

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

FREE FREE FREE FREE
BREAKFAST & LUNCH MEALS
FOR ALL STUDENTS

National School Lunch Week October 11th-15th



1
 Organic Beef Hot Dog  ★ 
 or Veggie Twin Burger 
 Mini Vanilla Wafers Cracker ★ 
 Fresh Fruit
 Fresh Vegetables

4
 Wild Mike's 
 Cheese Pizza
 Organic Yogurt
 Fresh Fruit
 Fresh Vegetables


5
 Chicken Corn Dog
 or Organic Mac & Cheese ★ 
 Cinnamon Crispy Bites Crackers ★ 
 Fresh Fruit
 Fresh Vegetables

6
 Cheeseburger Sliders  
 or Bagel w/Cream Cheese 
 Organic Corn Chips ★ 
 Fresh Fruit
 Fresh Vegetables

7
 Organic BBQ Chicken & Rice ★ 
 or Organic Fruit & Chese Plate 
 Annies Organic Bunny
 Graham Cracker
 Fresh Fruit
 Fresh Vegetables



8
 Chicken Tenders & Corn 
 or Grilled Cheese Sandwich 
 Organic Sunflower Seeds ★
 Fresh Fruit
 Fresh Vegetables




11
 Bean & Cheese Burrito 
 or Organic Caesar Salad ★ 
 El Nacho Cheese Cracker
 Fresh Fruit
 Fresh Vegetables 

12
 Ardellas Turkey  **13**
 Pepperoni Wedge Pizza
 or Yogurt & Granola ★ 
 with Strawberries
 Blueberry Lemon Crispy Crackers
 Fresh Fruit
 Fresh Vegetables 

14
 Chicken Teriyaki & Rice ★ 
 or Bean & Cheese Burrito 
 Annies Organic Bunny
 Graham Cracker
 Fresh Fruit
 Fresh Vegetables 

15
 Beef BBQ Rib Sandwich  
 Veggie Twin Burger 
 Mixed Berry Animal Crackers ★ 
 Fresh Fruit
 Fresh Vegetables 

Menu Key:

- Vegetarian 
- Contains Pork 
- Contains Beef 
- New Item ★
- Whole Grain 
- Organic 

All Meals Served Daily With:

- Choice of 1% Organic Milk or Lactaid Milk
- Choice of Fruit
- All Bread and Grains are Whole Grain
- Students Can Choose All Sides**

21/22 SCHOOL YEAR, BREAKFAST & LUNCH IS BEING SERVED AT NO CHARGE TO ALL STUDENTS. OUR MENUS ARE CAREFULLY PLANNED WITH A VARIETY OF FRESH FRUITS, VEGETABLES AND WHOLE GRAIN ITEMS WHICH WILL BE FRESH, LOCAL AND CERTIFIED ORGANIC WHENEVER POSSIBLE.

WCCUSD OCTOBER 2021

ELEMENTARY LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sicilian Style Cheese Pizza Organic Yogurt Fresh Fruit Fresh Vegetables	18 (V) Pasta Bake with Beef and Tomatoes Sauce or Grilled Cheese Sandwich Cocoa Crispy Bites Cracker Fresh Fruit Fresh Vegetables	20 (V) Cheeseburger Sliders or Organic Caesar Salad Organic BBQ Corn Chips Fresh Fruit Fresh Vegetables	21 (V) Bean, Beef, Cheese & Rice Burrito or Cheese Quesadilla Organic BBQ Corn Chips Fresh Fruit Fresh Vegetables	22 (V) Organic Beef Hot Dog or Ardella's Cheesy Pull Aparts Mini Vanilla Wafers Cracker Fresh Fruit Fresh Vegetables
French Bread Cheese Pizza Organic Yogurt Fresh Fruit Fresh Vegetables	25 (V) Chicken Corn Dog or Organic Mac & Cheese Cinnamon Crispy Bites Crackers Fresh Fruit Fresh Vegetables	26 (V) Chicken & Red Sauce Tamale or Organic Bagel w/Cream Cheese Organic Yellow Corn Chips Fresh Fruit Fresh Vegetables	27 (V) Organic BBQ Chicken & Rice or Organic Fruit & Chese Plate Annies Organic Bunny Graham Cracker Fresh Fruit Fresh Vegetables	28 (V) Chicken Tenders & Corn or Grilled Cheese Sandwich Organic Sunflower Seeds Fresh Fruit Fresh Vegetables



In Season.....

- | | | | | |
|----------|-------------|-----------|-----------|-----------------------|
| Apples | Brussels | Garlic | Parnips | Sprouts |
| Banabas | Carrots | Ginger | Pears | Sweet Potatoes & Yams |
| Beets | Cauliflower | Grapes | Pineapple | Winter Squash |
| Broccoli | Cranberries | Mushrooms | Pumpkins | |



This institution is an equal opportunity provider.

