


January Middle School Lunch Menu 2018

Monday	Tuesday	Wednesday	Thursday	Friday
1 Winter Break	2 Winter Break Grab & Go boxes Sold Daily	3 BARBECUED CHICKEN Fish Nuggets Mashed Potatoes Green Beans Whole Wheat Breadstick Strawberry Cup Fresh Fruit Choice MILK - Variety	4 COUNTRY FRIED STEAK Chicken Nuggets Rice w/Gravy Mixed Vegetables Whole Wheat Roll Peach Slice Cup Fresh Fruit Choice MILK - Variety	5 BEEF TACO CHICKEN TACO Lettuce, Tomato, Cheese SPANISH RICE Pinto Beans Pineapple Tidbits MILK - Variety
8 SPAGHETTI AND MEAT SAUCE Ham/Cheese Chef Salad Corn on the Cob Tossed Salad Sidekick Frozen Juice Cup Fresh Fruit Choice MILK - Variety	9 Mandarin Orange Chicken Rotisserie Chicken Wings FRIED RICE Oriental Vegetables Fruit Cocktail Fresh Fruit Choice Whole Wheat Breadstick MILK - Variety	10 CHEESEBURGER ON A BUN Hotdog on a bun Chili Lettuce and Tomato COLE SLAW BAKED BEANS Pear Slice Cup Fresh Fruit Choice MILK - Variety	11 MACARONI AND CHEESE Grilled Chicken Chef Salad Steamed Cabbage Baked Sweet Potato Mixed Fruit Blend Cup Fresh Fruit Choice MILK - Variety	12 Buffalo Chicken Pizza Corn Dog Sweet Potato Puffs Sweet Peas Applesauce Cup Fresh Fruit Choice MILK - Variety
15 MLK Holiday NO SCHOOL TODAY	16 Breakfast for Lunch Day PANCAKES Sausage Patty Or Cheese Grits w/ Sausage Toast Applesauce Cup Carrot Sticks w/ Dip Fresh Fruit Choice MILK - Variety	17 Grilled Chicken on Bun BBQ Pork on a Bun French Fries COLE SLAW Lettuce and Tomato Mixed Vegetables Sidekick Frozen Juice Cup Fresh Fruit Choice MILK - Variety	18 Cheeseburger Meatloaf Chicken Nuggets Mashed Potatoes Collard Greens Strawberry Cup Fresh Fruit Choice Whole Wheat Breadstick MILK - Variety	19 Pizza Ham/Cheese Chef Salad Potato Smiles Tossed Salad Lima Beans Peach Slice Cup Fresh Fruit Choice WG CRACKERS MILK - Variety
22 Grilled Cheese Sandwich Chicken Tortilla Soup Grilled Chicken Caesar Salad Tossed Salad APPLE CRISP Fresh Fruit Choice Whole Wheat Roll MILK - Variety	23 Meatball Sub w/ Marinara Chicken Tenders French Fries Green Beans Pear Slice Cup Fresh Fruit Choice MILK - Variety	24 Fried Chicken Steak Nuggets BROWN RICE PILAF Collard Greens Strawberry Cup Fresh Fruit Choice Whole Wheat Breadstick MILK - Variety	25 Hot Ham and Cheese Croissant Turkey and Cheese Croissant Chips- Variety Broccoli w/ Dip Fruit Cocktail Fresh Fruit Choice MILK - Variety	26 Corn Dog Spicy Chicken Wings Potato Wedges Pinto Beans Applesauce Cup Fresh Fruit Choice MILK - Variety
29 Fish Sandwich Mozzarella Cheese Sticks French Fries Steamed Broccoli GOLDEN CORN AND CARROTS Mandarin Orange Bites Fresh Fruit Choice Whole Wheat Breadstick MILK - Variety	30 Pizza Ham/Cheese Chef Salad Potato Wedges Tossed Salad Sidekick Frozen Juice Cup Fresh Fruit Choice WG CRACKERS MILK - Variety	31 BARBECUED CHICKEN Fish Nuggets Mashed Potatoes Green Beans Whole Wheat Breadstick Strawberry Cup Fresh Fruit Choice MILK - Variety	Meal Price Students...\$2.25 Adults....\$4.00 Extra Milk... \$0.50	 LANCASTER COUNTY SCHOOL DISTRICT Putting our children first

This institution is an equal opportunity provider. Menu items subject to change.