




<p><b>School Delay? Need Breakfast? No Problem.</b> WPS all serve hot breakfast on school days with one hour delays. In the event of a two hour delay-breakfast may be served, Lunch will follow the regular schedule on those days.</p>	<p><b>January- Oatmeal Month</b> Did you know that oats, along w/wheat, corn and rice, are among the most common Whole Grains eaten in America? Like other Whole Grains, oats can enhance Digestive health, help you maintain a healthy weight and reduced the risk of heart disease, some cancers and diabetes.</p>	<p><b>Why is Breakfast Important?</b></p> <ul style="list-style-type: none"> <li>•Breakfast is essential to "waking up" your brain and body</li> <li>•Studies have shown that hungry students do not learn well.</li> </ul> <p><b><u>What is School Breakfast?</u></b> Breakfast is available at all Schools. Breakfast served at school meets one-fourth of a child's daily nutritional needs.</p>	<p><b>Offered:</b> <i>Lettuce/Tomato/Pickle w/Subs/Sandwiches Days</i></p> <p style="text-align: center;"><i>BABY 173 AND OUTSIDE</i></p> <div style="text-align: center;">  </div>
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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>1</b></p>  <p><b>Holiday No School for Employeess and Students</b></p>	<p><b>2</b></p> <p><b>CHOOSE 1 ENTRÉE</b> <i>Professional Workday For Staff! No School For Students!</i></p> 	<p><b>3</b></p> <p><b>CHOOSE 1 ENTRÉE</b> <i>Beef Nachos w/Toppings Fresh Garden Chef Salad PB &amp; J Uncrustable w/Goldfish Crackers &amp; Cheese Stick Buttered Corn Veggie Cup Fresh or Chilled Fruit</i></p> <p><i>Milk</i></p>	<p><b>4</b></p> <p><b>CHOOSE 1 ENTRÉE</b> <i>Breakfast For Lunch Chicken Nuggets w/ Waffle Bites Fresh Garden Chef Salad PB &amp; J Uncrustable w/Goldfish Crackers &amp; Cheese Stick Potato Rounds Veggie Cup Fresh or Chilled Fruit</i></p> <p><i>Milk</i></p>	<p><b>5</b></p> <p><b>CHOOSE 1 ENTRÉE</b> <i>Pizza Variety Hot Vegetable Fruit Selection Fresh Garden Chef Salad PB &amp; J Uncrustable w/Goldfish Crackers &amp; Cheese Stick</i></p> <p><i>Milk</i></p>

**Each Lunch includes a Choice of Milk - 8 fl oz- Fat free White, 1% White Milk, Fat Free Chocolate**

<p><b>8</b></p> <p><b>CHOOSE 1 ENTRÉE</b> <i>Cheeseburger on Bun Fresh Garden Chef Salad PB &amp; J Uncrustable w/Goldfish Crackers &amp; Cheese Stick Baked Beans Sweet Tots Veggie Cup w/Dip Fresh or Chilled Fruit</i></p> <p><i>Milk</i></p>	<p><b>9</b></p> <p><b>CHOOSE 1 ENTRÉE</b> <i>Chicken Crispers Fresh Garden Chef Salad PB &amp; J Uncrustable w/Goldfish Crackers &amp; Cheese Stick Mashed Potatoes Steamed Peas Fresh or Chilled Fruit</i></p> <p><i>Milk</i></p>	<p><b>10</b></p> <p><b>CHOOSE 1 ENTRÉE</b> <i>Spaghetti w/ Garlic w/Bread Stick Fresh Garden Chef Salad PB &amp; J Uncrustable w/Goldfish Crackers &amp; Cheese Stick Fresh Garden Salad Steamed Broccoli Fresh or Chilled Fruit</i></p> <p><i>Milk</i></p>	<p><b>11</b></p> <p><b>CHOOSE 1 ENTRÉE</b> <i>Pork BBQ Sliders Italian Slammer Sub Fresh Garden Chef Salad PB &amp; J Uncrustable w/Goldfish Crackers &amp; Cheese Stick Harvest Moon Carrots Potato Wedges Cinnamon Pears or Fresh Fruit</i></p> <p><i>Milk</i></p>	<p><b>12</b></p> <p><b>CHOOSE 1 ENTRÉE</b> <i>Pizza Variety Hot Vegetable Fruit Selection Fresh Garden Chef Salad PB &amp; J Uncrustable w/Goldfish Crackers &amp; Cheese Stick</i></p> <p><i>Milk</i></p>
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\*Menu subject to change due to any unforeseen circumstances.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>15</b>  <b>HOLIDAY!</b> <b>NO SCHOOL FOR STUDENTS AND STAFF</b>    	<b>16</b> <b>CHOOSE 1 ENTRÉE</b> Hot Dog On Bun Fresh Garden Chef Salad PB & J Uncrustable w/Goldfish Crackers & Cheese Stick Baked Beans Steamed Broccoli Fresh or Chilled Fruit  Milk	<b>17</b> <b>CHOOSE 1 ENTRÉE</b> Beefy-Mac 'N Cheese Turkey & Cheese Sub Fresh Garden Chef Salad PB & J Uncrustable w/Goldfish Crackers & Cheese Stick Fresh Garden Salad Green Beans Fresh or Chilled Fruit  Milk	<b>18</b> <b>CHOOSE 1 ENTRÉE</b> Asian Chicken w/Rice Fresh Garden Chef Salad PB & J Uncrustable w/Goldfish Crackers & Cheese Stick Steamed Mixed Vegetables Veggie Cup Fresh or Chilled Fruit  Milk	<b>19</b> <b>CHOOSE 1 ENTRÉE</b> Pizza Variety Hot Vegetable Fruit Selection Fresh Garden Chef Salad PB & J Uncrustable w/Goldfish Crackers & Cheese Stick  Milk
<b>22</b> <b>CHOOSE 1 ENTRÉE</b> Cheeseburger on Bun Fresh Garden Chef Salad PB & J Uncrustable w/Goldfish Crackers & Cheese Stick Baked Beans Sweet Tots Veggie Cup w/Dip Fresh or Chilled Fruit  Milk	<b>23</b> <b>CHOOSE 1 ENTRÉE</b> Chicken Crispers Fresh Garden Chef Salad PB & J Uncrustable w/Goldfish Crackers & Cheese Stick  Milk	<b>24</b> <b>CHOOSE 1 ENTRÉE</b> Spaghetti w/ Garlic w/Bread Stick Fresh Garden Chef Salad PB & J Uncrustable w/Goldfish Crackers & Cheese Stick Fresh Garden Salad Steamed Broccoli Fresh or Chilled Fruit  Milk	<b>25</b> <b>CHOOSE 1 ENTRÉE</b> Breakfast For Lunch Chicken Nuggets w/Waffle Bites Fresh Garden Chef Salad PB & J Uncrustable w/Goldfish Crackers & Cheese Stick Potato Rounds Veggie Cup Fresh or Chilled Fruit Milk	<b>26</b> <b>CHOOSE 1 ENTRÉE</b> Pizza Variety Hot Vegetable Fruit Selection Fresh Garden Chef Salad PB & J Uncrustable w/Goldfish Crackers & Cheese Stick  Milk
<b>29</b> <b>CHOOSE 1 ENTRÉE</b> Salisbury Steak & Gravy Fresh Garden Chef Salad PB & J Uncrustable w/Goldfish Crackers & Cheese Stick Mashed Potatoes Green Beans Fresh or Chilled Fruit  Milk	<b>30</b> <b>CHOOSE 1 ENTRÉE</b> Popcorn Chicken Fresh Garden Chef Salad PB & J Uncrustable w/Goldfish Crackers & Cheese Stick Buttered Corn Veggie Cup Fresh or Chilled Fruit  Milk	<b>31</b> <b>CHOOSE 1 ENTRÉE</b> Ham N Cheese Melt Sloppy Joe Sliders Fresh Garden Chef Salad PB & J Uncrustable w/Goldfish Crackers & Cheese Stick Potato Rounds Steamed Broccoli Fresh or Chilled Fruit  Milk		
<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
1) Tony's Breakfast Pizza Fresh Fruit or 100% Fruit Juice	2) Turkey, Ham N' Cheese Croissant Fresh Fruit or 100% Fruit Juice	3) Pillsbury' Cherry Frudel Fresh Fruit or 100% Fruit Juice	4) Crispy Chicken Slider Fresh or Chilled Fruit or 100% Fruit Juice	5) Whole Grain Poptart Fresh Fruit or 100% Fruit Juice
6) Sausage Slider Fresh Fruit or 100% Fruit Juice	7) WG Mini Pancakes Fresh Fruit or 100% Fruit Juice	8) French Toast Sticks Fresh Fruit or 100% Fruit Juice	9) WG Muffin w/Cheese Stick or 4 oz. Yogurt Fresh Fruit or 100% Fruit Juice	10) Hot Oatmeal Fresh Fruit or 100% Fruit Juice
<b>2WEEK CYCLE MENU BREAKFAST</b>				
<b>WE STOCK OUR GRAB &amp; GO CART WITH A VARIETY OF WHOLESOME BREAKFAST BUNDLES</b>				
<b>WG Cereals w/Grahams or Goldfish Crackers, Fruited Parfait w/Granola, WG Cereal Bars served w/ Cheese Stick or 4 oz. Yogurt</b>				