

April 2018 Middle School Lunch

Meal Pattern

Choice of Entrée,
Grain/Bread, Vegetable,
Fruit, Milk

Milk Choices of 1%-14
or Fat Free Chocolate-
20 are offered daily

Juice-14

Craisins/Raisins-29
are offered daily

Every Kid Healthy Week

Every Kid Healthy Week is an annual observance on the calendar of National Health Observances that celebrates school wellness achievements. Observed the last week of April each year, this special week shines spotlight on the link between nutrition, physical activity, and learning and the great efforts schools are making to improve the health and wellness of Students!



**five two one
almost none**

This institution is an equal
opportunity provider.
Menu subject to change.

Monday, April 2	Tuesday, April 3	Wednesday, April 4	Thursday, April 5	Friday, April 6
Roasted Chicken- 3 *Popcorn Chicken-9 w/*Breadstick-18 *Cheese Stuffed Sticks-30 w/ Marinara Creamy Cole Slaw-5 Baked Beans-27 Tater Tots-14 Fresh Banana-27 Fruit Cocktail-15	*Orange Chicken-25 w/*Rice-6 *Cheeseburger-30 Pepperoni Pizza-34 Chicken Caesar Salad-21 w/ *Roll-29 Steamed Broccoli-5 Glazed Carrots-19 Crinkle Cut Fries-14 Tomato-3 & Lettuce-3 Fresh Apple-17 Mandarin Oranges-17	*Turkey & Cheese Sub-35 *Chicken Fillet Sandwich-42 French Bread Pizza- 29 Garden Salad with Egg-18 & 2 *Breadsticks-36 Mixed Veggies-4 Straight Cut Fries-19 Tomato-3 & Lettuce-3 Fresh Orange-16 Pineapple Tidbits-19	Baked Ziti-40 w/2*Breadsticks-36 6 *Chicken Rings-17 w/ *Breadstick-18 *Stuffed Crust Pizza-34 Chef Garden Salad-15 w/ *Breadsticks-36 Caesar side Salad-8 Fresh Cucumber Slices-4 Potato Wedges-18 Fresh Banana-27 Sliced Peaches-14	*Pepperoni Pizza-34 *Corn Dog-30 *Cheeseburger-30 Sweet Potato Crinkle Fries-19 Broccoli Cheese Soup- 23 Straight Cut Fries-19 Fresh Kiwi-11 Fruit Cocktail- 15
Monday, April 9	Tuesday, April 10	Wednesday, April 11	Thursday, April 12	Friday, April 13
<h1>SPRING BREAK</h1>				
Monday, April 16	Tuesday, April 17	Wednesday, April 18	Thursday, April 19	Friday, April 20
Chicken Pot Pie-19 *Pepperoni Pizza-34 *6 Chicken Nuggets- 16 w/ *Roll-29 Mashed Potatoes-14 Peas & Carrots-14 Tater Tots-14 Strawberry Cup-15 Pineapple Tidbits-19	Teriyaki Chicken-14 *Noodles-26 *Cheeseburger-30 *Stuffed Crust Pizza-34 Chicken Caesar Salad-21 w/ *Roll-29 Stir Fry Veggies-5 Cauliflower-5 Crinkle Cut Fries-14 Tomatoes-3 & Lettuce-3 Fresh Orange-16 Sliced Peaches-14	Veggie Beef Soup-14 *Grilled Cheese-29 or *PB & J-53 *French Bread Pizza-29 *Corn Dog-30 Garden Salad w/Egg-12 & 2 *Breadsticks-26 Steamed Broccoli-5 Carrots-6 w/dip Straight Cut Fries-19 Fresh Apple-17 Fruit Cocktail-15	Mac & Cheese-25 w/ Little Smokies Oven Roasted Chicken-6 *Stuffed Crust Pizza-34 Chef Garden Salad-15 w/*Roll-29 Pinto Beans-18, Onions-1, Cabbage-5 & Tomatoes-3 Potato Wedges-18 Cornbread-25 Fresh Banana-27 Craisins-28	*Fish Fillet Dinner-30 w/ 4 Hushpuppies-30 *BBQ Sandwich-44 *Pepperoni Pizza-43 Crinkle Cut Fries-14 Seasoned Green Beans-3 Creamy Cole Slaw-5 Fresh Banana-27 Sliced Pears-15
Monday, April 23	Tuesday, April 24	Wednesday, April 25	Thursday, April 26	Friday, April 27
Breakfast for Lunch_ Eggs, Sausage-1 or Chicken-7 Biscuit-28 or* French Toast - 38 Gravy-10 *Cheese Stuffed Sticks-30 w/ Marinara *Popcorn Chicken-9 Grape Tomatoes-8 Diced Potatoes- 14 Fresh Pear-15 Spiced Apples- 14	*Chicken Fajita -30 *Cheese Quesadilla-30 *Stuffed Crust Pizza-34 Chicken Caesar Salad-21 w/ *Roll-29 Onions-1, Peppers-1, Salsa-3, Sour Cream-2, Lettuce-3, Tomato-3 & Cheese-1 Black Beans-20, Corn-16 Straight Cut Fries-19 Fresh Apple-17 Craisins-28	*Ham & Cheese Sandwich-33 *Cheeseburger-30 *Pepperoni Pizza-34 Garden Salad w/ Egg -27 & 2 *Breadsticks-36 Carrots-6 w/ dip Potato Wedges- 18 Fresh Strawberries-20 Sliced Peaches-14	Chicken Alfredo-34 Teriyaki Dipper -6 w/ *Roll-29 *Stuffed Crust Pizza-34 Chicken Garden Salad-15 w/*Roll-29 Seasoned Green Beans-3 Garden Side Salad-5 Crinkle Cut Fries-14 Fresh Apple-17 Pineapple Tidbits-19	*Cheese Stuffed Sticks-30 w/ Marinara 6 Chicken Rings -17 w/ *Breadstick-18 Steamed Broccoli-5 Glazed Carrots-19 Straight Cut Fries-19 Orange Slices-16 Fruit Cocktail-15