

APRIL 2018 High School BREAKFAST

*Notes items that are whole grain or contain whole grain.
Numbers listed to the right of each item are total carbohydrates in grams.

This institution is an equal opportunity provider.
Menu subject to change.



Monday, April 2	Tuesday, April 3	Wednesday, April 4	Thursday, April 5	Friday, April 6
★ *Cinni Minis- 40 ★ *Breakfast Pizza-24 ★ Strawberry Cup- 14	★ Steak Biscuit-31 ★ Flavored Poptarts- 75 ★ Fresh Banana- 26	★ *Funnel Waffle- 35 ★ *Breakfast Pizza-24 ★ Fresh Apple- 19	★ Bacon, Egg ,Cheese Biscuit-22 ★ *Flavored Poptarts-75 ★ Fresh Banana- 26	★ *Mini Pancakes- 40 w/ Syrup-15 ★ *Breakfast Pizza- 24 ★ Fresh Apple-19
Monday, April 9	Tuesday, April 10	Wednesday, April 11	Thursday, April 12	Friday, April 13
<h1 style="color: green; font-family: sans-serif; letter-spacing: 0.5em;">SPRING BREAK</h1>				
Monday, April 16	Tuesday, April 17	Wednesday, April 18	Thursday, April 19	Friday, April 20
★ *Cinni Minis- 40 ★ *Breakfast Pizza-24 ★ Strawberry Cup- 14	★ Steak Biscuit-31 ★ Flavored Poptarts- 75 ★ Fresh Banana- 26	★ *Funnel Waffle- 35 ★ *Breakfast Pizza-24 ★ Fresh Apple- 19	★ Bacon, Egg ,Cheese Biscuit-22 ★ *Flavored Poptarts-75 ★ Fresh Banana- 26	★ *Mini Pancakes- 40 w/ Syrup-15 ★ *Breakfast Pizza- 24 ★ Fresh Apple-19
Monday, April 23	Tuesday, April 24	Wednesday, April 25	Thursday, April 26	Friday, April 27
★ *Mini Waffles- 36 w/ Syrup-15 ★ *Flavored Poptarts- 75 ★ Strawberry Cup -14	★ *Mini French Toast- 37 w/ Syrup- 15 ★ *Breakfast Pizza- 24 ★ Fresh Banana-26	★ *Blueberry Bread- 44 ★ *Flavored Poptarts-75 ★ Fresh Apple- 19	★ *Fruit Filled Fruddle- 3 ★ *Breakfast Pizza- 24 ★ Fresh Banana-26	★ *Super Donut- 40 ★ *Flavored Poptarts- 75 ★ Fresh Apple- 19

Offered Daily

- ★ Milk : 1%-14 or Fat Free Chocolate-20
- ★ Juice-14
- ★ Applesauce-14 & Craisins-28
- ★ Yogurt-19 with Graham Crackers-17
- ★ Biscuits: Chicken-29, Sausage-22, Ham-22, Plain-22 with Gravy-10
- ★ Cereal Choices: Frosted Flakes-24, Golden Grahams-24, Cheerios-20, Cinnamon Toast Crunch-22, Cocoa Puffs-25, Apple Jacks-24