


October Middle School Lunch Menu 2017

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Pizza Grilled Chicken Caesar Salad Potato Wedges Tossed Salad Sidekick Frozen Juice Cup Fresh Fruit Choice WG CRACKERS MILK - Variety	BARBECUED CHICKEN Fish Nuggets Mashed Potatoes Green Beans Whole Wheat Breadstick Strawberry Cup Fresh Fruit Choice MILK - Variety	COUNTRY FRIED STEAK Chicken Nuggets Rice w/Gravy Mixed Vegetables Whole Wheat Roll Peach Slice Cup Fresh Fruit Choice MILK - Variety	BEEF TACO CHICKEN TACO Lettuce, Tomato, Cheese SPANISH RICE Pinto Beans Pineapple Tidbits MILK - Variety	SPAGHETTI AND MEAT SAUCE Ham/Cheese Chef Salad Corn on the Cob Tossed Salad Sidekick Frozen Juice Cup Fresh Fruit Choice MILK - Variety
9	10	11	12	13
Managers Choice Day	Mandarin Orange Chicken Rotisserie Chicken Wings FRIED RICE Oriental Vegetables Fruit Cocktail Fresh Fruit Choice Whole Wheat Breadstick MILK - Variety	CHEESEBURGER ON A BUN Hotdog on a bun Chili Lettuce and Tomato COLE SLAW BAKED BEANS Pear Slice Cup Fresh Fruit Choice MILK - Variety	MACARONI AND CHEESE Grilled Chicken Chef Salad Steamed Cabbage Crowder Peas Mixed Fruit Blend Cup Fresh Fruit Choice MILK - Variety	Buffalo Chicken Pizza Corn Dog Sweet Potato Puffs Sweet Peas Applesauce Cup Fresh Fruit Choice MILK - Variety
16	17	18	19	20
Chicken Sandwich Baked Potato Meal Potato Smiles California Blend Vegetables Mandarin Orange Bites Fresh Fruit Choice MILK - Variety	Breakfast for Lunch Day PANCAKES Sausage Patty Or Cheese Grits w/ Sausage Toast Applesauce Cup Carrot Sticks w/ Dip Fresh Fruit Choice MILK - Variety	Grilled Chicken on Bun BBQ Pork on a Bun French Fries COLE SLAW Lettuce and Tomato Mixed Vegetables Sidekick Frozen Juice Cup Fresh Fruit Choice MILK - Variety	Cheeseburger Meatloaf Turkey Pot Roast Mashed Potatoes Collard Greens Strawberry Cup Fresh Fruit Choice Whole Wheat Breadstick MILK - Variety	Pizza Ham/Cheese Chef Salad Potato Smiles Tossed Salad Lima Beans Peach Slice Cup Fresh Fruit Choice WG CRACKERS MILK - Variety
23	24	25	26	27
CHICKEN AND NOODLES Grilled Chicken Caesar Salad Tossed Salad Peas and Carrots APPLE CRISP Fresh Fruit Choice Whole Wheat Roll MILK - Variety	Meatball Sub w/ Marinara Chicken Tenders French Fries Green Beans Pear Slice Cup Fresh Fruit Choice MILK - Variety	Fried Chicken Steak Nuggets BROWN RICE PILAF Collard Greens Strawberry Cup Fresh Fruit Choice Whole Wheat Breadstick MILK - Variety	Hot Ham and Cheese Croissant Turkey and Cheese Croissant Chips- Variety Broccoli w/ Dip Fruit Cocktail Fresh Fruit Choice	Corn Dog Spicy Chicken Wings Potato Wedges Pinto Beans Applesauce Cup Fresh Fruit Choice MILK - Variety
30	31	Grab & Go boxes Sold Daily	Meal Price	
CHICKEN ALFREDO WITH A TWIST Mozzarella Cheese Sticks Steamed Broccoli GOLDEN CORN AND CARROTS Mandarin Orange Bites Fresh Fruit Choice Whole Wheat Breadstick MILK - Variety	Pizza Grilled Chicken Caesar Salad Potato Wedges Tossed Salad Sidekick Frozen Juice Cup Fresh Fruit Choice WG CRACKERS MILK - Variety		Students....\$2.25 Adults.....\$4.00 Extra Milk... \$0.50	