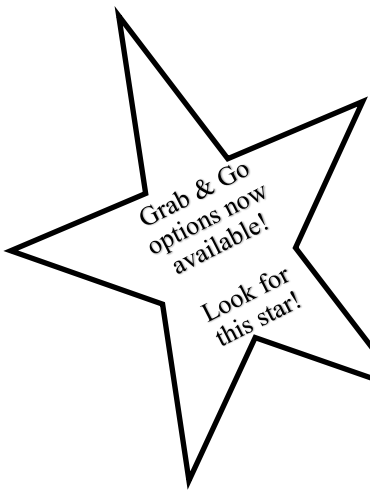



May 2018 High School BREAKFAST



Monday, April 30	Tuesday, May 1	Wednesday, May 2	Thursday, May 3	Friday, May 4
★ Pancake Bites- 25 ★ Breakfast Pizza-24 ★ Strawberry Cup- 14	★ Steak Biscuit-31 ★ *Flavored Poptarts- 75 ★ Fresh Banana- 26	★ *Funnel Waffle- 35 ★ *Breakfast Pizza-24 ★ Fresh Apple- 19	★ Bacon, Egg ,Cheese Biscuit-22 ★ *Flavored Poptarts-75 ★ Fresh Banana- 26	★ *Mini Pancakes- 40 w/ Syrup-15 ★ *Breakfast Pizza- 24 ★ Fresh Apple-19
Monday, May 7	Tuesday, May 8	Wednesday, May 9	Thursday, May 10	Friday, May 11
★ *Mini Waffles- 36 w/ Syrup-15 ★ *Flavored Poptarts- 75 ★ Strawberry Cup -14	★ *Mini French Toast- 37 w/ Syrup- 15 ★ *Breakfast Pizza- 24 ★ Fresh Banana-26	★ *Blueberry Bread- 44 ★ *Flavored Poptarts-75 ★ Fresh Apple- 19	★ *Fruit Filled Fruddle- 3 ★ *Breakfast Pizza- 24 ★ Fresh Banana-26	★ *Super Donut- 40 ★ *Flavored Poptarts- 75 ★ Fresh Apple- 19
Monday, May 14	Tuesday, May 15	Wednesday, May 16	Thursday, May 17	Friday, May 18
★ Pancake Bites- 25 ★ Breakfast Pizza-24 ★ Strawberry Cup- 14	★ Steak Biscuit-31 ★ Flavored Poptarts- 75 ★ Fresh Banana- 26	★ *Funnel Waffle- 35 ★ *Breakfast Pizza-24 ★ Fresh Apple- 19	★ Bacon, Egg ,Cheese Biscuit-22 ★ *Flavored Poptarts-75 ★ Fresh Banana- 26	★ *Mini Pancakes- 40 w/ Syrup-15 ★ *Breakfast Pizza- 24 ★ Fresh Apple-19
Monday, May 21	Tuesday, May 22	Wednesday, May 23	Thursday, May 24	Friday, May 25
★ *Mini Waffles- 36 w/ Syrup-15 ★ *Flavored Poptarts- 75 ★ Strawberry Cup -14	★ *Mini French Toast- 37 w/ Syrup- 15 ★ *Breakfast Pizza- 24 ★ Fresh Banana-26	★ *Blueberry Bread- 44 ★ *Flavored Poptarts-75 ★ Fresh Apple- 19	★ *Fruit Filled Fruddle- 3 ★ *Breakfast Pizza- 24 ★ Fresh Banana-26	★ *Super Donut- 40 ★ *Flavored Poptarts- 75 ★ Fresh Apple- 19
Monday, May 28	Tuesday, May 29	Wednesday, May 30	Thursday, May 31	
NO SCHOOL 	★ Steak Biscuit-31 ★ Flavored Poptarts- 75 ★ Fresh Banana- 26	★ *Funnel Waffle- 35 ★ *Breakfast Pizza-24 ★ Fresh Apple- 19	★ Bacon, Egg ,Cheese Biscuit-22 ★ *Flavored Poptarts-75 ★ Fresh Banana- 26	*Notes items that are whole grain or contain whole grain. Numbers listed to the right of each item are total carbohydrates in grams.

Offered Daily

- ★ Milk : 1%-14 or Fat Free Chocolate-20
- ★ Juice-14
- ★ Applesauce-14 & Craisins-28
- ★ Yogurt-19 with Graham Crackers-17
- ★ Biscuits: Chicken-29, Sausage-22, Ham-22, Plain-22 with Gravy-10
- ★ Cereal Choices: Frosted Flakes-24, Golden Grahams-24, Cheerios-20, Cinnamon Toast Crunch-22, Cocoa Puffs-25, Apple Jacks-24

This institution is an equal opportunity provider.
Menu subject to change.