


SEPTEMBER 2017	WPS ELEMENTARY SCHOOL BREAKFAST & LUNCH MENU		SCHOOL NUTRITION PROGRAM <i>Feeding the Future</i>	
WAYNESBORO PUBLIC SCHOOLS				
We stock our Grab & Go Cart with a Variety of Wholesome Bundles				
2 Week Cycle Menu Breakfast*Menu Varies For Schools serving Breakfast In The Classroom And Grab n Go Stations				
Mon	Tues	Wed	Thurs	Fri
Tony's Breakfast Pizza or Breakfast Burrito Fresh or Chilled Fruit or 100% Fruit Juice Choice of Milk	Pancake & Turkey Sausage Nugget Fresh or Chilled Fruit or 100% Fruit Juice Choice of Milk	Pillsbury' Cherry Frudel or Minni Cinnis Fresh or Chilled Fruit or 100% Fruit Juice Choice of Milk	Crispy Chicken Biscuit or Sausage Biscuit Fresh or Chilled Fruit or 100% Fruit Juice Choice of Milk	Whole Grain Poptart Fresh or Chilled Fruit or 100% Fruit Juice Choice of Milk
Tony's Breakfast Pizza Fresh or Chilled Fruit or 100% Fruit Juice Choice of Milk	Egg & Cheese Biscuit Fresh or Chilled Fruit or 100% Fruit Juice Choice of Milk	French Toast Sticks Fresh or Chilled Fruit or 100% Fruit Juice Choice of Milk	Variety of WG Muffins Fresh or Chilled Fruit or 100% Fruit Juice Choice of Milk	Whole Grain Poptart Fresh or Chilled Fruit or 100% Fruit Juice Choice of Milk
Whole Grain cereals w/goldfish or graham crackers, Breakfast Bars, 4 oz. Yogurts or cheese sticks are offered with Muffins or breakfast bars.				
CELEBRATING	OFFERED DAILY FOR LUNCH:		FRIDAY	
<b>Healthy Virginians Week!</b> <b>September 11-15, 2017</b> <b>Featuring Fresh Local Farm Produce</b> <b>Our meals are fantastic for your family in more ways than one. Please join us for breakfast or lunch often!</b>	<b>Chef Salad w/ Assorted Breads</b> <b>Chef Salad includes toppings from Salad Bar</b> <b>Smucker's PB &amp; J Uncrustable (combo meal)</b>  <b>the salad bar</b>			
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			Pizza Variety Fresh Garden Chef Salad PB & J Uncrustable w/Goldfish Crackers & Cheese Stick Pork BBQ Platter Fresh Garden Salad w/Tom Buttered Corn Variety Veggie Cup w/Dip Fresh or Chilled Fruit  Milk	
<b>Happy Labor Day!</b>  <b>No school for employees and students!</b>	4 Popcorn Chicken w/ Bread Stick Fresh Garden Chef Salad PB & J Uncrustable w/Goldfish Crackers & Cheese Stick Creamy Mashed Potatoes Variety Veggie Cup w/Dip Fresh or Chilled Fruit  Milk	5 Spaghetti w/ Garlic Toast w/ "Parmesan Cheese" Fresh Garden Chef Salad PB & J Uncrustable w/Goldfish Crackers & Cheese Stick Fresh Garden Salad w/Tom Steamed Broccoli Baby Carrots w/dip Fresh or Chilled Fruit  Milk	6 Turkey & Cheese Pillsbury Ciabatta Sandwich Fresh Garden Chef Salad PB & J Uncrustable w/Goldfish Crackers & Cheese Stick Potato Rounds Variety Veggie Cup w/Dip Fresh or Chilled Fruit  Milk	7 Pizza Variety Fresh Garden Chef Salad PB & J Uncrustable w/Goldfish Crackers & Cheese Stick Pork BBQ Platter Fresh Garden Salad w/Tom Buttered Corn Variety Veggie Cup w/Dip Fresh or Chilled Fruit  Milk
11 Cheeseburger on WG Bun Fresh Garden Chef Salad PB & J Uncrustable w/Goldfish Crackers & Cheese Stick French Fries California Blend (Brocc,Carrots,Cauli) Fresh or Chilled Fruit	12 Chicken Nuggets w/Bread Stick Fresh Garden Chef Salad PB & J Uncrustable w/Goldfish Crackers & Cheese Stick Steamed Rice w/Peas Variety Veggie Cup w/Dip	13 Turkey Taco w/ Lettuce & Diced Tomatoes, Salsa Shredded Cheese, Black Beans,Sour Cream Fresh Garden Chef Salad PB & J Uncrustable w/Goldfish Crackers & Cheese Stick Buttered Corn	14 Breakfast For Lunch Pancakes, Sausage & Eggs Potato Rounds Fresh Garden Chef Salad PB & J Uncrustable w/Goldfish Crackers & Cheese Stick Variety Veggie Cup w/dip	15 Pizza Variety Fresh Garden Chef Salad PB & J Uncrustable w/Goldfish Crackers & Cheese Stick Fresh Garden Salad w/Tom Steamed Broccoli Variety Veggie Cup w/Dip

	Fresh or Chilled Fruit	Baby Carrots w/dip Fresh or Chilled Fruit	Potato Rounds Fresh or Fruited Jello	Fresh or Chilled Fruit
Milk	Milk	Milk	Milk	Milk
<b>18</b> Corn Dog Nuggets Fresh Garden Chef Salad PB & J Uncrustable w/Goldfish Crackers & Cheese Stick Baked Beans California Blend (Brocc,Carrots,Cauli) Fresh or Chilled Fruit  Milk	<b>19</b> Crispy Chicken Sandwich Fresh Garden Chef Salad PB & J Uncrustable w/Goldfish Crackers & Cheese Stick Steamed Peas w/Cheese Variety Veggie Cup w/Dip Fresh or Chilled Fruit  Milk	<b>20</b> Spaghetti w/ Garlic Toast w/ "Parmesan Cheese" Fresh Garden Chef Salad PB & J Uncrustable w/Goldfish Crackers & Cheese Stick Fresh Garden Salad w/Tom Steamed Broccoli Baby Carrots w/dip Fresh or Chilled Fruit  Milk	<b>21</b> Turkey & Cheese Pillsbury Ciabatta Sandwich Fresh Garden Chef Salad PB & J Uncrustable w/Goldfish Crackers & Cheese Stick Sweet Potato Gems Variety Veggie Cup w/Dip Fresh or Chilled Fruit  Milk	<b>22</b> <b>Staff Development            Workday!</b> <b>No School For Students.</b>  
<b>25</b> Cheeseburger on WG Bun Fresh Garden Chef Salad PB & J Uncrustable w/Goldfish Crackers & Cheese Stick Sweet Potato Gems California Blend (Brocc,Carrots,Cauli) Fresh or Chilled Fruit  Milk	<b>26</b> Chicken Tenders w/ Bread Stick Fresh Garden Chef Salad PB & J Uncrustable w/Goldfish Crackers & Cheese Stick Steamed Rice w/Peas Variety Veggie Cup w/Dip Fresh or Chilled Fruit  Milk	<b>27</b> Cheesy Beef Nachos w/ Lettuce & Diced Tomatoes, Salsa, Shredded Cheese, Black Beans, Sour Cream Fresh Garden Chef Salad PB & J Uncrustable w/Goldfish Crackers & Cheese Stick Buttered Corn, Carrots w/dip Fresh or Chilled Fruit  Milk	<b>28</b> Breakfast For Lunch Pancakes, Sausage & Eggs Potato Rounds Fresh Garden Chef Salad PB & J Uncrustable w/Goldfish Crackers & Cheese Stick Variety Veggie Cup w/dip Potato Rounds Fresh or Fruited Jello  Milk	<b>29</b> Pizza Variety Fresh Garden Chef Salad PB & J Uncrustable w/Goldfish Crackers & Cheese Stick Steamed Broccoli Variety Veggie Cup w/Dip Fresh or Chilled Fruit  Milk