

**Breakfast Meal
Pattern**

Choice of
Grain/Meat, Fruit,
Milk

**Milk Choices of
1%-14 Fat Free
Chocolate-20 are
offered daily**

**Juice-14 is
offered daily**

April 2018 UNIVERSAL BREAKFAST

*Notes items that are whole grain or contain whole grain.
Numbers listed to the right of each item are total carbohydrates in grams.

Monday, April 2	Tuesday, April 3	Wednesday, April 4	Thursday, April 5	Friday, April 6
*Chicken Biscuit- 29 *Strawberry Poptart- 37 Strawberry Yogurt-19 Peach Yogurt -19 String Cheese-1 with *Graham Crackers -17 *Chocolate Chip Oat Bar-46 Applesauce- 14	*French Toast- 29 *PB & J Graham- 32 Strawberry Yogurt-19 Peach Yogurt -19 String Cheese-1 with *Graham Crackers -17 *Chocolate Chip Oat Bar-46 Apple Slices-14	*Cinni Minis- 40 *Cinnamon Poptart- 37 Strawberry Yogurt-19 Peach Yogurt -19 String Cheese-1 with *Graham Crackers -17 *Chocolate Chip Oat Bar-46 Craisins- 29	*Mini Waffles- 36 *PB & J Graham- 32 Strawberry Yogurt-19 Peach Yogurt -19 String Cheese-1 with *Graham Crackers -17 *Chocolate Chip Oat Bar-46 Apple Slices- 14	*Super Donut- 40 *Strawberry Poptart- 37 Strawberry Yogurt-19 Peach Yogurt -19 String Cheese-1 with *Graham Crackers -17 *Chocolate Chip Oat Bar-46 Applesauce-14
Monday, April 9	Tuesday, April 10	Wednesday, April 11	Thursday, April 12	Friday, April 13
<h1 style="color: green; font-family: sans-serif; letter-spacing: 0.5em;">SPRING BREAK</h1>				
Monday, April 16	Tuesday, April 17	Wednesday, April 18	Thursday, April 19	Friday, April 20
*Chicken Biscuit- 29 *Strawberry Poptart- 37 Strawberry Yogurt-19 Peach Yogurt -19 String Cheese-1 with *Graham Crackers -17 *Chocolate Chip Oat Bar-46 Applesauce- 14	*French Toast- 29 *PB & J Graham- 32 Strawberry Yogurt-19 Peach Yogurt -19 String Cheese-1 with *Graham Crackers -17 *Chocolate Chip Oat Bar-46 Apple Slices-14	*Cinni Minis- 40 *Cinnamon Poptart- 37 Strawberry Yogurt-19 Peach Yogurt -19 String Cheese-1 with *Graham Crackers -17 *Chocolate Chip Oat Bar-46 Craisins- 29	*Breakfast Pizza-21 *PB & J Graham- 32 Strawberry Yogurt-19 Peach Yogurt -19 String Cheese-1 with *Graham Crackers -17 *Chocolate Chip Oat Bar-46 Apple Slices- 14	*Super Donut- 40 *Strawberry Poptart- 37 Strawberry Yogurt-19 Peach Yogurt -19 String Cheese-1 with *Graham Crackers -17 *Chocolate Chip Oat Bar-46 Applesauce-14
Monday, April 23	Tuesday, April 24	Wednesday, April 25	Thursday, April 26	Friday, April 27
*Sausage Biscuit- 32 *Strawberry Poptart- 37 Strawberry Yogurt-19 Peach Yogurt -19 String Cheese-1 with *Graham Crackers -17 *Chocolate Chip Oat Bar-46 Applesauce- 14	*Fruit Filled Fruddle- 36 *PB & J Graham- 32 Strawberry Yogurt-19 Peach Yogurt -19 String Cheese-1 with *Graham Crackers -17 *Chocolate Chip Oat Bar-46 Apple Slices- 14	*Mini Pancakes- 40 *Cinnamon Poptart- 37 Strawberry Yogurt-19 Peach Yogurt -19 String Cheese-1 with *Graham Crackers -17 *Chocolate Chip Oat Bar-46 Craisins- 29	*Breakfast Pizza- 21 *PB & J Graham- 32 Strawberry Yogurt-19 Peach Yogurt -19 String Cheese-1 with *Graham Crackers -17 *Chocolate Chip Oat Bar-46 Apple slices-14	*Honey Bun- 40 *Strawberry Poptart- 37 Strawberry Yogurt-19 Peach Yogurt -19 String Cheese-1 with *Graham Crackers -17 *Chocolate Chip Oat Bar-46 Applesauce-14



**five two one
almost none**

This institution is an equal
opportunity provider.
Menu subject to change.