

FARM

of the

Month

January

WHITE ROCK SPECIALTIES

White Rock Specialties is a joint enterprise between White Mountain Farm and Rocky Farms located in Mosca, CO in the beautiful San Luis Valley.



The rich soil in the San Luis Valley contains unique mineral deposits as the valley was an ancient lake bed and minerals are continuously deposited here from the numerous mountain rivers. These ideal growing conditions have made the San Luis Valley the second largest fresh potatoes region in the U.S.

One Medium-Sized Potato Contains: 110 calories, 620 mg of potassium, 40% of the daily value of vitamin C, fiber, vitamin B6, iron and magnesium.

