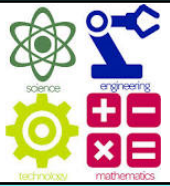




September 2017

BIG BEAR MIDDLE SCHOOL LUNCH



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Mini Cinni Fruit Cup Juice, 100% Fruit Milk, 1% White Milk, FF Chocolate Milk, Strawberry
4 * HOLIDAY-LABOR DAY	5 Yogurt, Trix Mini Banana Muffin Fruit, Fresh Juice, 100% Fruit Milk, 1% White Milk, FF Chocolate Milk, Strawberry	6 Mini Cinnis Fruit Cup Juice, 100% Fruit Milk, 1% White Milk, FF Chocolate Milk, Strawberry	7 Pancakes & Sausage Fruit, Fresh Juice, 100% Fruit Milk, FF Chocolate Milk, Strawberry	8 Blueberry Bagel Fruit, Fresh Variety Juice, 100% Fruit Milk, FF Chocolate Milk, 1% White Milk, Strawberry
11 Muffin Squares Fruit, Fresh Juice, 100% Fruit Milk, 1% White Milk, FF Chocolate Milk, Strawberry	12 Breakfast Poptart Animal Snacker Fruit Cup Juice, 100% Fruit Milk, 1% White Milk, FF Chocolate Milk, Strawberry	13 Blueberry Bagel Fruit, Fresh Variety Juice, 100% Fruit Milk, FF Chocolate Milk, 1% White Milk, Strawberry	14 Choc Chip Waffles Fruit Cup Juice, 100% Fruit Milk, 1% White Milk, FF Chocolate Milk, Strawberry	15 Sausage Sandwich- Fruit, Apple Juice, 100% Fruit Milk, 1% White Milk, FF Chocolate Milk, Strawberry
18 Blueberry Bagel Fruit, Fresh Variety Juice, 100% Fruit Milk, FF Chocolate Milk, 1% White Milk, Strawberry	19 Pancakes & Sausage Fruit, Fresh Juice, 100% Fruit Milk, 1% White Milk, FF Chocolate Milk, Strawberry	20 Breakfast Poptart Animal Snacker Fruit Cup Juice, 100% Fruit Milk, 1% White Milk, FF Chocolate Milk, Strawberry	21 Muffin Squares Fruit, Fresh Juice, 100% Fruit Milk, 1% White Milk, FF Chocolate Milk, Strawberry	22 Mini Cinni Fruit Cup Juice, 100% Fruit Milk, 1% White Milk, FF Chocolate Milk, Strawberry
25 Pancake Stick Juice, 100% Fruit Fruit Cup Milk, 1% White Milk, FF Chocolate Milk, Strawberry	26 Yogurt, Trix Mini Banana Muffin Fruit, Fresh Juice, 100% Fruit Milk, 1% White Milk, FF Chocolate Milk, Strawberry	27 Mini Cinnis Fruit Cup Juice, 100% Fruit Milk, 1% White Milk, FF Chocolate Milk, Strawberry	28 Pancakes & Sausage Fruit, Fresh Juice, 100% Fruit Milk, FF Chocolate Milk, Strawberry	29 Blueberry Bagel Fruit, Fresh Variety Juice, 100% Fruit Milk, FF Chocolate Milk, 1% White Milk, Strawberry

School News

Welcome Back
Students and
Families!!

Lunch Prices:
Reduced NO COST
Full pay \$3.00

Payments can be made
at: bearvalleyfs.com or
send a check payable
to Child Nutrition to
your child's school
cafeteria. Contact us
at 909.866.4406 for
assistance

Please complete a new
meal application for
the 2017-18 school
year. Applications are
available at your
child's school office or
you may apply on line-
please visit
www.lunchapplication.com.



Serving Date	Recipe	Allergens
09/01/2017	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-1126 - Mini Cinni	Milk, Wheat
	R-1132 - Cereal & Crackers	Wheat, Soybeans
	R-1179 - Benefit Bar, Breakfast	Milk, Eggs, Wheat, Soybeans
	R-1225 - Muffin, Double Chocolate	Eggs, Wheat
	R-1227 - Breakfast Poptart	Wheat, Soybeans
	R-1926 - Yogurt, Trix	Milk
09/05/2017	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-1132 - Cereal & Crackers	Wheat, Soybeans
	R-1179 - Benefit Bar, Breakfast	Milk, Eggs, Wheat, Soybeans
	R-1225 - Muffin, Double Chocolate	Eggs, Wheat
	R-1227 - Breakfast Poptart	Wheat, Soybeans
	R-1926 - Yogurt, Trix	Milk
09/06/2017	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-1126 - Mini Cinni	Milk, Wheat
	R-1132 - Cereal & Crackers	Wheat, Soybeans
	R-1179 - Benefit Bar, Breakfast	Milk, Eggs, Wheat, Soybeans
	R-1225 - Muffin, Double Chocolate	Eggs, Wheat
	R-1227 - Breakfast Poptart	Wheat, Soybeans
09/07/2017	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-1132 - Cereal & Crackers	Wheat, Soybeans
	R-1179 - Benefit Bar, Breakfast	Milk, Eggs, Wheat, Soybeans
	R-1225 - Muffin, Double Chocolate	Eggs, Wheat
	R-1227 - Breakfast Poptart	Wheat, Soybeans
	R-1926 - Yogurt, Trix	Milk
09/08/2017	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-0803 - Bagel & Cream	Wheat
	R-1132 - Cereal & Crackers	Wheat, Soybeans
	R-1179 - Benefit Bar, Breakfast	Milk, Eggs, Wheat, Soybeans
	R-1225 - Muffin, Double Chocolate	Eggs, Wheat
	R-1227 - Breakfast Poptart	Wheat, Soybeans
09/11/2017	R-1926 - Yogurt, Trix	Milk
	R-0205 - Milk, 1% White	Milk

09/11/2017	R-0206 - Milk, FF Chocolate	Milk
	R-1132 - Cereal & Crackers	Wheat, Soybeans
	R-1179 - Benefit Bar, Breakfast	Milk, Eggs, Wheat, Soybeans
	R-1225 - Muffin, Double Chocolate	Eggs, Wheat
	R-1227 - Breakfast Poptart	Wheat, Soybeans
	R-1926 - Yogurt, Trix	Milk
09/12/2017	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-1132 - Cereal & Crackers	Wheat, Soybeans
	R-1179 - Benefit Bar, Breakfast	Milk, Eggs, Wheat, Soybeans
	R-1225 - Muffin, Double Chocolate	Eggs, Wheat
	R-1227 - Breakfast Poptart	Wheat, Soybeans
09/13/2017	R-1926 - Yogurt, Trix	Milk
	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-0803 - Bagel & Cream	Wheat
	R-1132 - Cereal & Crackers	Wheat, Soybeans
	R-1179 - Benefit Bar, Breakfast	Milk, Eggs, Wheat, Soybeans
09/14/2017	R-1225 - Muffin, Double Chocolate	Eggs, Wheat
	R-1227 - Breakfast Poptart	Wheat, Soybeans
	R-1926 - Yogurt, Trix	Milk
	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-1132 - Cereal & Crackers	Wheat, Soybeans
09/15/2017	R-1179 - Benefit Bar, Breakfast	Milk, Eggs, Wheat, Soybeans
	R-1225 - Muffin, Double Chocolate	Eggs, Wheat
	R-1227 - Breakfast Poptart	Wheat, Soybeans
	R-1926 - Yogurt, Trix	Milk
	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
09/18/2017	R-1132 - Cereal & Crackers	Wheat, Soybeans
	R-1179 - Benefit Bar, Breakfast	Milk, Eggs, Wheat, Soybeans
	R-1225 - Muffin, Double Chocolate	Eggs, Wheat
	R-1227 - Breakfast Poptart	Wheat, Soybeans
	R-1926 - Yogurt, Trix	Milk
	R-0205 - Milk, 1% White	Milk
09/19/2017	R-0206 - Milk, FF Chocolate	Milk
	R-0803 - Bagel & Cream	Wheat
	R-1132 - Cereal & Crackers	Wheat, Soybeans
	R-1179 - Benefit Bar, Breakfast	Milk, Eggs, Wheat, Soybeans
	R-1225 - Muffin, Double Chocolate	Eggs, Wheat
	R-1227 - Breakfast Poptart	Wheat, Soybeans

09/19/2017	R-1179 - Benefit Bar, Breakfast	Milk, Eggs, Wheat, Soybeans
	R-1225 - Muffin, Double Chocolate	Eggs, Wheat
	R-1227 - Breakfast Poptart	Wheat, Soybeans
	R-1926 - Yogurt, Trix	Milk
09/20/2017	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-1132 - Cereal & Crackers	Wheat, Soybeans
	R-1179 - Benefit Bar, Breakfast	Milk, Eggs, Wheat, Soybeans
	R-1225 - Muffin, Double Chocolate	Eggs, Wheat
	R-1227 - Breakfast Poptart	Wheat, Soybeans
09/21/2017	R-1926 - Yogurt, Trix	Milk
	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-1132 - Cereal & Crackers	Wheat, Soybeans
	R-1179 - Benefit Bar, Breakfast	Milk, Eggs, Wheat, Soybeans
	R-1225 - Muffin, Double Chocolate	Eggs, Wheat
09/22/2017	R-1227 - Breakfast Poptart	Wheat, Soybeans
	R-1926 - Yogurt, Trix	Milk
	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-1126 - Mini Cinni	Milk, Wheat
	R-1132 - Cereal & Crackers	Wheat, Soybeans
09/25/2017	R-1179 - Benefit Bar, Breakfast	Milk, Eggs, Wheat, Soybeans
	R-1225 - Muffin, Double Chocolate	Eggs, Wheat
	R-1227 - Breakfast Poptart	Wheat, Soybeans
	R-1926 - Yogurt, Trix	Milk
	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
09/26/2017	R-1132 - Cereal & Crackers	Wheat, Soybeans
	R-1179 - Benefit Bar, Breakfast	Milk, Eggs, Wheat, Soybeans
	R-1225 - Muffin, Double Chocolate	Eggs, Wheat
	R-1227 - Breakfast Poptart	Wheat, Soybeans
	R-1926 - Yogurt, Trix	Milk
	R-0205 - Milk, 1% White	Milk
09/27/2017	R-0206 - Milk, FF Chocolate	Milk
	R-1126 - Mini Cinni	Milk, Wheat
	R-1132 - Cereal & Crackers	Wheat, Soybeans
	R-1179 - Benefit Bar, Breakfast	Milk, Eggs, Wheat, Soybeans
	R-1225 - Muffin, Double Chocolate	Eggs, Wheat
	R-1227 - Breakfast Poptart	Wheat, Soybeans

09/27/2017	R-1225 - Muffin, Double Chocolate	Eggs, Wheat
	R-1227 - Breakfast Poptart	Wheat, Soybeans
	R-1926 - Yogurt, Trix	Milk
09/28/2017	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-1132 - Cereal & Crackers	Wheat, Soybeans
	R-1179 - Benefit Bar, Breakfast	Milk, Eggs, Wheat, Soybeans
	R-1225 - Muffin, Double Chocolate	Eggs, Wheat
09/29/2017	R-1227 - Breakfast Poptart	Wheat, Soybeans
	R-1926 - Yogurt, Trix	Milk
	R-0205 - Milk, 1% White	Milk
	R-0206 - Milk, FF Chocolate	Milk
	R-0803 - Bagel & Cream	Wheat
	R-1132 - Cereal & Crackers	Wheat, Soybeans
	R-1179 - Benefit Bar, Breakfast	Milk, Eggs, Wheat, Soybeans
	R-1225 - Muffin, Double Chocolate	Eggs, Wheat
	R-1227 - Breakfast Poptart	Wheat, Soybeans
	R-1926 - Yogurt, Trix	Milk