

**Breakfast Meal
Pattern**

Choice of
Grain/Meat, Fruit,
Milk

Offered Daily

Milk : 1%-14
or Fat Free
Chocolate-20

Juice-14

Applesauce-14
Craisins- 29

Cereal Choices:
Frosted Flakes-24,
Golden Grahams-24,
Cheerios-20,
Cinnamon Toast
Crunch-22,
Cocoa Puffs-25,
Apple Jacks-24

April 2018 Elementary School BREAKFAST

Monday, April 2	Tuesday, April 3	Wednesday, April 4	Thursday, April 5	Friday, April 6
Chicken Biscuit-29 Gravy-10 *Appleway Bar- 46 *Strawberry Poptart-37 Fresh Apple-19	Sausage Biscuit-22 *French Toast Sticks-29 w/ Syrup-15 Peach Yogurt-19 w/ *Graham Crackers-17	Chicken Biscuit-29 Gravy-10 *Cinni Minis- 40 *Blueberry Bread- 44	Sausage Biscuit- 22 *Cinnamon Poptart- 37 *Breakfast Pizza- 24 Fresh Apple-19	Buiscuit-22 Gravy-10 *Funnel Waffle-35
Monday, April 9	Tuesday, April 10	Wednesday, April 11	Thursday, April 12	Friday, April 13
SPRING BREAK				
Monday, April 16	Tuesday, April 17	Wednesday, April 18	Thursday, April 19	Friday, April 20
Chicken Biscuit-29 Gravy-10 *Appleway Bar- 46 *Strawberry Poptart-37 Fresh Apple-19	Sausage Biscuit-22 *French Toast Sticks-29 w/ Syrup-15 Peach Yogurt-19 w/ *Graham Crackers-17	Chicken Biscuit-29 Gravy-10 *Cinni Minis- 40 *Blueberry Bread- 44	Sausage Biscuit- 22 *Cinnamon Poptart- 37 *Breakfast Pizza- 24 Fresh Apple-19	Buiscuit-22 Gravy-10 *Funnel Waffle-35
Monday, April 23	Tuesday, April 24	Wednesday, April 25	Thursday, April 26	Friday, April 27
Sausage Biscuit-22 Gravy-10 *Banana Bread- 44 *Mini French Toast- 37 w/ Syrup-15	Chicken Biscuit- 29 *Cinnamon Roll- 39 Strawberry Yogurt-19 w/ *Graham Crackers- 17	Sausage Biscuit- 22 Gravy-10 *Mini Pancakes- 40 w/ Syrup-15 *Breakfast Pizza- 24 Fresh Banana- 26	Chicken Biscuit-29 *Strawberry Poptart-37 *Fruit Filled Fruddle-36	Biscuit-22 Gravy-10 *Super Donut- 40



This institution is an equal
opportunity provider.
Menu subject to change.

*Notes items that are whole grain or contain whole grain.
Numbers listed to the right of each item are total carbohydrates in grams.