



# September 2017

## BREAKFAST MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Mini Pancakes-Maple Fruit Cup Cereal & Crackers Juice, 100% Fruit Milk, 1% White Milk, FF Chocolate
4 * HOLIDAY-LABOR DAY	5 Mini Cinn Roll Blueberries Cereal & Crackers Juice, 100% Fruit Milk, 1% White Milk, FF Chocolate	6 Pop Tart- Breakfast Cereal & Crackers Fruit, Apple Sauce Juice, 100% Fruit Milk, 1% White Milk, FF Chocolate	7 Mini Pancakes-Maple Fruit Cup Cereal & Crackers Juice, 100% Fruit Milk, 1% White Milk, FF Chocolate	8 Yogurt, Trix Granola Packs Fruit Cup Cereal & Crackers Juice, 100% Fruit Milk, 1% White Milk, FF Chocolate
11 Cereal, Bar Yogurt, Trix Cereal & Crackers Fruit, Apple Sauce Juice, 100% Fruit Milk, 1% White Milk, FF Chocolate	12 Pop Tart- Breakfast Cereal & Crackers Fruit, Apple Sauce Juice, 100% Fruit Milk, 1% White Milk, FF Chocolate	13 Pan Dulce Fruit Cup Cereal & Crackers Juice, 100% Fruit Milk, 1% White Milk, FF Chocolate	14 Chocolate Waffles Blueberries Cereal & Crackers Juice, 100% Fruit Milk, 1% White Milk, FF Chocolate	15 Mini Pancakes-Maple Fruit Cup Cereal & Crackers Juice, 100% Fruit Milk, 1% White Milk, FF Chocolate
18 Muffin Squares Fruit, Diced Pears Cereal & Crackers Juice, 100% Fruit Milk, 1% White Milk, FF Chocolate	19 Mini Cinn Roll Blueberries Cereal & Crackers Juice, 100% Fruit Milk, 1% White Milk, FF Chocolate	20 Pop Tart- Breakfast Cereal & Crackers Fruit, Apple Sauce Juice, 100% Fruit Milk, 1% White Milk, FF Chocolate	21 Mini Pancakes-Maple Fruit Cup Cereal & Crackers Juice, 100% Fruit Milk, 1% White Milk, FF Chocolate	22 Yogurt, Trix Granola Packs Fruit Cup Cereal & Crackers Juice, 100% Fruit Milk, 1% White Milk, FF Chocolate
25 Cereal, Bar Yogurt, Trix Cereal & Crackers Fruit, Apple Sauce Juice, 100% Fruit Milk, 1% White Milk, FF Chocolate	26 Pop Tart- Breakfast Cereal & Crackers Fruit, Apple Sauce Juice, 100% Fruit Milk, 1% White Milk, FF Chocolate	27 Pan Dulce Fruit Cup Cereal & Crackers Juice, 100% Fruit Milk, 1% White Milk, FF Chocolate	28 Chocolate Waffles Blueberries Cereal & Crackers Juice, 100% Fruit Milk, 1% White Milk, FF Chocolate	29 Mini Pancakes-Maple Fruit Cup Cereal & Crackers Juice, 100% Fruit Milk, 1% White Milk, FF Chocolate

### School News

Welcome Back  
Students and  
Families!!

Lunch Prices:  
Reduced NO COST  
Full pay \$2.55

Payments can be made  
at: [bearvalleyfs.com](http://bearvalleyfs.com) or  
send a check payable  
to Child Nutrition to  
your child's school  
cafeteria. Contact us  
at 909.866.4406 for  
assistance

Please complete a new  
meal application for  
the 2017-18 school  
year. Applications are  
available at your  
child's school office or  
you may apply on line-  
please visit  
[www.lunchapplication.com](http://www.lunchapplication.com).

\* Menu may change \*



Serving Date	Recipe	Allergens
09/01/2017	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-1129 - Mini Pancakes-Maple	Milk, Eggs, Wheat
	R-1132 - Cereal & Crackers	Wheat, Soybeans
09/05/2017	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-1126 - Mini Cinni	Milk, Wheat
	R-1132 - Cereal & Crackers	Wheat, Soybeans
09/06/2017	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-1132 - Cereal & Crackers	Wheat, Soybeans
09/07/2017	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-1129 - Mini Pancakes-Maple	Milk, Eggs, Wheat
	R-1132 - Cereal & Crackers	Wheat, Soybeans
09/08/2017	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-1132 - Cereal & Crackers	Wheat, Soybeans
	R-1926 - Yogurt, Trix	Milk
09/11/2017	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-1132 - Cereal & Crackers	Wheat, Soybeans
	R-1926 - Yogurt, Trix	Milk
09/12/2017	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-1132 - Cereal & Crackers	Wheat, Soybeans
09/13/2017	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-1132 - Cereal & Crackers	Wheat, Soybeans
09/14/2017	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-1132 - Cereal & Crackers	Wheat, Soybeans
09/15/2017	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-1129 - Mini Pancakes-Maple	Milk, Eggs, Wheat
	R-1132 - Cereal & Crackers	Wheat, Soybeans
09/18/2017	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-1132 - Cereal & Crackers	Wheat, Soybeans

09/19/2017	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-1126 - Mini Cinni	Milk, Wheat
	R-1132 - Cereal & Crackers	Wheat, Soybeans
09/20/2017	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-1132 - Cereal & Crackers	Wheat, Soybeans
09/21/2017	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-1129 - Mini Pancakes-Maple	Milk, Eggs, Wheat
	R-1132 - Cereal & Crackers	Wheat, Soybeans
09/22/2017	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-1132 - Cereal & Crackers	Wheat, Soybeans
	R-1926 - Yogurt, Trix	Milk
09/25/2017	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-1132 - Cereal & Crackers	Wheat, Soybeans
	R-1926 - Yogurt, Trix	Milk
09/26/2017	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-1132 - Cereal & Crackers	Wheat, Soybeans
09/27/2017	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-1132 - Cereal & Crackers	Wheat, Soybeans
09/28/2017	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-1132 - Cereal & Crackers	Wheat, Soybeans
09/29/2017	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-1129 - Mini Pancakes-Maple	Milk, Eggs, Wheat
	R-1132 - Cereal & Crackers	Wheat, Soybeans