

November 2018

ROWLAND UNIFIED SCHOOL DISTRICT SANTANA HIGH SCHOOL MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Free Breakfast and Lunch!

Did you know the Community Eligibility Provision (CEP) allows students to receive breakfast and lunch at no charge? Students enrolled in a CEP-participating school are eligible to receive free school meals without having to complete a meal application for the 2018-2019 school year! Rowland USD has implemented the Community Eligibility Provision for the 2018-2019 school year at the following schools:

Hurley Elementary, Northam Elementary, Rowland Elementary, Villacorta Elementary, Yorbita Elementary, Giano Intermediate, and Santana High School

Please note: CEP supports only one breakfast and one lunch per student, per school day; second meals or beverages purchased separately must be paid in full at the point of service.

For more information please call Nutrition Services at (626) 854-8312.



NO SCHOOL

STUDENT FREE DAY

2 *New Item*
BREAKFAST
Egg, Cheese & Bacon Stick
Perfect Peaches
Awesome Applesauce

LUNCH
Moo Mac & Cheese
Cauliflower Clouds
Romaine Salad
Frozen Juice SideKick
Bug Bites Grahams

5

BREAKFAST
Honey Bun
Orange Juice
Dried Cherries

LUNCH
Orange Chicken with Steamed Rice
Great Green Beans
Jumpin' Kidney Beans
Care Pears
Scooby Doo Grahams

6


BREAKFAST
Buttermilk Bar
Rockin' Raisins
Fun Fruit Mix

LUNCH
BBQ Rib Sandwich*
Tasty Tater Tots
Golden Corn Nibbles
Romaine Salad
Outrageous Oranges

7

BREAKFAST
Breakfast Pizza Bagel
Kiwi Wedges
Awesome Applesauce

LUNCH
Pizza Hut Pizza*



8

BREAKFAST
Mini Sausage Biscuit*
Banana Rama
Outrageous Oranges

LUNCH
Taco Salad
Shredded Lettuce
Shredded Cheese
Diced Tomatoes
Crunchy Jicama Sticks
Juicy Pineapple


9

BREAKFAST
Blueberry Muffin
Apple Crunchers
Care Pears

LUNCH
Cheese Pizza
Fresh Garden Salad
Cool Cucumber Slices
Garbanzo Beans
Frozen Juice SideKick
Vanilla Wafer Crackers

12

NO SCHOOL



13

BREAKFAST
Breakfast on a Stick
Awesome Applesauce
Sweet Apricots

LUNCH
Chicken Strips
Fruit Juice
Broccoli Trees
Garbanzo Beans
Snack Kid's Mix

14

BREAKFAST
Maple Mini Pancakes
Kiwi Wedges
Fun Fruit Mix

LUNCH
Pizza Hut Pizza*



15

BREAKFAST
Breakfast Crumble Bread
Grape Escape
Perfect Peaches

LUNCH
Beef Dunkers with Steamed Rice
Fresh Garden Salad
Cool Cucumber Slices
Grape Tomatoes
Apple Crunchers
Thanksgiving Cookie

16

BREAKFAST
Concha Pan Dulce
Outrageous Oranges
Juicy Pineapple

LUNCH
Cheese Lasagna
Dinner Roll
Cauliflower Clouds
Fresh Garden Salad
Savory Black Beans
Care Pears

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

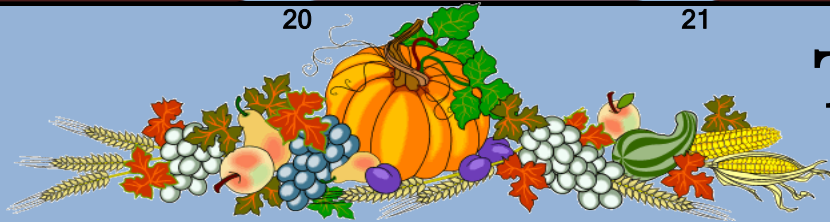
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20

21

22

23



Thanksgiving Break

November 19th - November 23rd
NO SCHOOL

26

BREAKFAST

Chocolate Chip Muffin
Orange Juice
Fun Fruit Mix

LUNCH

Teriyaki Chicken with
Steamed Rice
Great Green Beans
Jumpin' Kidney Beans
Rockin' Raisins
States and Capitals Cookies

27

BREAKFAST

Super Star Powdered Bite
Yogurt
Apple Crunchers
Care Pears

LUNCH

Mini Corn Dogs
Baked Fries
Zucchini Coins
Fresh Spinach
Lunch Bunch Grapes

28

BREAKFAST

Bagel with Cream Cheese
Outrageous Oranges
Dried Cherries

LUNCH

Pizza Hut Pizza*



29

BREAKFAST

Cinnamon French Toast
Banana Rama
Sweet Apricots

LUNCH

Hearty Chili, Chips & Cheese
Shredded Lettuce
Golden Corn Niblets
X-Ray Vision Carrots
Frozen Juice SideKick

30

BREAKFAST

Pancakes and Sausage*
Awesome Applesauce
Juicy Pineapple

LUNCH

Grilled "Say Cheese" Sandwich
Romaine Salad
Grape Tomatoes
Garbanzo Beans
Apple Crunchers
WG Strawberry Shortbread

Join the Nutrition Services team!

Interested in becoming a Food Service Assistant I (or substitute) at Rowland USD?
Apply online at www.rowlandschools.org → Departments → Personnel Commission
between November 2 and November 28, 2018.
(\$13.51 to \$16.42 per hour / 2 to 3 hours per day)



Any questions, please call 626 854-8388.



BREAKFAST

All breakfasts served with fruit.

A second choice cereal with string cheese entrée is available daily.
Choice of nonfat and 1% low-fat milk are offered daily with all meals.

LUNCH

All lunches served with fruit or vegetable. Additional fruit and vegetables are available on the food bar.

A second choice cold sandwich entrée is available daily.

Condiments offered with appropriate menu items.

Choice of nonfat and 1% low-fat milk are offered daily with all meals.

Milk A La Carte \$0.50



For menus, meal applications, and the latest
Nutrition Services news, visit our website:
www.rowlandnutrition.org

