


February 2020

ROWLAND UNIFIED SCHOOL DISTRICT
SANTANA HIGH SCHOOL MENU

MONDAY **TUESDAY** **WEDNESDAY** **THURSDAY** **FRIDAY**

<p>3</p> <p><u>BREAKFAST</u> Blueberry Muffin Care Pears Wild Berry Juice</p> <p><u>LUNCH</u> Chicken Patty Sandwich Lettuce & Pickles Jumpin' Kidney Beans Great Green Beans Very Berry Cup Scooby Doo Graham Crackers</p>	<p>4</p> <p><u>BREAKFAST</u> Cinnamon French Toast Mandarin Oranges Banana Rama</p> <p><u>LUNCH</u> Hearty Chili, Chips, & Cheese Shredded Lettuce Carrot Coins Excellent Edamame Lunch Bunch Grapes</p>	<p>5</p> <p><u>BREAKFAST</u> Crumble Bread Kiwi Wedges Crazy Cranberries</p> <p><u>LUNCH</u> Pizza Hut Pizza*</p> 	<p>6</p> <p><u>BREAKFAST</u> Pancakes & Sausage* Perfect Peaches Lunch Bunch Grapes</p> <p><u>LUNCH</u> Teriyaki Chicken with Steamed Rice Fresh Garden Salad Golden Corn Niblets Cool Cucumber Slices Berry Blend</p>	<p>7</p> <p><u>BREAKFAST</u> Super Star Powdered Doughnut Trix Yogurt Pineapple Tidbits Rockin' Raisins</p> <p><u>LUNCH</u> Grilled "Say Cheese" Sandwich Fresh Garden Salad Broccoli Trees Grape Tomatoes SideKick Frozen Treat</p>
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<p>10</p> <p><u>BREAKFAST</u> Cinnamon Toast Cereal Cup Apple Crunchers Fun Fruit Mix</p> <p><u>LUNCH</u> Golden Breaded Drumstick Savory Rice Fresh Garden Salad Garbanzo Beans Red Bell Pepper Strips</p>	<p>11</p> <p><u>BREAKFAST</u> Concha Pan Dulce Pineapple Tidbits Very Berry Cup</p> <p><u>LUNCH</u> Mini Corn Dogs Romaine Salad Cauliflower Clouds X-Ray Vision Carrots Care Pears</p>	<p>12</p> <p><u>BREAKFAST</u> Breakfast Mini Loaf Banana Rama Awesome Applesauce</p> <p><u>LUNCH</u> Pizza Hut Pizza*</p> 	<p>13</p> <p><u>BREAKFAST</u> Chicken & Waffles Crazy Cranberries Orange Juice</p> <p><u>LUNCH</u> Pasta with Meat Sauce Dinner Roll Fresh Garden Salad Broccoli Trees Savory Black Beans Perfect Peaches</p>	<p>14</p> <p><u>BREAKFAST</u> Glazed Cinnamon Bun Care Pears Perfect Peaches</p> <p><u>LUNCH</u> Bean & Cheese Burrito Fresh Garden Salad Crunchy Jicama Golden Corn Niblets Berry Blend Valentine's Day Cookie</p> 
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BREAKFAST

- All breakfasts served with fruit or fruit juice.
- A second choice entree of cereal and string cheese is available daily.
- Choice of nonfat chocolate or 1% low-fat white milk is offered daily with all meals.



LUNCH

- All students must select a minimum 1/2 cup fruit or vegetable with their meal.
- Additional fresh fruit and vegetables are available on the food bar.
- Condiments offered with appropriate menu items.
- Choice of nonfat chocolate or 1% low-fat white milk is offered daily with all meals.

*Contains pork
WG= Whole Grain
Menu subject to change
This institution is an equal opportunity provider and employer

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

17

NO SCHOOL



18

BREAKFAST

Buttermilk Bar
Perfect Peaches
Wild Berry Juice

LUNCH

BBQ Rib Sandwich*
Tasty Tater Tots
Fresh Garden Salad
Grape Tomatoes
Crazy Cranberries

19

BREAKFAST

Mini Pork Sausage Biscuit*
Grape Escape
Very Berry Cup

LUNCH

Pizza Hut Pizza*



20

BREAKFAST

Egg & Cheese English Muffin
Awesome Applesauce
Outrageous Oranges

LUNCH

Taco Salad
Shredded Lettuce
Shredded Cheese
Diced Tomatoes
Jumpin' Kidney Beans
Banana Rama

21

BREAKFAST

Honey Bun
Rockin' Raisins
Kiwi Wedges

LUNCH

Cheese Bites
Romaine Salad
Savory Black Beans
Red Bell Pepper Strips
SideKick Frozen Treat

24

BREAKFAST

Concha Pan Dulce
Fun Fruit Mix
Crazy Cranberries

LUNCH

Orange Chicken with Steamed Rice
Romaine Salad
Excellent Edamame
Grape Tomatoes
Vanilla Mini Wafers

25

BREAKFAST

Harvest Muffin
String Cheese
Rockin' Raisins
Apple Juice

BREAKFAST FOR LUNCH

French Toast with Sausage Link*
Mandarin Oranges
Carrot Coins
Crunchy Celery Sticks
Jicama Sticks

26

BREAKFAST

Breakfast Pizza Bagel
Pineapple Tidbits
Berry Blend

LUNCH

Pizza Hut Pizza*



27

BREAKFAST

Mini Cinnis
Kiwi Wedges
Care Pears

LUNCH

Turkey and Gravy
Creamy Mashed Potatoes
Dinner Roll
Fresh Garden Salad
Great Green Beans
Lunch Bunch Grapes

28

BREAKFAST

Benefit Oatmeal Bar
Fresh Apple
Fun Fruit Mix

LUNCH

Galaxy Cheese Pizza
Romaine Salad
Cool Cucumber Slices
Jumpin' Kidney Beans
SideKick Frozen Treat



FREE BREAKFAST AND LUNCH

Students enrolled in a CEP - participating school receive one breakfast and one lunch per school day at no charge!*

All students are encouraged to stop in for a healthy and delicious meal!

**Second breakfast and/or lunch must be paid at the time of service.*

Families must submit an Education Benefit Form, for more information please call Nutrition Services at (626) 854-8312.

Visit our website:

www.rowlandnutrition.org
For menus, meal applications, and the latest Nutrition Services news!



@NutritionRUSD