






September 2019

ROWLAND UNIFIED SCHOOL DISTRICT
SANTANA HIGH SCHOOL MENU



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>NO SCHOOL</p> 	<p>3</p> <p>BREAKFAST Oatmeal Benefit Bar Awesome Applesauce Perfect Peaches</p> <p>LUNCH Chicken Patty Sandwich Baked Fries Lettuce & Pickles Fresh Grape Tomatoes Dried Cranberries</p>	<p>4</p> <p>BREAKFAST Harvest Muffin String Cheese Mixed Berry Cup Rockin' Raisins</p> <p>LUNCH Pizza Hut Pizza*</p> 	<p>5</p> <p>BREAKFAST Mini Cinnis Crazy Kiwi Wedges Care Pears</p> <p>LUNCH Hearty Turkey & Gravy Creamy Mashed Potatoes Dinner Roll Great Green Beans Lunch Bunch Grapes</p>	<p>6</p> <p>BREAKFAST Maple Mini Pancakes Wild Watermelon Fun Fruit Mix</p> <p>LUNCH Moo Mac and Cheese Broccoli Trees Fresh Garden Salad Kid's Snack Mix SideKick Frozen Treat</p>
<p>9</p> <p>BREAKFAST Honey Bun Wild Berry Juice Pineapple Tidbits</p> <p>LUNCH Orange Chicken Steamed Rice Carrot Coins Fresh Garden Salad Apple Crunchers</p>	<p>10</p> <p>BREAKFAST Buttermilk Bar Grape Escape Awesome Applesauce</p> <p>LUNCH Rowland Burger Tasty Tater Tots Lettuce & Pickles Golden Corn Niblets Outrageous Oranges</p>	<p>11</p> <p>BREAKFAST Breakfast Pizza Bagel Outrageous Oranges Fun Fruit Mix</p> <p>LUNCH Pizza Hut Pizza*</p> 	<p>12</p> <p>BREAKFAST Mini Pork Sausage Biscuit* Apple Crunchers Perfect Peaches</p> <p>LUNCH Taco Salad Shredded Lettuce Shredded Cheese Golden Corn Niblets Banana Rama</p>	<p>13</p> <p>BREAKFAST Concha Pan Dulce Dried Cranberries Fresh Pear</p> <p>LUNCH WowButter Sandwich X-Ray Vision Carrots Romaine Salad Apple Juice Cheez-It Crackers</p>

BREAKFAST





- All breakfasts served with fruit or fruit juice.
- A second choice entree of cereal and string cheese is available daily.
- Choice of nonfat chocolate or 1% low-fat white milk is offered daily with all meals.



LUNCH

- All students must select a minimum 1/2 cup fruit or vegetable with their meal.
- Additional fresh fruit and vegetables are available on the food bar.
- Condiments offered with appropriate menu items.
- Choice of nonfat chocolate or 1% low-fat white milk are offered daily with all meals.
- Additional entrees available at lunch.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>16</p> <p>BREAKFAST Dutch Waffle Orange Juice Fun Fruit Mix</p> <p>LUNCH Golden Chicken Tenders Fresh Garden Salad Crunchy Corn Niblets Rockin' Raisins Baked Lay's Crisps</p>	<p>17</p> <p>BREAKFAST Breakfast on a Stick Awesome Applesauce Perfect Peaches</p> <p>LUNCH Beef Dippers with Savory Rice Carrot Coins Grape Tomatoes Fresh Pear Scooby Doo Graham Crackers</p>	<p>18</p> <p>BREAKFAST Crumble Bread Pineapple Tidbits Lunch Bunch Grapes</p> <p>LUNCH Pizza Hut Pizza*</p> 	<p>19</p> <p>BREAKFAST Strawberry Crisp Bar Dried Cranberries Care Pears</p> <p>LUNCH BBQ Rib Sandwich* Potato Wedges Broccoli Trees Fresh Garden Salad Apple Crunchers</p>	<p>20</p> <p>NO SCHOOL</p>  <p>Pupil Free Day</p>
<p>23</p> <p>BREAKFAST Blueberry Muffin Wild Berry Juice Awesome Applesauce</p> <p>LUNCH Turkey Taco Pocket Jumpin' Kidney Beans Fresh Garden Salad Rockin' Raisins</p>	<p>24</p> <p>BREAKFAST Pancakes and Sausage* Fun Fruit Mix Outrageous Oranges</p> <p>LUNCH Teriyaki Chicken Steamed Rice Great Green Beans Banana Rama Goldfish Crackers</p>	<p>25</p> <p>BREAKFAST Crumble Bread Crazy Kiwi Wedges Dried Cranberries</p> <p>LUNCH Pizza Hut Pizza*</p> 	<p>26</p> <p>BREAKFAST Cinnamon French Toast Banana Rama Perfect Peaches</p> <p>LUNCH Hearty Chili, Chips, & Cheese Shredded Lettuce Cool Cucumber Slices Golden Corn Niblets Fresh Apple</p>	<p>27</p> <p>BREAKFAST Super Star Powdered Bites Trix Yogurt Care Pears Rockin' Raisins</p> <p>LUNCH Cheese Bites Broccoli Trees Fresh Garden Salad Awesome Applesauce Happy Birthday! Cupcake</p>
<p>30</p> <p>BREAKFAST Cinnamon Toast Cereal Cup Apple Juice Fun Fruit Mix</p> <p>LUNCH Roasted Chicken Warm Buttermilk Biscuit Great Green Beans X-Ray Vision Carrots Fresh Pear</p>	<div style="background-color: #ADD8E6; padding: 10px; border: 1px solid black;"> <p style="text-align: center;">FREE BREAKFAST AND LUNCH!</p> <p>Rowland Unified will be participating in the Community Eligibility Provision (CEP) for the 2019-2020 school year. All students enrolled in a CEP-participating school receive breakfast and lunch at no charge.</p> <p>The following schools are participating in the Community Eligibility Provision (CEP): Hurley Elementary, Jellick Elementary, Northam Elementary, Rorimer Elementary, Rowland Elementary, Villacorta Elementary, Yorbita Elementary, Giano Intermediate, Nogales High School, and Santana High School</p> <p><i>All students are encouraged to stop in for a healthy and delicious meal!</i></p> <p><u>All families must submit an Education Benefits Form, for more information please call Nutrition Services at (626) 854-8312.</u></p> <p>Please note: CEP supports only one breakfast and one lunch per student, per school day; second meals or beverages purchased separately must be paid in full at the point of sale.</p>  </div>			



For more updates visit our website www.rowlandnutrition.org



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