

## Breakfast Meal Pattern

Choice of Grain/Meat, Fruit, Milk

Milk Choices of 1%-14 Fat Free Chocolate-20 are offered daily

Juice-14 is offered daily



five two one almost none

This institution is an equal opportunity provider. Menu subject to change.

# May 2018 UNIVERSAL BREAKFAST

Monday, April 30	Tuesday, May 1	Wednesday, May 2	Thursday, May 3	Friday, May 4
*Sausage Biscuit- 32 *Strawberry Poptart- 37 Strawberry Yogurt-19 Peach Yogurt -19 String Cheese-1 with *Graham Crackers -17 *Chocolate Chip Oat Bar-46 Applesauce- 14	*Fruit Filled Fruddle- 36 *PB & J Graham- 32 Strawberry Yogurt-19 Peach Yogurt -19 String Cheese-1 with *Graham Crackers -17 *Chocolate Chip Oat Bar-46 Apple Slices- 14	*Mini Pancakes- 40 *Cinnamon Poptart- 37 Strawberry Yogurt-19 Peach Yogurt -19 String Cheese-1 with *Graham Crackers -17 *Chocolate Chip Oat Bar-46 Craisins- 29	*Breakfast Pizza- 21 *PB & J Graham- 32 Strawberry Yogurt-19 Peach Yogurt -19 String Cheese-1 with *Graham Crackers -17 *Chocolate Chip Oat Bar-46 Apple slices-14	*Honey Bun- 40 *Strawberry Poptart- 37 Strawberry Yogurt-19 Peach Yogurt -19 String Cheese-1 with *Graham Crackers -17 *Chocolate Chip Oat Bar-46 Applesauce-14
Monday, May 7	Tuesday, May 8	Wednesday, May 9	Thursday, May 10	Friday, May 11
*Chicken Biscuit- 29 *Strawberry Poptart- 37 Strawberry Yogurt-19 Peach Yogurt -19 String Cheese-1 with *Graham Crackers -17 *Chocolate Chip Oat Bar-46 Applesauce- 14	*French Toast- 29 *PB & J Graham- 32 Strawberry Yogurt-19 Peach Yogurt -19 String Cheese-1 with *Graham Crackers -17 *Chocolate Chip Oat Bar-46 Apple Slices-14	*Cinni Minis- 40 *Cinnamon Poptart- 37 Strawberry Yogurt-19 Peach Yogurt -19 String Cheese-1 with *Graham Crackers -17 *Chocolate Chip Oat Bar-46 Craisins- 29	*Mini Waffles- 36 *PB & J Graham- 32 Strawberry Yogurt-19 Peach Yogurt -19 String Cheese-1 with *Graham Crackers -17 *Chocolate Chip Oat Bar-46 Apple Slices- 14	*Super Donut- 40 *Strawberry Poptart- 37 Strawberry Yogurt-19 Peach Yogurt -19 String Cheese-1 with *Graham Crackers -17 *Chocolate Chip Oat Bar-46 Applesauce-14
Monday, May 14	Tuesday, May 15	Wednesday, May 16	Thursday, May 17	Friday, May 18
*Sausage Biscuit- 32 *Strawberry Poptart- 37 Strawberry Yogurt-19 Peach Yogurt -19 String Cheese-1 with *Graham Crackers -17 *Chocolate Chip Oat Bar-46 Applesauce- 14	*Fruit Filled Fruddle- 36 *PB & J Graham- 32 Strawberry Yogurt-19 Peach Yogurt -19 String Cheese-1 with *Graham Crackers -17 *Chocolate Chip Oat Bar-46 Apple Slices- 14	*Mini Pancakes- 40 *Cinnamon Poptart- 37 Strawberry Yogurt-19 Peach Yogurt -19 String Cheese-1 with *Graham Crackers -17 *Chocolate Chip Oat Bar-46 Craisins- 29	*Breakfast Pizza- 21 *PB & J Graham- 32 Strawberry Yogurt-19 Peach Yogurt -19 String Cheese-1 with *Graham Crackers -17 *Chocolate Chip Oat Bar-46 Apple slices-14	*Honey Bun- 40 *Strawberry Poptart- 37 Strawberry Yogurt-19 Peach Yogurt -19 String Cheese-1 with *Graham Crackers -17 *Chocolate Chip Oat Bar-46 Applesauce-14
Monday, May 21	Tuesday, May 22	Wednesday, May 23	Thursday, May 24	Friday, May 25
*Chicken Biscuit- 29 *Strawberry Poptart- 37 Strawberry Yogurt-19 Peach Yogurt -19 String Cheese-1 with *Graham Crackers -17 *Chocolate Chip Oat Bar-46 Applesauce- 14	*French Toast- 29 *PB & J Graham- 32 Strawberry Yogurt-19 Peach Yogurt -19 String Cheese-1 with *Graham Crackers -17 *Chocolate Chip Oat Bar-46 Apple Slices-14	*Cinni Minis- 40 *Cinnamon Poptart- 37 Strawberry Yogurt-19 Peach Yogurt -19 String Cheese-1 with *Graham Crackers -17 *Chocolate Chip Oat Bar-46 Craisins- 29	*Mini Waffles- 36 *PB & J Graham- 32 Strawberry Yogurt-19 Peach Yogurt -19 String Cheese-1 with *Graham Crackers -17 *Chocolate Chip Oat Bar-46 Apple Slices- 14	*Super Donut- 40 *Strawberry Poptart- 37 Strawberry Yogurt-19 Peach Yogurt -19 String Cheese-1 with *Graham Crackers -17 *Chocolate Chip Oat Bar-46 Applesauce-14
Monday, May 28	Tuesday, May 29	Wednesday, May 30	Thursday, May 31	
NO SCHOOL  memorial DAY	*Fruit Filled Fruddle- 36 *PB & J Graham- 32 Strawberry Yogurt-19 Peach Yogurt -19 String Cheese-1 with *Graham Crackers -17 *Chocolate Chip Oat Bar-46 Apple Slices- 14	*Mini Pancakes- 40 *Cinnamon Poptart- 37 Strawberry Yogurt-19 Peach Yogurt -19 String Cheese-1 with *Graham Crackers -17 *Chocolate Chip Oat Bar-46 Craisins- 29	*Breakfast Pizza- 21 *PB & J Graham- 32 Strawberry Yogurt-19 Peach Yogurt -19 String Cheese-1 with *Graham Crackers -17 *Chocolate Chip Oat Bar-46 Apple slices-14	*Notes items that are whole grain or contain whole grain. Numbers listed to the right of each item are total carbohydrates in grams.