











SEPTEMBER 2018



ELEMENTARY SCHOOLS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			FARM TO SCHOOL Harvest of the month:  Tomatoes	
3) HOLIDAY 	4) No School  First Day for Staff Only	5) First Day Oven-crisp Chicken breast strips, smiley fries, fresh cucumber wheels, fresh apple and milk	6) French toast sticks, baked sausage links, baby carrots, 100% juice cup, assorted fresh fruit and milk	7) Stuffed crust pizza, garden salad w/ fresh tomato, mixed bean salad, chilled fruit and milk
10) Chef's Choice 	11) Cheese filled pizza sticks w/ dipping sauce, broccoli salad, fresh grapes and milk	12) Teriyaki chicken dippers, rice pilaf, peas, pineapple tidbits, fortune cookie, and milk	13) Nacho platter supreme-seasoned meat & cheese over tortilla chips, salsa, refried beans, sour cream, chilled fruit and milk	14) Sal's pizza, romaine salad, fresh cherry tomato cup, assorted fresh fruit and milk
17) FUN LUNCH Rainbow bagel, cheese stick, yogurt cup, fresh veggie sticks, fresh fruit and milk	18) Individual round pizza, garden salad w/ fresh tomato, baby carrots w/ hummus, sliced pears and milk	19) Italian Platter-meatballs, mozzarella sticks, farm fresh roasted zucchini, strawberry cup and milk	20) Chicken caesar wrap, roasted potato wedges, orange wedges and milk	21) Build your own taco-seasoned meat, cheese, soft tortillas, corn & black bean salad, assorted fruit and milk
24) Popcorn chicken, mashed potatoes, corn niblets, fruit cup and milk	25) Toasted cheese sandwich, goldfish pretzel crackers, steamed broccoli, sliced kiwi and milk	26) Hamburger or cheeseburger, lettuce, fresh tomato, pickles, oven baked fries, vegetarian beans, fresh cantaloupe and milk	27) Pancakes w/ syrup, baked sausage links, baby carrots, cinnamon applesauce and milk	28) Cheese or pepperoni pizza, popeye salad w/mandarin oranges, fresh fruit and milk

Lunch Alternates

- *Prepared salad of the day with meat/cheese and variety of bread
- *Whole wheat bagel with low-fat yogurt and cheese
- *Assorted hot and cold sandwiches
- *Yogurt, fruit and cereal lunch

*Lunch Alternate is served with choice of the main menu sides of the day.

Milk	50¢
Fresh Fruit	50¢
Snacks	50¢/ \$1.00
Frozen treats	\$1.00

Cost of Lunch

Student Lunch	\$2.75
Adult Meal	\$4.00
Adult Premium Lunches	\$5.00

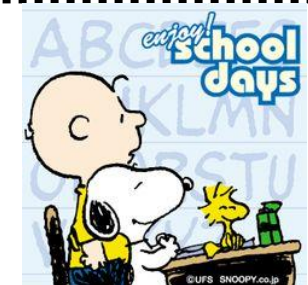
Make Checks payable to the:
Town of Hanover
 Please pay at the cafeteria register or pay online
<http://www.myschoolbucks.com>.

Please note menu is subject to change

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 Cedar Elementary School
 265 Cedar Street
 781-878-7228

Center Elementary School
 65 Silver Street
 781-826-2631

Sylvester Elementary School
 495 Hanover Street
 781-826-3844



Lynn Petrowski, Food Service Director

lpetrowski@hanoverschools.org

Please also refer to our website at www.hanoverschools.org/foodservices for further information including Free and Reduced Meal Benefit Application

"This institution is an equal opportunity provider."