

January 2018 UNIVERSAL BREAKFAST

Breakfast Meal Pattern

Choice of Grain/Meat, Fruit, Milk



Milk Choices of 1%-14 Fat Free Chocolate-20 are offered daily

Juice-14 is offered daily



five two one almost none

This institution is an equal opportunity provider. Menu subject to change.

Monday, January 1	Tuesday, January 2	Wednesday, January 3	Thursday, January 4	Friday, January 5
<p>HOLIDAY</p> 	<p>CLOSED TEACHER WORKDAY</p>	<p>*Mini Pancakes- 40 *Cinnamon Poptart- 37 Strawberry Yogurt-16 Vanilla Yogurt -16 String Cheese-1 with *Graham Crackers -17 *Chocolate Chip Oat Bar-46 Craisins- 29</p>	<p>*Breakfast Pizza- 21 *PB & J Graham- 32 Strawberry Yogurt-16 Vanilla Yogurt -16 String Cheese-1 with *Graham Crackers -17 *Chocolate Chip Oat Bar-46 Apple slices-14</p>	<p>*Honey Bun- 40 *Strawberry Poptart- 37 Strawberry Yogurt-16 Vanilla Yogurt -16 String Cheese-1 with *Graham Crackers -17 *Chocolate Chip Oat Bar-46 Applesauce-14</p>
Monday, January 8	Tuesday, January 9	Wednesday, January 10	Thursday, January 11	Friday, January 12
<p>*Chicken Biscuit- 29 *Strawberry Poptart- 37 Strawberry Yogurt-16 Vanilla Yogurt -16 String Cheese-1 with *Graham Crackers -17 *Chocolate Chip Oat Bar-46 Applesauce- 14</p>	<p>*French Toast- 29 *PB & J Graham- 32 Strawberry Yogurt-16 Vanilla Yogurt -16 String Cheese-1 with *Graham Crackers -17 *Chocolate Chip Oat Bar-46 Apple Slices-14</p>	<p>*Cinni Minis- 40 *Cinnamon Poptart- 37 Strawberry Yogurt-16 Vanilla Yogurt -16 String Cheese-1 with *Graham Crackers -17 *Chocolate Chip Oat Bar-46 Craisins- 29</p>	<p>*Mini Waffles- 36 *PB & J Graham- 32 Strawberry Yogurt-16 Vanilla Yogurt -16 String Cheese-1 with *Graham Crackers -17 *Chocolate Chip Oat Bar-46 Apple Slices- 14</p>	<p>*Super Donut- 40 *Strawberry Poptart- 37 Strawberry Yogurt-16 Vanilla Yogurt -16 String Cheese-1 with *Graham Crackers -17 *Chocolate Chip Oat Bar-46 Applesauce-14</p>
Monday, January 15	Tuesday, January 16	Wednesday, January 17	Thursday, January 18	Friday, January 19
<p>HOLIDAY</p> 	<p>*Fruit Filled Fruddle- 36 *PB & J Graham- 32 Strawberry Yogurt-16 Vanilla Yogurt -16 String Cheese-1 with *Graham Crackers -17 *Chocolate Chip Oat Bar-46 Apple Slices- 14</p>	<p>*Mini Pancakes- 40 *Cinnamon Poptart- 37 Strawberry Yogurt-16 Vanilla Yogurt -16 String Cheese-1 with *Graham Crackers -17 *Chocolate Chip Oat Bar-46 Craisins- 29</p>	<p>*Cinnamon Roll- 39 *PB & J Graham- 32 Strawberry Yogurt-16 Vanilla Yogurt -16 String Cheese-1 with *Graham Crackers -17 *Chocolate Chip Oat Bar-46 Apple slices-14</p>	<p>*Honey Bun- 40 *Strawberry Poptart- 37 Strawberry Yogurt-16 Vanilla Yogurt -16 String Cheese-1 with *Graham Crackers -17 *Chocolate Chip Oat Bar-46 Applesauce-14</p>
Monday, January 22	Tuesday, January 23	Wednesday, January 24	Thursday, January 25	Friday, January 26
<p>*Chicken Biscuit- 29 *Strawberry Poptart- 37 Strawberry Yogurt-16 Vanilla Yogurt -16 String Cheese-1 with *Graham Crackers -17 *Chocolate Chip Oat Bar-46 Applesauce- 14</p>	<p>CLOSED TEACHER WORKDAY</p>	<p>*Cinni Minis- 40 *Cinnamon Poptart- 37 Strawberry Yogurt-16 Vanilla Yogurt -16 String Cheese-1 with *Graham Crackers -17 *Chocolate Chip Oat Bar-46 Craisins- 29</p>	<p>*Breakfast Pizza-21 *PB & J Graham- 32 Strawberry Yogurt-16 Vanilla Yogurt -16 String Cheese-1 with *Graham Crackers -17 *Chocolate Chip Oat Bar-46 Apple Slices- 14</p>	<p>*Super Donut- 40 *Strawberry Poptart- 37 Strawberry Yogurt-16 Vanilla Yogurt -16 String Cheese-1 with *Graham Crackers -17 *Chocolate Chip Oat Bar-46 Applesauce-14</p>
Monday, January 29	Tuesday, January 30	Wednesday, January 31		
<p>*Sausage Biscuit- 32 *Strawberry Poptart- 37 Strawberry Yogurt-16 Vanilla Yogurt -16 String Cheese-1 with *Graham Crackers -17 *Chocolate Chip Oat Bar-46 Applesauce- 14</p>	<p>*Fruit Filled Fruddle- 36 *PB & J Graham- 32 Strawberry Yogurt-16 Vanilla Yogurt -16 String Cheese-1 with *Graham Crackers -17 *Chocolate Chip Oat Bar-46 Apple Slices- 14</p>	<p>*Mini Pancakes- 40 *Cinnamon Poptart- 37 Strawberry Yogurt-16 Vanilla Yogurt -16 String Cheese-1 with *Graham Crackers -17 *Chocolate Chip Oat Bar-46 Craisins- 29</p>	<p>*Notes items that are whole grain or contain whole grain. Numbers listed to the right of each item are total carbohydrates in grams.</p>	