



October 2017

ELEMENTARY LUNCH MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Cheese Tamale All Beef Hot Dog- Fruit Cup X-Ray Vision Carrots Chili Pinto Beans Milk, 1% White Milk, FF Chocolate Milk, Strawberry	3 Spaghetti&Meat Sauce Garlic Texas Toast Cherry tomatoes Yogurt n' String Ch Fruit Cup Milk, 1% White Milk, FF Chocolate Milk, Strawberry	4 Cheeseburger Lettuce, Tomato, Pickl Xtreme Burrito Fruit, Blueberries Milk, 1% White Milk, FF Chocolate Milk, Strawberry	5 Mac & Cheese Gold Fish Cheddar BBQ Rib Sandwich- Fruit Cup Potato Wedges Milk, 1% White Milk, FF Chocolate Milk, Strawberry	6 Chicken Nuggets- Steamed Corn PB&J Uncrustable Fruit Cup Milk, 1% White Milk, FF Chocolate Milk, Strawberry
9 * FALL BREAK	10 * FALL BREAK	11 * FALL BREAK	12 * FALL BREAK	13 * FALL BREAK
16 * FALL BREAK	17 * FALL BREAK	18 * FALL BREAK	19 * FALL BREAK	20 * FALL BREAK
23 Nachos Corn Dog Fruit Cup Chili Pinto Beans Milk, 1% White Milk, FF Chocolate Milk, Strawberry	24 Cheeseburger Grilled Cheese Fruit Cup Potato Wedges Milk, 1% White Milk, FF Chocolate Milk, Strawberry	25 Xtreme Burrito Garden Salad Fruit, Diced Peaches Milk, 1% White Milk, FF Chocolate Milk, Strawberry	26 Chicken Nuggets Pretzel n' Cheese Fruit Cup Celery Sticks Milk, FF Chocolate Milk, 1% White Milk, Strawberry	27 Homemade Chili Beans Corn bread muffin Cheese Pizza, Wedge Fruit Cup Milk, 1% White Milk, FF Chocolate Milk, Strawberry
30 Macaroni & Cheese WG Loaded Turkey Sand Fruit, Blueberries Potato Wedges Milk, 1% White Milk, FF Chocolate Milk, Strawberry	31 Hot n' Spicy Sandwic Mozzarella Sticks Fruit, Fresh Garden Salad Milk, 1% White Milk, FF Chocolate Milk, Strawberry			

School News

Welcome Back
Students and
Families!!

Lunch Prices:
Reduced NO COST
Full pay \$2.55

Payments can be made
at: bearvalleyfs.com or
send a check payable
to Child Nutrition to
your child's school
cafeteria. Contact us
at 909.866.4406 for
assistance

Please complete a new
meal application for
the 2017-18 school
year. Applications are
available at your
child's school office or
you may apply on line-
please visit
www.lunchapplication.com.



Serving Date	Recipe	Allergens
10/02/2017	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-0708 - All Beef Hot Dog	Wheat, Soybeans
	R-1600 - Cheese Tamale	Milk
	R-1752 - Baby Carrots-	Milk, Eggs
10/03/2017	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-1071 - Spaghetti w/meat sauce	Eggs, Wheat
	R-1165 - Garlic Texas Toast	Milk, Wheat, Soybeans
	R-1748 - Garden Salad	Milk, Eggs
10/04/2017	R-2212 - Yogurt Combo	Milk, Wheat, Soybeans
	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
10/05/2017	R-0281 - Cheeseburger	Eggs, Wheat, Soybeans
	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-0211 - Macaroni & Cheese	Milk, Eggs
	R-0608 - BBQ Rib Sandwich	Wheat
10/06/2017	R-1100 - Gold Fish Cheddar	Milk, Wheat
	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-1785 - PB&J, String Cheese	Peanuts, Wheat
10/23/2017	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
10/24/2017	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-0281 - Cheeseburger	Eggs, Wheat, Soybeans
	R-1068 - Grilled Cheese	Milk, Wheat, Soybeans
10/25/2017	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-1408 - Grilled Chicken Sandwich	Eggs, Wheat
	R-1748 - Garden Salad	Milk, Eggs
10/26/2017	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-0470 - Celery Sticks	TreeNuts, Peanuts
10/27/2017	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-1112 - Corn bread muffin	Milk, Eggs, Wheat
	R-1752 - Baby Carrots-	Milk, Eggs

10/30/2017	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-0211 - Macaroni & Cheese	Milk, Eggs
	R-1765 - Loaded Turkey Sandwich	Eggs
10/31/2017	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-1730 - Hot n' Spicy Chicken	Wheat, Soybeans
	R-1748 - Garden Salad	Milk, Eggs