sub Yogurt-Strwberry/Ban Bean & Cheese Chimi	19	Nacho Supreme Cheeseburger Spicy Chicken Patty Pizza Pep Wedge Orange Chicken PBJ Combo Turkey & Cheese Sub Yogurt-Strwberry/Ban Bean & Cheese Chimi
22	Build your Burger Cheeseburger Spicy Chicken Patty Pizza Pep Wedge Orange Chicken PBJ Combo Turkey & Cheese Sub Yogurt-Strwberry/Ban Bean & Cheese Chimi	23	BBQ Rib Sandwich w/S Cheeseburger Spicy Chicken Patty Pizza Pep Wedge Orange Chicken PBJ Combo Turkey & Cheese Sub Yogurt-Strwberry/Ban Bean & Cheese Chimi	24	Chicken Parmesan w/ Cheeseburger Spicy Chicken Patty Pizza Pep Wedge Orange Chicken PBJ Combo Turkey & Cheese Sub Yogurt-Strwberry/Ban Bean & Cheese Chimi	25	Build Y-O Taco Salad Cheeseburger Spicy Chicken Patty Pizza Pep Wedge Orange Chicken PBJ Combo Turkey & Cheese Sub Yogurt-Strwberry/Ban Bean & Cheese Chimi	26	Teriyaki Chicken, Cheeseburger Spicy Chicken Patty Pizza Pep Wedge Orange Chicken PBJ Combo Turkey & Cheese Sub Yogurt-Strwberry/Ban Bean & Cheese Chimi
29	Salad, Enchrito Burr Cheeseburger Spicy Chicken Patty Pizza Pep Wedge Orange Chicken PBJ Combo Turkey & Cheese Sub Yogurt-Strwberry/Ban Bean & Cheese Chimi	30	Spaghetti w/Salad Cheeseburger Spicy Chicken Patty Pizza Pep Wedge Orange Chicken PBJ Combo Turkey & Cheese Sub Yogurt-Strwberry/Ban Bean & Cheese Chimi	31	Taco Bar Cheeseburger Spicy Chicken Patty Pizza Pep Wedge Orange Chicken PBJ Combo Turkey & Cheese Sub Yogurt-Strwberry/Ban Bean & Cheese Chimi				

School News

Lunch Prices:
Reduced NO COST
Full pay \$3.00
Adults: \$4.00

Available Daily: Salad bar, fresh fruit/vegetables, potato wedges, bean salad and a choice of milk. Payments can be made at: bearvalleyfs.com or send a check payable to Child Nutrition to your child's school cafeteria. Contact us at 909.866.4406

* Menu may change due to product availability*



Serving Date	Recipe	Allergens
01/16/2018	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-0281 - Cheeseburger	Eggs, Wheat, Soybeans
	R-1249 - Spicy Chicken Patty	Wheat, Soybeans
	R-1535 - Orange Chicken	Eggs, Wheat, Soybeans
	R-1748 - Garden Salad	Milk, Eggs
	R-1752 - Baby Carrots-	Milk, Eggs
	R-1787 - Hamburger, HS	Wheat, Soybeans
	R-2002 - Baked Potato Bar	Milk, Wheat
	R-2082 - PBJ Combo	Peanuts, Wheat, Soybeans
01/17/2018	R-2160 - Turkey & Cheese Sub HS	Eggs
	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-0281 - Cheeseburger	Eggs, Wheat, Soybeans
	R-1249 - Spicy Chicken Patty	Wheat, Soybeans
	R-1535 - Orange Chicken	Eggs, Wheat, Soybeans
	R-1748 - Garden Salad	Milk, Eggs
	R-1752 - Baby Carrots-	Milk, Eggs
	R-1787 - Hamburger, HS	Wheat, Soybeans
	R-2082 - PBJ Combo	Peanuts, Wheat, Soybeans
01/18/2018	R-2160 - Turkey & Cheese Sub HS	Eggs
	R-2231 - Italian Meatball Sub	Wheat, Soybeans
	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-0281 - Cheeseburger	Eggs, Wheat, Soybeans
	R-1249 - Spicy Chicken Patty	Wheat, Soybeans
	R-1535 - Orange Chicken	Eggs, Wheat, Soybeans
	R-1748 - Garden Salad	Milk, Eggs
	R-1752 - Baby Carrots-	Milk, Eggs
	R-1787 - Hamburger, HS	Wheat, Soybeans
01/19/2018	R-2082 - PBJ Combo	Peanuts, Wheat, Soybeans
	R-2160 - Turkey & Cheese Sub HS	Eggs
	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-0281 - Cheeseburger	Eggs, Wheat, Soybeans
	R-1249 - Spicy Chicken Patty	Wheat, Soybeans
	R-1535 - Orange Chicken	Eggs, Wheat, Soybeans
	R-1748 - Garden Salad	Milk, Eggs
	R-1752 - Baby Carrots-	Milk, Eggs

01/19/2018	R-1787 - Hamburger, HS	Wheat, Soybeans
	R-2082 - PBJ Combo	Peanuts, Wheat, Soybeans
	R-2160 - Turkey & Cheese Sub HS	Eggs
01/22/2018	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-0281 - Cheeseburger	Eggs, Wheat, Soybeans
	R-1249 - Spicy Chicken Patty	Wheat, Soybeans
	R-1535 - Orange Chicken	Eggs, Wheat, Soybeans
	R-1748 - Garden Salad	Milk, Eggs
	R-1752 - Baby Carrots-	Milk, Eggs
	R-1787 - Hamburger, HS	Wheat, Soybeans
	R-2082 - PBJ Combo	Peanuts, Wheat, Soybeans
	R-2160 - Turkey & Cheese Sub HS	Eggs
01/23/2018	R-2241 - Build your Burger- HS	Eggs, Wheat, Soybeans
	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-0281 - Cheeseburger	Eggs, Wheat, Soybeans
	R-1249 - Spicy Chicken Patty	Wheat, Soybeans
	R-1535 - Orange Chicken	Eggs, Wheat, Soybeans
	R-1748 - Garden Salad	Milk, Eggs
	R-1752 - Baby Carrots-	Milk, Eggs
	R-1787 - Hamburger, HS	Wheat, Soybeans
	R-1968 - BBQ Rib Sandwich/w Salad Bar	Wheat
01/24/2018	R-2082 - PBJ Combo	Peanuts, Wheat, Soybeans
	R-2160 - Turkey & Cheese Sub HS	Eggs
	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-0281 - Cheeseburger	Eggs, Wheat, Soybeans
	R-1249 - Spicy Chicken Patty	Wheat, Soybeans
	R-1535 - Orange Chicken	Eggs, Wheat, Soybeans
	R-1748 - Garden Salad	Milk, Eggs
	R-1752 - Baby Carrots-	Milk, Eggs
	R-1787 - Hamburger, HS	Wheat, Soybeans
01/25/2018	R-1828 - Chicken Parmesan w/ Salad	Eggs, Wheat
	R-2082 - PBJ Combo	Peanuts, Wheat, Soybeans
	R-2160 - Turkey & Cheese Sub HS	Eggs
	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-0281 - Cheeseburger	Eggs, Wheat, Soybeans
	R-1249 - Spicy Chicken Patty	Wheat, Soybeans
	R-1535 - Orange Chicken	Eggs, Wheat, Soybeans
	R-1748 - Garden Salad	Milk, Eggs
	R-1752 - Baby Carrots-	Milk, Eggs
R-1787 - Hamburger, HS	Wheat, Soybeans	
R-2082 - PBJ Combo	Peanuts, Wheat, Soybeans	

01/25/2018	R-2160 - Turkey & Cheese Sub HS	Eggs
01/26/2018	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-0281 - Cheeseburger	Eggs, Wheat, Soybeans
	R-1249 - Spicy Chicken Patty	Wheat, Soybeans
	R-1535 - Orange Chicken	Eggs, Wheat, Soybeans
	R-1748 - Garden Salad	Milk, Eggs
	R-1752 - Baby Carrots-	Milk, Eggs
	R-1787 - Hamburger, HS	Wheat, Soybeans
	R-2082 - PBJ Combo	Peanuts, Wheat, Soybeans
	R-2160 - Turkey & Cheese Sub HS	Eggs
01/29/2018	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-0281 - Cheeseburger	Eggs, Wheat, Soybeans
	R-1249 - Spicy Chicken Patty	Wheat, Soybeans
	R-1535 - Orange Chicken	Eggs, Wheat, Soybeans
	R-1748 - Garden Salad	Milk, Eggs
	R-1752 - Baby Carrots-	Milk, Eggs
	R-1787 - Hamburger, HS	Wheat, Soybeans
	R-2082 - PBJ Combo	Peanuts, Wheat, Soybeans
	R-2160 - Turkey & Cheese Sub HS	Eggs
01/30/2018	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-0281 - Cheeseburger	Eggs, Wheat, Soybeans
	R-1249 - Spicy Chicken Patty	Wheat, Soybeans
	R-1535 - Orange Chicken	Eggs, Wheat, Soybeans
	R-1748 - Garden Salad	Milk, Eggs
	R-1752 - Baby Carrots-	Milk, Eggs
	R-1787 - Hamburger, HS	Wheat, Soybeans
	R-1967 - Spaghetti w/Salad Bar	Eggs, Wheat
	R-2082 - PBJ Combo	Peanuts, Wheat, Soybeans
01/31/2018	R-2160 - Turkey & Cheese Sub HS	Eggs
	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-0281 - Cheeseburger	Eggs, Wheat, Soybeans
	R-1249 - Spicy Chicken Patty	Wheat, Soybeans
	R-1535 - Orange Chicken	Eggs, Wheat, Soybeans
	R-1748 - Garden Salad	Milk, Eggs
	R-1752 - Baby Carrots-	Milk, Eggs
	R-1787 - Hamburger, HS	Wheat, Soybeans
	R-2082 - PBJ Combo	Peanuts, Wheat, Soybeans
R-2160 - Turkey & Cheese Sub HS	Eggs	