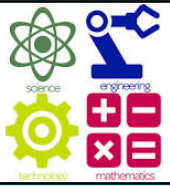




September 2017

BIG BEAR MIDDLE SCHOOL LUNCH



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Tacos & Spanish Rice Fruit Cup Cucumber Slices Milk, 1% White Milk, FF Chocolate Milk, Strawberry
4 * HOLIDAY-LABOR DAY	5 Popcorn Chicken & Rice, Spanish Style Fruit, Fresh Variety Fresh Veggies Milk, FF Chocolate Milk, 1% White Milk, Strawberry	6 Deli Sandwich& Chips Fruit Cup Baby Carrots& Ranch Milk, 1% White Milk, FF Chocolate Milk, Strawberry	7 BBQ Rib Sandwich w/S Potato Wedges Fruit, Fresh Variety Garden Salad Milk, 1% White Milk, FF Chocolate Milk, Strawberry	8 Build your Burger Cucumber Slices Fruit Cup Milk, 1% White Milk, FF Chocolate Milk, Strawberry
11 Pretzel n' Cheese w/ Fruit, Fresh Variety Garden Salad Milk, 1% White Milk, FF Chocolate Milk, Strawberry	12 Nachos & Salad Bar Fruit, Fresh Variety Garden Salad Milk, 1% White Milk, FF Chocolate Milk, Strawberry	13 Grilled Chicken Sand Fresh Veggies Fruit Cup Milk, FF Chocolate Milk, 1% White Milk, Strawberry Orange Chicken-MS	14 Double Dogs w/Salad Potato Wedges Fruit, Fresh Variety Milk, 1% White Milk, FF Chocolate Milk, Strawberry	15 Spicy Popcorn CKN Rice, Spanish Style Fruit Cup Milk, FF Chocolate Milk, 1% White Milk, Strawberry
18 Spaghetti Garlic Texas Toast Fruit, Fresh Variety Garden Salad Milk, 1% White Milk, FF Chocolate Milk, Strawberry	19 Mozzarella Sticks & Fresh Veggies Fruit Cup Milk, FF Chocolate Milk, 1% White Milk, Strawberry	20 Pretzel, n'Salad Bar Fruit Cup Garden Salad Milk, 1% White Milk, FF Chocolate Milk, Strawberry	21 PB&J w/ Salad Bar Fruit, Fresh Variety Garden Salad Milk, 1% White Milk, FF Chocolate Milk, Strawberry Fruit Cup	22 Spicy Popcorn CKN Rice, Spanish Style Fruit Cup Cucumber Slices Milk, 1% White Milk, FF Chocolate Milk, Strawberry
25 Enchrito Burrito w/ Fruit, Fresh Variety Baby Carrots& Ranch Milk, 1% White Milk, FF Chocolate Milk, Strawberry	26 Tacos & Salad Bar Rice, Spanish Style Sliced Bell Peppers Fruit Cup Milk, 1% White Milk, FF Chocolate Milk, Strawberry	27 Macaroni and Cheese Fruit Cup Garden Salad Milk, 1% White Milk, FF Chocolate Milk, Strawberry	28 Orange Chicken w/Sal Fruit, Grapes Baby Carrots& Ranch Milk, 1% White Milk, FF Chocolate Milk, Strawberry	29 Double Dogs w/Salad Potato Wedges Fresh Veggies Fruit Cup Milk, FF Chocolate Milk, 1% White Milk, Strawberry

School News

Welcome Back
Students and
Families!!

Lunch Prices:
Reduced NO COST
Full pay \$3.00

Payments can be made
at: bearvalleyfs.com or
send a check payable
to Child Nutrition to
your child's school
cafeteria. Contact us
at 909.866.4406 for
assistance

Please complete a new
meal application for
the 2017-18 school
year. Applications are
available at your
child's school office or
you may apply on line-
please visit
www.lunchapplication.com.



Serving Date	Recipe	Allergens
09/01/2017	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-0281 - Cheeseburger	Eggs, Wheat, Soybeans
	R-0404 - ORANGE CHICKEN MS/HS	Eggs, Wheat, Soybeans
	R-1733 - Spicy Chicken Sandwich EL	Wheat, Soybeans
	R-1748 - Garden Salad	Milk, Eggs
	R-1787 - Hamburger, HS	Wheat, Soybeans
	R-2180 - Turkey Wrap	Milk, Eggs
09/05/2017	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-0281 - Cheeseburger	Eggs, Wheat, Soybeans
	R-0404 - ORANGE CHICKEN MS/HS	Eggs, Wheat, Soybeans
	R-1733 - Spicy Chicken Sandwich EL	Wheat, Soybeans
	R-1748 - Garden Salad	Milk, Eggs
	R-1787 - Hamburger, HS	Wheat, Soybeans
	R-2180 - Turkey Wrap	Milk, Eggs
09/06/2017	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-0281 - Cheeseburger	Eggs, Wheat, Soybeans
	R-0404 - ORANGE CHICKEN MS/HS	Eggs, Wheat, Soybeans
	R-1733 - Spicy Chicken Sandwich EL	Wheat, Soybeans
	R-1748 - Garden Salad	Milk, Eggs
	R-1787 - Hamburger, HS	Wheat, Soybeans
	R-2180 - Turkey Wrap	Milk, Eggs
09/07/2017	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-0281 - Cheeseburger	Eggs, Wheat, Soybeans
	R-0404 - ORANGE CHICKEN MS/HS	Eggs, Wheat, Soybeans
	R-1733 - Spicy Chicken Sandwich EL	Wheat, Soybeans
	R-1748 - Garden Salad	Milk, Eggs
	R-1787 - Hamburger, HS	Wheat, Soybeans
	R-1968 - BBQ Rib Sandwich/w Salad Bar	Wheat
	R-2180 - Turkey Wrap	Milk, Eggs
09/08/2017	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-0281 - Cheeseburger	Eggs, Wheat, Soybeans
	R-0404 - ORANGE CHICKEN MS/HS	Eggs, Wheat, Soybeans
	R-1733 - Spicy Chicken Sandwich EL	Wheat, Soybeans
	R-1748 - Garden Salad	Milk, Eggs

09/08/2017	R-1787 - Hamburger, HS	Wheat, Soybeans
	R-2180 - Turkey Wrap	Milk, Eggs
	R-2241 - Build your Burger- HS	Eggs, Wheat, Soybeans
09/11/2017	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-0281 - Cheeseburger	Eggs, Wheat, Soybeans
	R-0404 - ORANGE CHICKEN MS/HS	Eggs, Wheat, Soybeans
	R-1733 - Spicy Chicken Sandwich EL	Wheat, Soybeans
	R-1748 - Garden Salad	Milk, Eggs
	R-1787 - Hamburger, HS	Wheat, Soybeans
09/12/2017	R-2180 - Turkey Wrap	Milk, Eggs
	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-0281 - Cheeseburger	Eggs, Wheat, Soybeans
	R-0404 - ORANGE CHICKEN MS/HS	Eggs, Wheat, Soybeans
	R-1733 - Spicy Chicken Sandwich EL	Wheat, Soybeans
	R-1748 - Garden Salad	Milk, Eggs
09/13/2017	R-1787 - Hamburger, HS	Wheat, Soybeans
	R-2180 - Turkey Wrap	Milk, Eggs
	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-0281 - Cheeseburger	Eggs, Wheat, Soybeans
	R-0404 - ORANGE CHICKEN MS/HS	Eggs, Wheat, Soybeans
	R-1733 - Spicy Chicken Sandwich EL	Wheat, Soybeans
09/14/2017	R-1748 - Garden Salad	Milk, Eggs
	R-1787 - Hamburger, HS	Wheat, Soybeans
	R-2180 - Turkey Wrap	Milk, Eggs
	R-2217 - Grilled Chicken & Salad Bar	Eggs, Wheat
	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-0281 - Cheeseburger	Eggs, Wheat, Soybeans
09/15/2017	R-0404 - ORANGE CHICKEN MS/HS	Eggs, Wheat, Soybeans
	R-1733 - Spicy Chicken Sandwich EL	Wheat, Soybeans
	R-1748 - Garden Salad	Milk, Eggs
	R-1787 - Hamburger, HS	Wheat, Soybeans
	R-2180 - Turkey Wrap	Milk, Eggs
	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
09/18/2017	R-0281 - Cheeseburger	Eggs, Wheat, Soybeans
	R-0404 - ORANGE CHICKEN MS/HS	Eggs, Wheat, Soybeans
	R-1733 - Spicy Chicken Sandwich EL	Wheat, Soybeans
	R-1748 - Garden Salad	Milk, Eggs
	R-1787 - Hamburger, HS	Wheat, Soybeans
	R-2180 - Turkey Wrap	Milk, Eggs
	R-0205 - Milk, 1% White	Milk

09/18/2017	R-0206 - Milk, FF Chocolate	Milk
	R-0281 - Cheeseburger	Eggs, Wheat, Soybeans
	R-0404 - ORANGE CHICKEN MS/HS	Eggs, Wheat, Soybeans
	R-1071 - Spaghetti w/meat sauce	Eggs, Wheat
	R-1165 - Garlic Texas Toast	Milk, Wheat, Soybeans
	R-1733 - Spicy Chicken Sandwich EL	Wheat, Soybeans
	R-1748 - Garden Salad	Milk, Eggs
	R-1787 - Hamburger, HS	Wheat, Soybeans
	R-2180 - Turkey Wrap	Milk, Eggs
09/19/2017	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-0281 - Cheeseburger	Eggs, Wheat, Soybeans
	R-0404 - ORANGE CHICKEN MS/HS	Eggs, Wheat, Soybeans
	R-1733 - Spicy Chicken Sandwich EL	Wheat, Soybeans
	R-1748 - Garden Salad	Milk, Eggs
	R-1787 - Hamburger, HS	Wheat, Soybeans
	R-2180 - Turkey Wrap	Milk, Eggs
	09/20/2017	R-0205 - Milk, 1% White
R-0206 - Milk, FF Chocolate		Milk
R-0281 - Cheeseburger		Eggs, Wheat, Soybeans
R-0404 - ORANGE CHICKEN MS/HS		Eggs, Wheat, Soybeans
R-1733 - Spicy Chicken Sandwich EL		Wheat, Soybeans
R-1748 - Garden Salad		Milk, Eggs
R-1787 - Hamburger, HS		Wheat, Soybeans
R-2180 - Turkey Wrap		Milk, Eggs
09/21/2017		R-0205 - Milk, 1% White
	R-0206 - Milk, FF Chocolate	Milk
	R-0281 - Cheeseburger	Eggs, Wheat, Soybeans
	R-0404 - ORANGE CHICKEN MS/HS	Eggs, Wheat, Soybeans
	R-1733 - Spicy Chicken Sandwich EL	Wheat, Soybeans
	R-1748 - Garden Salad	Milk, Eggs
	R-1787 - Hamburger, HS	Wheat, Soybeans
	R-2180 - Turkey Wrap	Milk, Eggs
	09/22/2017	R-0205 - Milk, 1% White
R-0206 - Milk, FF Chocolate		Milk
R-0281 - Cheeseburger		Eggs, Wheat, Soybeans
R-0404 - ORANGE CHICKEN MS/HS		Eggs, Wheat, Soybeans
R-1733 - Spicy Chicken Sandwich EL		Wheat, Soybeans
R-1748 - Garden Salad		Milk, Eggs
R-1787 - Hamburger, HS		Wheat, Soybeans
R-2180 - Turkey Wrap		Milk, Eggs
09/25/2017		R-0205 - Milk, 1% White
	R-0206 - Milk, FF Chocolate	Milk
	R-0281 - Cheeseburger	Eggs, Wheat, Soybeans
	R-0404 - ORANGE CHICKEN MS/HS	Eggs, Wheat, Soybeans

09/25/2017	R-1733 - Spicy Chicken Sandwich EL	Wheat, Soybeans
	R-1748 - Garden Salad	Milk, Eggs
	R-1787 - Hamburger, HS	Wheat, Soybeans
	R-2180 - Turkey Wrap	Milk, Eggs
09/26/2017	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-0281 - Cheeseburger	Eggs, Wheat, Soybeans
	R-0404 - ORANGE CHICKEN MS/HS	Eggs, Wheat, Soybeans
	R-1733 - Spicy Chicken Sandwich EL	Wheat, Soybeans
	R-1748 - Garden Salad	Milk, Eggs
09/27/2017	R-1787 - Hamburger, HS	Wheat, Soybeans
	R-2180 - Turkey Wrap	Milk, Eggs
	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-0281 - Cheeseburger	Eggs, Wheat, Soybeans
	R-0404 - ORANGE CHICKEN MS/HS	Eggs, Wheat, Soybeans
09/28/2017	R-1733 - Spicy Chicken Sandwich EL	Wheat, Soybeans
	R-1748 - Garden Salad	Milk, Eggs
	R-1787 - Hamburger, HS	Wheat, Soybeans
	R-2180 - Turkey Wrap	Milk, Eggs
	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
09/29/2017	R-0281 - Cheeseburger	Eggs, Wheat, Soybeans
	R-1733 - Spicy Chicken Sandwich EL	Wheat, Soybeans
	R-1748 - Garden Salad	Milk, Eggs
	R-1787 - Hamburger, HS	Wheat, Soybeans
	R-1995 - Orange Chicken w/Salad Bar	Eggs, Wheat, Soybeans
	R-2180 - Turkey Wrap	Milk, Eggs
09/29/2017	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-0281 - Cheeseburger	Eggs, Wheat, Soybeans
	R-0404 - ORANGE CHICKEN MS/HS	Eggs, Wheat, Soybeans
	R-1733 - Spicy Chicken Sandwich EL	Wheat, Soybeans
	R-1748 - Garden Salad	Milk, Eggs
09/29/2017	R-1787 - Hamburger, HS	Wheat, Soybeans
	R-2180 - Turkey Wrap	Milk, Eggs