



October 2017

BREAKFAST MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Cereal Bar, Fruity Yogurt, Trix Fruit, Apple Sauce Juice, 100% Fruit Milk, 1% White Milk, FF Chocolate	3 Pop Tart- Breakfast Cereal & Crackers Fruit, Apple Sauce Juice, 100% Fruit Milk, 1% White Milk, FF Chocolate	4 Pan Dulce Fruit Cup Cereal & Crackers Juice, 100% Fruit Milk, 1% White Milk, FF Chocolate	5 Cereal & Crackers Bagel & Cream Ch 2oz Fruit Cup Juice, 100% Fruit Milk, 1% White Milk, FF Chocolate	6 Mini Pancakes-Maple Fruit Cup Cereal & Crackers Juice, 100% Fruit Milk, 1% White Milk, FF Chocolate
9 * FALL BREAK	10 * FALL BREAK	11 * FALL BREAK	12 * FALL BREAK	13 * FALL BREAK
16 * FALL BREAK	17 * FALL BREAK	18 * FALL BREAK	19 * FALL BREAK	20 * FALL BREAK
23 Muffin Squares Fruit, Diced Pears Cereal & Crackers Juice, 100% Fruit Milk, 1% White Milk, FF Chocolate	24 Mini Cinn Roll Blueberries Cereal & Crackers Juice, 100% Fruit Milk, 1% White Milk, FF Chocolate	25 PB&J Wafer Bar Fruit Cup Cereal & Crackers Juice, 100% Fruit Milk, 1% White Milk, FF Chocolate	26 Benefit Bar Cereal & Crackers Fruit, Apple Sauce Juice, 100% Fruit Milk, 1% White Milk, FF Chocolate	27 Bagel & Cream Ch 2oz Fruit Cup Cereal & Crackers Juice, 100% Fruit Milk, 1% White Milk, FF Chocolate
30 Cereal Bar, Fruity Yogurt, Trix Fruit, Apple Sauce Juice, 100% Fruit Milk, 1% White Milk, FF Chocolate	31 Pop Tart- Breakfast Cereal & Crackers Fruit, Apple Sauce Juice, 100% Fruit Milk, 1% White Milk, FF Chocolate			

School News

Enjoy Fall Break!
Lunch Prices:
Reduced NO COST
Full pay \$2.55

Payments can be made at: bearvalleyfs.com or send a check payable to Child Nutrition to your child's school cafeteria. Contact us at 909.866.4406 for assistance

Please complete a new meal application for the 2017-18 school year. Applications are available at your child's school office or you may apply on line- please visit www.lunchapplication.com.

* Menu may change *



Serving Date	Recipe	Allergens
10/02/2017	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-1132 - Cereal & Crackers	Wheat, Soybeans
	R-1926 - Yogurt, Trix	Milk
10/03/2017	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-1132 - Cereal & Crackers	Wheat, Soybeans
10/04/2017	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-1132 - Cereal & Crackers	Wheat, Soybeans
10/05/2017	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-1132 - Cereal & Crackers	Wheat, Soybeans
10/06/2017	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-1129 - Mini Pancakes-Maple	Milk, Eggs, Wheat
	R-1132 - Cereal & Crackers	Wheat, Soybeans
10/23/2017	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-1132 - Cereal & Crackers	Wheat, Soybeans
10/24/2017	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-1126 - Mini Cinni	Milk, Wheat
	R-1132 - Cereal & Crackers	Wheat, Soybeans
10/25/2017	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-1132 - Cereal & Crackers	Wheat, Soybeans
	R-1441 - PB&J Wafer Bar	Peanuts, Wheat, Soybeans
10/26/2017	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-1132 - Cereal & Crackers	Wheat, Soybeans
	R-1179 - Benefit Bar, Breakfast	Milk, Eggs, Wheat, Soybeans
10/27/2017	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-1132 - Cereal & Crackers	Wheat, Soybeans
10/30/2017	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-1132 - Cereal & Crackers	Wheat, Soybeans
	R-1926 - Yogurt, Trix	Milk

10/31/2017

R-0205 - Milk, 1% White

R-0206 - Milk, FF Chocolate

R-1132 - Cereal & Crackers

Milk

Milk

Wheat, Soybeans